THE BIG AMAZING LIST OF BRAINSTORMING QUESTIONS

(For use with The Objects Exercise)

- What’s something you never leave home without?
- What’s a snack you crave?
- A food that reminds you of your family?
- A food that reminds you of home?
- A tradition that reminds you of home?
- What else reminds you of home?
- An object that represents your best friend?
- An object that represents your father? Your mother?
- Your grandparents, or lack thereof?
- Something you loved and lost?
- A toy you used to play with as a kid?
- Something that makes you laugh?
- A book you love?
- Best movie ever?
- Favorite guilty pleasure movie?
- An object that represents something abstract that you broke (a heart, a promise)?
- An object that represents a regret?
- A favorite gift you received?
- A favorite gift you gave?
- An object that represents a secret? (Don’t worry, this stays between us.)
- Something about you no one else knows?
- A dream?
- Something you stole?
- Something you found?
- Something that makes you feel safe?
- The worst thing that ever happened to you?
- The best thing?
- The logo on your imaginary business card?
- The image you’d like carved into your tombstone?
- An object that represents: a smell you love, a smell you hate, a taste you love, a taste you hate, the sweetest sound in the world?
- The coolest thing about science?
- Something you forgot?
- Something old?

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Something new?
Something borrowed?
Something blue?
An accident?
Best thing you ever found in the street?
Best money you ever spent?
Your life lie?
Your favorite object?
Something from another country?
Your favorite sentence?
You'd cry if you lost this?
An object that represents someone you'd like to know more about?
Something you'll never get rid of?
A bad habit?
A perfect moment?
A time you laughed so hard you cried?
A time you cried so hard you laughed?
An image you'll never forget?
What they'd put in the museum of your life?
A tattoo?
The cover image on your first self-titled album?
Three objects from your room?
A near-death experience?
A moment when you were so embarrassed you wanted to disappear?
Recurring dream?
Worst (actual) nightmare?
When were you most afraid?
If you had a clone, what would you have the clone do?
First love?
A time you were speechless?
Heaven? Hell?
The moment you left childhood behind?
A quote you love?
Your favorite photo?