



Front Squat Ladder

Gym	Name	Level	Level #	Cumulative Points	Total Rank	Weight	Level	Level #	Points	Adj Points
Forest	Kevin Vu	Prescribed	4	83	1	315	Prescribed	4	2	2
Forest	Jerry Canada	Prescribed	4	86	2	305	Prescribed	4	3	3
Upgrade	Fateh Abdul	Prescribed	4	86	2	295	Prescribed	4	4	4
Upgrade	Alex Lutwack	Prescribed	4	89	4	345	Prescribed	4	1	1
Forest	Andrew Saldivar	Prescribed	4	90	5	285	Prescribed	4	5	5
Upgrade	Kevin McGookin	Prescribed	4	91	6	275	Prescribed	4	7	7
Forest	Andy Engel	Prescribed	4	95	7	285	Prescribed	4	5	5
Forest	David Mayhew	Prescribed	4	96	8	265	Prescribed	4	9	9
Upgrade	Sanch	Prescribed	4	100	9	215	Prescribed	4	15	15
Upgrade	Brandon Saeraro	Prescribed	4	102	10	275	Prescribed	4	7	7
Upgrade	Nick Thomas	Prescribed	4	103	11	245	Prescribed	4	11	11
Upgrade	Anthony Valera	Prescribed	4	104	12	245	Prescribed	4	11	11
Upgrade	Kelvin	Prescribed	4	104	12	235	Prescribed	4	13	13
Forest	ryan Clary	Prescribed	4	105	14	205	Prescribed	4	16	16
Upgrade	Aron A	Prescribed	4	106	15	255	Prescribed	4	10	10
Forest	Jason Cook	Prescribed	4	108	16	225	Prescribed	4	14	14
Forest	Paul Maglalang	Competition	3	84	1	265	Competition	3	3	3
Forest	Alan Dawley	Competition	3	86	2	275	Competition	3	2	2
Upgrade	Brian Dorsey	Competition	3	87	3	305	Competition	3	1	1
Upgrade	Chris Jones	Competition	3	88	4	245	Competition	3	5	5
Forest	Steve Graham	Competition	3	89	5	235	Competition	3	7	7
Forest	Anthony Ritz	Competition	3	90	6	255	Competition	3	4	4
Forest	John Hubbard	Competition	3	92	7	235	Competition	3	7	7
Upgrade	Michael Castro	Competition	3	98	8	245	Competition	3	5	5
Forest	Steve Primm	Competition	3	98	8	225	Competition	3	10	10
Forest	Ken M.	Competition	3	100	10	235	Competition	3	7	7
Forest	robert fit	Competition	3	100	10	225	Competition	3	10	10
Forest	Bryan Peretto	Competition	3	103	12	165	Competition	3	14	14
Forest	Dale Prouty	Competition	3	104	13	175	Competition	3	13	13
Forest	Ian richardson	Competition	3	107	14	195	Competition	3	12	12
Upgrade	Jake Roberts	Competition	3	108	15	155	Competition	3	16	16
Forest	Brandon Cholodenko	Competition	3	110	16	165	Competition	3	14	14

Games Open 11.5

Reps	Level	Level #	Points	Adj Points
181	Prescribed	4	1	1
171	Prescribed	4	3	3
180	Prescribed	4	2	2
155	Prescribed	4	8	8
165	Prescribed	4	5	5
167	Prescribed	4	4	4
150	Prescribed	4	10	10
158	Prescribed	4	7	7
165	Prescribed	4	5	5
120	Prescribed	4	15	15
139	Prescribed	4	12	12
135	Prescribed	4	13	13
145	Prescribed	4	11	11
151	Prescribed	4	9	9
97	Prescribed	4	16	16
130	Prescribed	4	14	14
229	Competition	3	1	1
188	Competition	3	4	4
182	Competition	3	6	6
193	Competition	3	3	3
204	Competition	3	2	2
182	Competition	3	6	6
187	Competition	3	5	5
125	Competition	3	13	13
179	Competition	3	8	8
125	Competition	3	13	13
165	Competition	3	10	10
171	Competition	3	9	9
163	Competition	3	11	11
120	Competition	3	15	15
155	Competition	3	12	12
94	Competition	3	16	16