



Note: Inputs are only needed in green sections

Name	Level	Level #	Cumulative Points	Total Rank	Grace					Crossfit Total I					Fran					Diane					Time	
					Time	Level	Level #	Points	Adj Points	Weight	Level	Level #	Points	Adj Points	Time	Level	Level #	Points	Adj Points	Time	Level	Level #	Points	Adj Points		
Miana	Prescribed	4	18	1	0:01:50	Prescribed	4	2	2	530	Prescribed	4	2	2	0:07:43	--Select One--	0	4	4	0:08:08	Prescribed	4	1	1		
Jen	Prescribed	4	21	2	0:04:16	Prescribed	4	4	4	530	Prescribed	4	3	3	0:07:43	--Select One--	0	4	4	0:11:58	--Select One--	0	4	4		
Ann	Prescribed	4	23	3	0:06:13	Prescribed	4	7	7	460	Prescribed	4	3	3	0:07:46	Prescribed	4	4	4	0:15:00	Prescribed	4	2	2	0:11:07	
Mihaela	Prescribed	4	35	4	--Select One--	--Select One--	0	4	4	--Select One--	--Select One--	0	4	4	0:07:59	Prescribed	4	5	5	--Select One--	--Select One--	0	4	4	0:13:52	
Juli	Performance	2	13	1	0:04:48	Prescribed	4	9	7	517	Performance	2	1	1	0:05:20	Competition	3	1	0	0:04:23	Performance	2	2	2	0:11:28	
Risha	Performance	2	29	2	0:02:38	Performance	2	1	1	400	Performance	2	6	6	0:12:03	Competition	3	6	6	0:04:33	Performance	2	3	3	0:14:19	
Danni	Performance	2	31	3	0:04:01	Performance	2	4	4	348	Performance	2	9	9	0:09:11	Competition	3	5	4	0:04:10	Performance	2	1	1	0:13:23	
Robin	Performance	2	37	4	0:05:54	Competition	3	10	9	380	Performance	2	7	7	0:08:53	Competition	3	5	4	0:10:43	Competition	3	11	10	0:14:01	
Christine C	Performance	2	38	5	0:03:46	Performance	2	3	3	415	Performance	2	4	4	0:06:51	Competition	3	4	3	0:05:43	Performance	2	6	6	0:12:08	
Marty	Performance	2	39	6	0:03:30	Performance	2	2	2	450	Performance	2	2	2	0:07:11	Prescribed	4	4	2	0:06:30	Competition	3	9	8	0:12:11	
Della	Performance	2	40	7	0:07:05	Competition	3	11	10	417	Performance	2	3	3	0:07:41	Competition	3	5	4	0:08:11	Competition	3	11	10	0:19:37	
Saren	Performance	2	43	8	0:04:47	Performance	2	8	8	355	Performance	2	8	8	0:08:46	Prescribed	4	5	3	0:04:36	Performance	2	4	4	0:13:50	
Samm	Performance	2	49	9	0:04:03	Performance	2	5	5	405	Performance	2	5	5	0:07:22	Performance	2	4	4	0:05:55	Performance	2	7	7	0:12:46	
Katie	Performance	2	66	10	--Select One--	--Select One--	0	19	19	--Select One--	--Select One--	0	19	19	0:10:33	Competition	3	5	4	0:05:51	Competition	3	7	6	0:14:16	
Val	Performance	2	78	11	0:04:07	Performance	2	6	6	--Select One--	--Select One--	0	19	19	--Select One--	--Select One--	0	19	19	0:18:10	Performance	2	12	12	0:14:00	
Jawz	Performance	2	92	12	0:05:56	Performance	2	10	10	325	Performance	2	10	10	--Select One--	--Select One--	0	19	19	0:11:27	Performance	2	11	11	0:14:33	
Taryn	Performance	2	94	13	0:04:42	Performance	2	7	7	--Select One--	--Select One--	0	19	19	--Select One--	--Select One--	0	19	19	0:06:56	Performance	2	9	9	0:13:38	
Karina	Performance	2	95	14	0:06:42	Prescribed	4	11	9	--Select One--	--Select One--	0	19	19	0:06:25	Performance	2	3	3	0:05:55	Performance	2	7	7		
Sherry	Performance	2	107	15	--Select One--	--Select One--	0	19	19	--Select One--	--Select One--	0	19	19	--Select One--	--Select One--	0	19	19	0:08:35	--Select One--	--Select One--	0	11	11	0:12:42
Chelsey	Performance	2	118	16	--Select One--	--Select One--	0	19	19	--Select One--	--Select One--	0	19	19	--Select One--	--Select One--	0	19	19	--Select One--	--Select One--	0	19	19		
Tanja	Performance	2	119	17	--Select One--	--Select One--	0	19	19	--Select One--	--Select One--	0	19	19	0:11:20	Performance	2	5	5	--Select One--	--Select One--	0	19	19		
