



Knit Yoke Top

by Laura Poulette

Make a breezy summer top with just a bit of easy knitting and even less sewing.



materials

Size 3 Red Heart Fashion Crochet Thread [100% mercerized cotton; 125 yards (114 meters)] Or other light fingering: 2 balls #0926 Bridal White. (The second ball is really just for your gauge swatch, since I've established my gauge, I knit this top with one ball.)

Knit fabric-one XL tee shirt or 3/4 yard

Sewing thread to match crochet thread

tools

US Size 11 needles

Yarn needle

Pins

Sewing needle

Scissors

Sewing machine (optional)

gauge

16 sts/18 rows= 4"(10 cm) in Stockinette stitch.

finished size

38" bust x 25" length- shown in photos with 4" positive ease.

abbreviations

K=knit

P=purl

note

Yoke is knit by casting on at bottom back, knitting even then dividing for sleeves and neck opening, rejoining and knitting front. Five garter stitches at the beginning and end of each row keep things from rolling. Shirt is constructed by hand sewing knitted yoke to fabric front and back, then sewing shirt side seams. Hem is unfinished.

knitting pattern

Cast on 74 stitches.

Knitting the first and last 5 stitches of each row, work in Stockinette stitch until work measures 4", ending with a purl row.

On a knit row, K 25, Bind off 24, K 25.

You'll be working with 25 stitches, Leave the other 25 stitches unworked on needle. Continue to knit first and last 5 stitches of every row.

Work in Stockinette stitch for 24 rows on the 25 stitches.

Transfer these 25 stitches to waste yarn. Break working yarn.

Rejoin yarn on neck side beginning with a P row Knit 24 rows of other shoulder, knitting first and last 5 stitches of every row. Break yarn

Rearrange stitches on needles to P all stitches, making sure the work isn't twisted, and the neck opening is between the straps.

Rejoin yarn, P 25, use backwards loop method to Cast on 24 stitches, P 25.

Work in Stockinette stitch until work measures 4" from second cast on, knitting first and last 5 stitches of every row.

Bind off loosely. Weave in ends securely.

Block to 19" x 14"

assembly & sewing

1. Print out pattern pieces. Tape together, matching symbols, and cut out.
2. Fold fabric lengthwise and position pattern on fold. Trace pattern onto knit fabric, cut out.
3. Center one of the long sides of the knitting right side up on the top of the right side up fabric, overlapping the fabric 1/2". At the sides of the knitting there will be a 1/2" of fabric uncovered. Pin in place.
4. Use the sewing needle and doubled, waxed thread to sew the knitting onto the fabric. I take a couple of running stitches, and then a back stitch to strengthen the stitches. I'm able to make these stitches nearly invisible by snugging the stitches up against the cast on/bind off.
5. Repeat sewing to attach other side of knitting to other piece of fabric.
6. Turn shirt right sides together, pin side seams.
7. Using a sewing machine and a 1/2" seam allowance, sew side seams together. You can also sew the side seams by hand for an entirely hand made garment!

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