



Note: Inputs are only needed in green sections

Name	Level	Level #	Cumulative Points	Total Rank	Grace					Crossfit Total I					Fran			
					Time	Level	Level #	Points	Adj Points	Weight	Level	Level #	Points	Adj Points	Time	Level	Level #	Points
Alex	Prescribed	4	14	1	0:02:46	Prescribed	4	2	2	940	Prescribed	4	2	2	0:03:07	Prescribed	4	2
Kevin Vu	Prescribed	4	14	1	0:02:05	Prescribed	4	1	1	945	Prescribed	4	1	1	0:02:34	Prescribed	4	1
David	Prescribed	4	31	3	0:03:34	Prescribed	4	5	5	800	Prescribed	4	4	4	0:04:04	Prescribed	4	3
Ryan C.	Prescribed	4	40	4	0:05:16	Prescribed	4	11	11	615	Prescribed	4	6	6	0:06:28	Prescribed	4	7
Jack	Prescribed	4	41	5		--Select One--	0	8	8	865	Prescribed	4	3	3	0:04:57	Prescribed	4	4
Andrew	Prescribed	4	48	6		--Select One--	0	8	8		Prescribed	4	8	8		--Select One--	0	8
Quinn	Prescribed	4	53	7	0:05:53	Prescribed	4	12	12	780	Prescribed	4	5	5	0:06:07	Prescribed	4	6
Darby	Prescribed	4	67	8		--Select One--	0	8	8		Prescribed	4	8	8		--Select One--	0	8
Alan	Performance	2	5	1	0:03:35	Prescribed	4	1	-1	970	Performance	2	1	1	0:04:13	Competition	3	1
Josh	Performance	2	26	2	0:07:42	Performance	2	7	7	515	Performance	2	6	6	0:06:13	Performance	2	1
Jose	Performance	2	37	3	0:04:40	Performance	2	3	3	620	Performance	2	2	2	0:10:48	Competition	3	2
Scott M	Performance	2	41	4	0:04:44	Competition	3	4	3	585	Performance	2	3	3	0:08:12	Competition	3	2
Ed B	Performance	2	43	5	0:04:14	Competition	3	3	2		Performance	2	13	13	0:05:48	Competition	3	1
Bob M	Performance	2	56	6	0:03:37	Performance	2	1	1		Performance	2	13	13	0:08:48	Competition	3	2
Jim P	Performance	2	58	7	0:04:50	Performance	2	4	4	520	Performance	2	5	5		--Select One--	0	13
Ian	Performance	2	63	8		--Select One--	0	13	13		Performance	2	13	13		--Select One--	0	13
Robbie	Performance	2	66	9	0:05:23	Competition	3	5	4	490	Performance	2	7	7		--Select One--	0	13
Rich	Performance	2	71	10		--Select One--	0	13	13		Performance	2	13	13	0:15:10	Competition	3	2
Jeff	Performance	2	78	11	0:05:30	Performance	2	5	5		Performance	2	13	13		--Select One--	0	13
Tate	Performance	2	80	12	0:04:12	Performance	2	2	2		Performance	2	13	13		--Select One--	0	13
Bobby	Performance	2	84	13	0:06:25	Performance	2	6	6		Performance	2	13	13		--Select One--	0	13
Steve Z	n/a	0	134	134		--Select One--	0	33	33	610	--Select One--	0	1	1		--Select One--	0	29
Don	n/a	0	174	174		--Select One--	0	33	33		--Select One--	0	41	41		--Select One--	0	29
Marcus	n/a	0	174	174		--Select One--	0	33	33		--Select One--	0	41	41		--Select One--	0	29
	n/a	0	214	214		--Select One--	0	33	33		--Select One--	0	41	41		--Select One--	0	29
	n/a	0	214	214		--Select One--	0	33	33		--Select One--	0	41	41		--Select One--	0	29
Dale	Masters	2	5	1	0:06:09	Masters	2	1	1	580	Performance	2	1	1	0:05:32	Masters	2	1
Casey	Fitness	1	10	1	0:03:08	Fitness	1	1	1		Fitness	1	2	2		--Select One--	0	2
Steve P.	Fitness	1	12	2	0:04:31	Fitness	1	2	2		Fitness	1	2	2		--Select One--	0	2
CJ	Competition	3	20	1	0:04:03	Prescribed	4	3	2	755	Competition	3	4	4	0:08:31	Prescribed	4	9
Matt A.	Competition	3	22	2	0:02:53	Prescribed	4	1	0	980	Competition	3	2	2	0:04:57	Prescribed	4	2
Andy	Competition	3	25	3	0:04:59	Prescribed	4	8	7	745	Competition	3	5	5	0:06:35	Prescribed	4	5
Sebas	Competition	3	27	4	0:03:27	Prescribed	4	1	0	845	Competition	3	3	3	0:08:01	Prescribed	4	8
Chad	Competition	3	33	5	0:04:57	Prescribed	4	8	7	1025	Competition	3	1	1	0:06:55	Competition	3	6
Mario	Competition	3	45	6	0:03:48	Competition	3	1	1	610	Competition	3	9	9	0:11:01	Prescribed	4	13
Darrin	Competition	3	51	7	0:04:00	Competition	3	2	2		Competition	3	17	17		--Select One--	0	17
Steve G	Competition	3	52	8	0:11:45	Prescribed	4	10	9	655	Competition	3	8	8	0:10:00	Prescribed	4	12
Scott H	Competition	3	58	9	0:04:31	Competition	3	5	5	675	Competition	3	6	6	0:05:31	Competition	3	3
Paul	Competition	3	58	9	0:03:48	Prescribed	4	1	0		Competition	3	17	17	0:04:58	Competition	3	2
Fr. Justin	Competition	3	62	11	0:04:13	Competition	3	3	3		Competition	3	17	17	0:08:30	Prescribed	4	9
DJ	Competition	3	73	12		--Select One--	0	17	17		Competition	3	17	17	0:06:50	Prescribed	4	6
Robert	Competition	3	85	13	0:08:37	Competition	3	9	9	605	Competition	3	10	10	0:09:40	Competition	3	11
Jason	Competition	3	85	13		--Select One--	0	17	17	675	Competition	3	6	6	0:07:03	Competition	3	7
Doug	Competition	3	90	15	0:08:41	Prescribed	4	10	9		Competition	3	17	17	0:06:36	Competition	3	5
Norm	Competition	3	96	16		--Select One--	0	17	17		Competition	3	17	17	0:09:35	Competition	3	10
Ajay	Competition	3	100	17	0:04:47	Competition	3	7	7		Competition	3	17	17		--Select One--	0	17



