

shopping list

The items on this list should provide you with the ingredients to make sandwiches, cookies, and some wonderful pre-dinner snacks for two weeks! I recommend replenishing bread in small amounts, and baked fresh if possible! Baking supplies will make enough dough for between 3 and four batches of cookies. Serve extra cheeses, salami, and olives as a pre-dinner snack, and try the apricot jam alone on bread for breaky.... yum!

bakery

focaccia
boule or loaf of sandwich bread

cheese

brie, 1/2 pound
gruyere, 1/2 pound

dairy

two sticks butter
eggs (a half dozen will suffice)

deli

honey roasted turkey breast, 1/2-1 pound
sliced salami, 4-6 oz
black olives (or black olive tapenade), 1/2 pound

fruit, vegetables, and citrus

green apples (2)
meyer lemons (1)
avocado (1)
watercress (1 bunch)

grocery

baking soda
baking powder
whole grain pastry flour, 2 pound bag (Arrowhead Mills makes a good one)
apricot preserves (Bonne Maman, if possible)
7 oz jar of solid tuna in olive oil or canned albacore
16 oz semi sweet or dark chocolate chips (Guittard is my favorite!)
natural turbinado or raw cane sugar
soft brown sugar