
Critical Thinking

Typically, when presented with any form of information, we think about it in a very subjective way, and often not for any prolonged and/or conscious period of time. This program will help participants to recognize the essential components of critical thinking, and apply critical thinking skills to relevant information, decisions, and problems.

Program Content:

Introduction

- Objectives

What is Critical Thinking

- Definition
- Critical Thinking in Your Role

Analyzing the Quality of Information

Critical Thinking – Core Components

Critical Thinking

- Interpretation
- Inference
- Analysis
- Evaluation

Explaining Your Reasoning to Others

- Explanation
- Know Who You Are Talking To
- Sending the Right Message

Applying Critical Thinking

- The Psychology of Persuasion

Continuous Improvement

- Self-Regulation

Critical Thinking Traps

- Information Overload
- Human Limitations
- Manipulated Information

Guiding Principles: A State of Mind

Practice

Learning Journal