
Goal Setting – Take Control of Your Future

This program gives participants the proper tools to assist in achieving goals. It will help in creating greater focus, stronger follow-through, and achieving better results. Participants will learn the value of creating their own future and that it takes commitment and persistence to succeed.

Program Content:

Introduction

- What is Goal Setting?
- Objectives

Past, Present and Future Trends

Developing a Plan

- Understanding Your Organization's Goals and Objectives
- Drafting Your SMART Goals
- A Plan for Achieving Goals

Communication and Commitment

- Effectively Communicating Your Goals
- Commitment and Persistence
- Motivating Yourself to Achievement
- Six Steps to Making Goals Come Alive
- Worksheet