1. Remove protective Cap if present

2. Remove hair and perspiration from middle of forehead

3. Aim at middle of forehead between 1/2 inch (1.3 cm) and 2 inches (5 cm) away from skin
   (Aim perpendicular to the skin, not at an angle)

4. Press and release POWER. Wait for two “beep” sounds. Read temperature on LCD

Allow at least 20 seconds before taking the next temp
Go to: thermomedics.com/caregiver for more information
Read instructions before use