Eliza	Performance	2	123	18	0:05:10	Performance	2	9	9	--Select One--	--Select One--	0	19	19	--Select One--	--Select One--	0	19	19	0:07:06	Performance	2	10	10		
Annie	Performance	2	124	19	--Select One--	--Select One--	0	19	19	--Select One--	--Select One--	0	19	19	--Select One--	--Select One--	0	23	23	--Select One--	--Select One--	0	28	28		
Kacie	n/a	0	157	157	--Select One--	--Select One--	0	26	26	--Select One--	--Select One--	0	38	38	--Select One--	--Select One--	0	23	23	--Select One--	--Select One--	0	28	28		
n/a	n/a	0	194	194	--Select One--	--Select One--	0	26	26	--Select One--	--Select One--	0	38	38	--Select One--	--Select One--	0	23	23	--Select One--	--Select One--	0	28	28		
Mary Miller	Masters	2	12	1	--Select One--	--Select One--	0	2	2	190	Performance	2	2	2	--Select One--	--Select One--	0	2	2	0:04:32	Masters	2	1	1		
Betty	Masters	2	13	2	--Select One--	--Select One--	0	2	2	190	Performance	2	1	1	--Select One--	--Select One--	0	2	2	0:07:00	Masters	2	2	2		
Lauren	Fitness	1	7	1	0:05:31	Fitness	1	3	3	320	Fitness	1	2	2	0:06:06	Performance	2	1	0	0:06:42	Fitness	1	1	1	0:12:49	
Bethany	Fitness	1	8	2	0:01:54	Fitness	1	1	1	420	Fitness	1	1	1	0:05:37	Performance	2	1	0	0:05:33	Performance	2	1	0	0:13:11	
Kris H.	Fitness	1	24	3	0:02:30	Fitness	1	2	2	290	Fitness	1	3	3	--Select One--	--Select One--	0	5	5	--Select One--	--Select One--	0	5	5	0:14:19	
Tanara	Fitness	1	29	4	--Select One--	--Select One--	0	5	5	--Select One--	--Select One--	0	5	5	--Select One--	--Select One--	0	5	5	5:53:00	Fitness	1	2	2	0:16:14	
Theresa	Fitness	1	31	5	--Select One--	--Select One--	0	5	5	--Select One--	--Select One--	0	5	5	--Select One--	--Select One--	0	5	5	--Select One--	--Select One--	0	5	5	0:13:24	
Stye	Competition	3	8	1	0:02:31	Prescribed	4	1	0	740	Competition	3	1	1	0:04:10	Prescribed	4	1	0	0:03:47	Competition	3	1	1	0:12:50	
Sonia	Competition	3	22	2	0:05:21	Competition	3	1	1	455	Competition	3	4	4	0:05:30	Competition	3	2	2	0:04:36	Competition	3	2	2	0:11:06	
Joyce	Competition	3	28	3	0:03:56	Prescribed	4	1	0	570	Competition	3	2	2	0:06:55	Competition	3	4	4	0:07:05	Competition	3	7	7	0:13:17	
Nora	Competition	3	32	4	0:06:02	Competition	3	3	3	399	Competition	3	6	6	--Select One--	--Select One--	0	8	8	0:05:19	Competition	3	8	8	0:10:54	
Tabitha	Competition	3	34	5	--Select One--	--Select One--	0	4	4	400	Competition	3	5	5	0:10:45	Prescribed	4	11	10	0:10:20	Competition	3	9	9	0:12:20	
Traci	Competition	3	50	6	0:06:09	Prescribed	4	4	3	525	Competition	3	3	3	0:09:04	Competition	3	7	7	--Select One--	--Select One--	0	8	8	0:16:41	
Emily	Competition	3	51	7	--Select One--	--Select One--	0	8	8	--Select One--	--Select One--	0	8	8	0:09:16	Competition	3	9	9	0:06:32	Competition	3	6	6	0:13:37	
Lauren O.	Competition	3	54	8	--Select One--	--Select One--	0	8	8	--Select One--	--Select One--	0	8	8	--Select One--	--Select One--	0	8	8	--Select One--	--Select One--	0	8	8	0:13:34	



					Helen				Crossfit Total II					Forest Gone Bad				
Name	Level	Level #	Cumulative Points	Total Rank	Level	Level #	Points	Adj Points	Weight	Level	Level #	Points	Adj Points	Weight	Level	Level #	Points	Adj Points
Mina	Prescribed	4	18	1	--Select One--	0	4	4	400	Prescribed	4	1	1	--Select One--	0	4	4	4
Jan	Prescribed	4	21	2	Prescribed	4	3	3	350	Prescribed	4	2	2	--Select One--	0	4	4	4
Ann	Prescribed	4	23	3	Prescribed	4	2	2	350	Prescribed	4	2	2	240	Prescribed	4	3	3