Name	Level	Level #	Cumulative Points	Total Rank	Adj Points
Alex	Prescribed	4	14	1	2
Kevin Vu	Prescribed	4	14	1	1
David	Prescribed	4	31	3	3
Ryan C.	Prescribed	4	40	4	7
Jack	Prescribed	4	41	5	4
Andrew	Prescribed	4	48	6	8
Quinn	Prescribed	4	53	7	6
Darby	Prescribed	4	67	8	8
Alan	Performance	2	5	1	0
Josh	Performance	2	26	2	1
Jose	Performance	2	37	3	1
Scott M	Performance	2	41	4	1
Ed B	Performance	2	43	5	0
Bob M	Performance	2	56	6	1
Jim P	Performance	2	58	7	13
Ian	Performance	2	63	8	13
Robbie	Performance	2	66	9	13
Rich	Performance	2	71	10	1
Jeff	Performance	2	78	11	13
Tate	Performance	2	80	12	13
Bobby	Performance	2	84	13	13
Steve Z	n/a	0	134	134	29
Don	n/a	0	174	174	29
Marcus	n/a	0	174	174	29
	n/a	0	214	214	29
	n/a	0	214	214	29
Dale	Masters	2	5	1	1
Casey	Fitness	1	10	1	2
Steve P.	Fitness	1	12	2	2
CJ	Competition	3	20	1	8
Matt A.	Competition	3	22	2	1
Andy	Competition	3	25	3	4
Sebas	Competition	3	27	4	7
Chad	Competition	3	33	5	6
Mario	Competition	3	45	6	12
Darrin	Competition	3	51	7	17
Steve G	Competition	3	52	8	11
Scott H	Competition	3	58	9	3
Paul	Competition	3	58	9	2
Fr. Justin	Competition	3	62	11	8
DJ	Competition	3	73	12	5
Robert	Competition	3	85	13	11
Jason	Competition	3	85	13	7
Doug	Competition	3	90	15	5
Norm	Competition	3	96	16	10
Ajay	Competition	3	100	17	17

