



**BOARD OF COMMISSIONERS OF PILOTS
OF THE STATE OF NEW YORK**

17 BATTERY PLACE
NEW YORK, NY 10004-1207

TEL: 212-425-5027
FAX: 212-344-3144
CELL: 917-583-6373
WEBSITE/EMAIL:
WWW.BDCOMMPILOTSNY.ORG

FIT FOR DUTY

Name of Pilot: _____ Affiliation: _____
List all current medications, including dosage: _____

DUTIES AND RESPONSIBILITIES OF A NEW YORK STATE LICENSED PILOT AND THE PHYSICAL REQUIREMENTS NECESSARY TO PERFORM THOSE DUTIES

A Pilot's duties include safely navigating vessels up to and over 1,000 feet in length through narrow channels during all hours of the day or night in any weather conditions, as well as docking, mooring and anchoring those same vessels. In addition, pilots are expected to protect the Port, its people, property, the environment, the vessel and its cargo while transiting the waters of the State. The pilot must also determine if the proposed route is safe by considering such factors as vessel characteristics, weather, current and draft in bringing the transit to the safest possible conclusion.

PHYSICAL REQUIREMENTS NECESSARY TO PERFORM PILOTAGE DUTIES INCLUDE BUT ARE NOT LIMITED TO THE FOLLOWING:

- Transferring between vessels at sea in all weather conditions.
- Climbing a Jacobs ladder up the side of a vessel up to a height of 9 meters.
- Following this climb, a further stair climb of as much as 10 stories.
- On call and available for duty 24 hours per day 7 days per week.
- Unavailability of medical intervention during most of the time on board vessels.
- Long periods of stress and concentration periodically interspersed with short periods of extreme stress.
- Eyesight and hearing up to standards adequate to perform these duties.

To the Board of Commissioners of Pilots of the State of New York: I have read the above information and have taken it into consideration during my evaluation of said pilot. I hereby certify that the pilot has, in my opinion, the ability to competently perform his/her duties and that the pilot's use of the prescription medications listed will not adversely interfere with his/her ability to perform his/her duties.

Signature of Physician _____ Date: ____/____/____

Print Name of Physician _____ Telephone # _____

Address _____

License Number _____

NOTICE TO ALL NEW YORK LICENSED PILOTS:

This form must be supplied to physician at the time of:

- Required annual physical.
 - Returning to duty after an illness.
 - The prescribing of any medication.
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- Please return completed form to the Board of Commissioners of Pilots of the State of New York