Mihaela	Prescribed	4	35	4	--Select One--	0	11	11	--Select One--	0	4	4	4	298	--Select One--	0	3	3
Juli	Performance	2	13	1	Competition	3	1	0	325	Performance	2	2	2	492	Performance	2	1	1
Tisha	Performance	2	29	2	Competition	3	3	2	275	Performance	2	6	6	353	Performance	2	6	6
Donna	Performance	2	31	3	Prescribed	4	3	1	268	Performance	2	9	9	426	Performance	2	3	3
Robin	Performance	2	37	4	Competition	3	3	2	290	Performance	2	4	4	492	Performance	2	1	1
Christine C	Performance	2	38	5	Competition	3	1	0	305	Performance	2	3	3	--Select One--	0	19	19	19
Marty	Performance	2	39	6	Prescribed	4	1	-1	270	Performance	2	7	7	--Select One--	0	19	19	19
Deila	Performance	2	40	7	Competition	3	3	2	290	Performance	2	4	4	310	Performance	2	7	7
Saren	Performance	2	43	8	Prescribed	4	3	1	245	Performance	2	10	10	244	Performance	2	9	9
Samm	Performance	2	49	9	Competition	3	2	1	267	Performance	2	8	8	--Select One--	0	19	19	19
Katie	Performance	2	66	10	Competition	3	3	2	235	Performance	2	11	11	390	Performance	2	5	5
Val	Performance	2	78	11	Competition	3	3	2	380	Performance	2	1	1	--Select One--	0	19	19	19
Jawz	Performance	2	92	12	Performance	2	4	4	--Select One--	0	19	19	--Select One--	0	19	19	19	
Taryn	Performance	2	94	13	Competition	3	3	2	--Select One--	0	19	19	--Select One--	0	19	19	19	
Karina	Performance	2	95	14	--Select One--	0	19	19	--Select One--	0	19	19	--Select One--	0	19	19	19	
Sherry	Performance	2	107	15	Performance	2	1	1	--Select One--	0	19	19	--Select One--	0	19	19	19	
Chelsey	Performance	2	118	16	--Select One--	0	19	19	--Select One--	0	19	19	420	Performance	2	4	4	4
Tanja	Performance	2	119	17	--Select One--	0	19	19	--Select One--	0	19	19	--Select One--	0	19	19	19	
Elisa	Performance	2	123	18	--Select One--	0	19	19	--Select One--	0	19	19	--Select One--	0	19	19	19	
Annie	Performance	2	124	19	--Select One--	0	19	19	--Select One--	0	19	19	--Select One--	0	19	19	19	
Kacie	n/a	0	157	157	--Select One--	0	29	29	150	--Select One--	0	1	1	--Select One--	0	12	12	12
n/a	n/a	0	194	194	--Select One--	0	29	29	--Select One--	0	38	38	--Select One--	0	12	12	12	
Mary Miller	Masters	2	12	1	--Select One--	0	2	2	185	Performance	2	1	1	--Select One--	0	2	2	2
Betty	Masters	2	13	2	--Select One--	0	2	2	--Select One--	0	2	2	--Select One--	0	2	2	2	
Lauren	Fitness	1	7	1	Competition	3	1	-1	220	Fitness	1	2	2	288	Performance	2	1	0
Bethany	Fitness	1	8	2	Performance	2	1	0	265	Fitness	1	1	1	--Select One--	0	5	5	5
Kris H.	Fitness	1	24	3	Performance	2	2	1	200	Fitness	1	3	3	--Select One--	0	5	5	5
Tamara	Fitness	1	29	4	Fitness	1	2	2	--Select One--	0	5	5	--Select One--	0	5	5	5	
Theresa	Fitness	1	31	5	Fitness	1	1	1	--Select One--	0	5	5	--Select One--	0	5	5	5	
Sbye	Competition	3	8	1	Prescribed	4	6	5	520	Competition	3	1	1	556	Prescribed	4	1	0
Sonia	Competition	3	22	2	Competition	3	1	1	300	Competition	3	4	4	--Select One--	0	8	8	8
Joyce	Competition	3	28	3	Prescribed	4	6	5	350	Competition	3	2	2	--Select One--	0	8	8	8
Nora	Competition	3	32	4	Prescribed	4	1	0	300	Competition	3	4	4	--Select One--	0	8	8	8
Tabitha	Competition	3	34	5	Prescribed	4	4	3	305	Competition	3	3	3	442	Prescribed	4	1	0
Traci	Competition	3	50	6	Competition	3	13	13	--Select One--	0	8	8	--Select One--	0	8	8	8	
Emily	Competition	3	51	7	Prescribed	4	7	6	280	Competition	3	6	6	--Select One--	0	8	8	8
Lauren O.	Competition	3	54	8	Competition	3	6	6	--Select One--	0	8	8	--Select One--	0	8	8	8	