Diane				
Time	Level	Level #	Points	Adj Points
0:04:39	Prescribed	4	2	2
0:04:37	Prescribed	4	1	1
0:10:48	Prescribed	4	4	4
0:11:11	Prescribed	4	5	5
0:16:49	Prescribed	4	6	6
0:06:26	Prescribed	4	3	3
0:27:34	Prescribed	4	8	8
	--Select One--	0	8	8
0:02:43	Performance	2	2	2
0:13:13	Performance	2	7	7
	--Select One--	0	13	13
0:03:55	Performance	2	3	3
0:02:25	Performance	2	1	1
	--Select One--	0	13	13
	--Select One--	0	13	13
0:07:43	Performance	2	4	4
0:09:08	Performance	2	6	6
0:08:54	Performance	2	5	5
	--Select One--	0	13	13
	--Select One--	0	13	13
	--Select One--	0	13	13
	--Select One--	0	30	30
	--Select One--	0	30	30
	--Select One--	0	30	30
	--Select One--	0	30	30
	--Select One--	0	30	30
0:06:07	Masters	2	1	1
	--Select One--	0	2	2
	--Select One--	0	2	2
0:04:50	Competition	3	2	2
0:02:52	Competition	3	1	1
0:04:52	Competition	3	3	3
0:17:35	Competition	3	14	14
0:17:48	Prescribed	4	15	14
0:12:08	Competition	3	9	9
0:05:54	Competition	3	4	4
0:12:47	Competition	3	11	11
0:06:49	Competition	3	6	6
0:12:59	Competition	3	12	12
0:05:59	Competition	3	5	5
0:12:24	Competition	3	10	10
0:08:33	Competition	3	7	7
0:15:39	Competition	3	13	13
0:09:03	Competition	3	8	8
	--Select One--	0	17	17
	--Select One--	0	17	17

Helen				
Time	Level	Level #	Points	Adj Points
0:08:10	Prescribed	4	2	2
0:08:02	Prescribed	4	1	1
0:09:15	Prescribed	4	6	6
0:08:40	Prescribed	4	3	3
0:11:20	Prescribed	4	9	9
	--Select One--	0	8	8
0:11:02	Prescribed	4	8	8
0:14:25	Prescribed	4	19	19
0:14:04	Prescribed	4	2	0
0:13:49	Prescribed	4	2	0
0:16:45	Competition	3	4	3
	--Select One--	0	13	13
	--Select One--	0	13	13
	--Select One--	0	13	13
	--Select One--	0	13	13
0:15:35	Performance	2	3	3
	--Select One--	0	13	13
	--Select One--	0	13	13
	--Select One--	0	13	13
	--Select One--	0	13	13
	--Select One--	0	13	13
	--Select One--	0	13	13
	--Select One--	0	13	13
	--Select One--	0	13	13
	--Select One--	0	26	26
	--Select One--	0	26	26
	--Select One--	0	26	26
	--Select One--	0	26	26
0:13:47	Masters	2	1	1
0:13:14	Performance	2	1	0
0:15:20	Performance	2	1	0
0:11:36	Prescribed	4	1	0
0:10:34	Prescribed	4	1	0
0:13:26	Prescribed	4	1	0
0:09:12	Prescribed	4	1	0
0:16:50	Competition	3	3	3
0:13:14	Prescribed	4	1	0
0:12:34	Prescribed	4	1	0
0:11:52	Prescribed	4	1	0
	--Select One--	0	17	17
0:11:36	Prescribed	4	1	0
0:08:57	Prescribed	4	1	0
0:11:46	Prescribed	4	1	0
	--Select One--	0	17	17
	--Select One--	0	17	17
	--Select One--	0	17	17
0:13:45	Competition	3	1	1
	--Select One--	0	17	17

Crossfit T	
Weight	Level
735	Prescribed
745	Prescribed
670	Prescribed
485	Prescribed
705	Prescribed
655	Prescribed
585	Prescribed
	Prescribed
470	Performance
455	Performance
480	Performance
465	Performance
495	Performance
480	Performance
445	Performance
425	Performance
405	Performance
	Performance
425	Performance
	Performance
	Performance
515	--Select One--
270	--Select One--
495	--Select One--
	--Select One--
	--Select One--
365	Performance
545	Fitness
415	Fitness
595	Competition
790	Competition
585	Competition
605	Competition
715	Competition
385	Competition
490	Competition
470	Competition
595	Competition
505	Competition
475	Competition
575	Competition
385	Competition
515	Competition
	Competition
	Competition
515	Competition

