



Note: Inputs are only needed in green sections

Name	Level	Level #	Cumulative Points	Total Rank	Grace					Crossfit Total I					Fran				
					Time	Level	Level #	Points	Adj Points	Weight	Level	Level #	Points	Adj Points	Time	Level	Level #	Points	Adj Points
Kevin	Prescribed	4	15	1	0:02:08	Prescribed	4	1	1	865	Prescribed	4	2	2	0:03:11	Prescribed	4	1	1
Pete	Prescribed	4	17	2	0:02:13	Prescribed	4	2	2	815	Prescribed	4	4	4	0:03:54	Prescribed	4	2	2
David	Prescribed	4	36	3	0:04:01	Prescribed	4	7	7	795	Prescribed	4	5	5	0:04:05	Prescribed	4	3	3
Darrin	Prescribed	4	54	5	0:04:40	Prescribed	4	10	10	820	Prescribed	4	3	3	0:07:50	Prescribed	4	12	12
Fr. Justin	Prescribed	4	54	5	0:05:30	Prescribed	4	13	13		Prescribed	4	16	16	0:04:59	Prescribed	4	6	6
Alex Lutwack	Prescribed	4	53	4		--Select One--	0	16	16	925	Prescribed	4	1	1	0:04:45	Prescribed	4	5	5
Ryan Clary	Prescribed	4	54	5	0:05:24	Prescribed	4	12	12	580	Prescribed	4	8	8	0:07:55	Prescribed	4	14	14
Alex Gundy	Prescribed	4	76	8	0:04:35	Prescribed	4	9	9	750	Prescribed	4	6	6	0:05:32	Prescribed	4	8	8
Bobby	Prescribed	4	78	9	0:04:30	Prescribed	4	8	8		Prescribed	4	16	16	0:06:23	Prescribed	4	9	9
Paul	Prescribed	4	82	10	0:03:54	Prescribed	4	6	6		Prescribed	4	16	16	0:07:17	Prescribed	4	10	10
Rich Barto	Prescribed	4	99	11		--Select One--	0	16	16		Prescribed	4	16	16		--Select One--	0	16	16
Abe	Prescribed	4	102	12	0:03:24	Prescribed	4	5	5		Prescribed	4	16	16	0:09:30	Prescribed	4	17	17
Terry	Prescribed	4	104	13	0:07:09	Prescribed	4	16	16		Prescribed	4	16	16		--Select One--	0	16	16
Ryan S.	Prescribed	4	108	14	0:09:04	Prescribed	4	17	17	645	Prescribed	4	7	7		--Select One--	0	16	16
Ed	Prescribed	4	119	15		--Select One--	0	16	16		Prescribed	4	16	16		--Select One--	0	16	16
Curt	Prescribed	4	120	16		--Select One--	0	16	16		Prescribed	4	16	16		--Select One--	0	16	16
Alan	Performance	2	17	1	0:02:56	Performance	4	1	1	925	Performance	2	2	2	0:05:31	Prescribed	4	1	1
Zach	Performance	2	28	2	0:02:56	Performance	4	1	1	725	Performance	2	5	5	0:04:31	Competition	3	1	3
Chad	Performance	2	35	3	0:04:19	Competition	3	2	5	990	Performance	2	1	1	0:07:29	Competition	3	2	6
Jason Cook	Performance	2	43	4	0:03:47	Competition	3	1	4	715	Performance	2	6	6	0:04:55	Competition	3	1	4
Robert Fitt	Performance	2	50	5	0:04:45	Performance	2	2	9	570	Performance	2	9	9	0:08:29	Competition	3	4	7
Steve G	Performance	2	55	6	0:04:51	Performance	2	3	10	570	Performance	2	9	9	0:07:25	Competition	3	2	5
John Hubbard	Performance	2	56	7	0:05:12	Prescribed	4	5	3	820	Performance	2	3	3	0:08:35	Prescribed	4	4	13
Jose	Performance	2	74	8	0:05:13	Performance	2	5	12	580	Performance	2	8	8	0:11:51	Competition	3	6	9
Norm	Performance	2	79	9	0:06:33	Competition	3	7	7		Performance	2	22	22	0:11:13	Competition	3	6	8
Mike Matobe	Performance	2	81	10	0:04:55	Performance	2	4	11	395	Performance	2	13	13	0:06:17	Performance	2	1	10
Doug	Performance	2	89	11		--Select One--	0	22	22	805	Performance	2	4	4		--Select One--	0	22	22
Tommy R	Performance	2	95	12	0:09:25	Competition	3	8	8	595	Performance	2	7	7		--Select One--	0	22	22
Roy	Performance	2	95	12	0:06:48	Performance	2	7	13	540	Performance	2	12	12		--Select One--	0	22	22
Ken Marsh	Performance	2	96	14	0:04:38	Competition	3	2	6		Performance	2	22	22	0:08:07	Performance	2	3	12
Tom	Performance	2	104	15		--Select One--	0	22	22		Performance	2	22	22		--Select One--	0	22	22
Casey	Performance	2	118	16		--Select One--	0	22	22		Performance	2	22	22	0:10:02	Competition	3	5	4
Dan Hackett	Performance	2	122	17		--Select One--	0	22	22		Performance	2	22	22	0:10:42	Performance	2	5	14
Bob M.	Performance	2	129	18	0:04:00	Performance	2	1	8		Performance	2	22	22	0:07:40	Performance	2	2	11
Parag	Performance	2	137	19		--Select One--	0	22	22		Performance	2	22	22		--Select One--	0	22	22
Shobhit	Performance	2	140	20		--Select One--	0	22	22		Performance	2	22	22		--Select One--	0	22	22
Sumeet	Performance	2	142	21		--Select One--	0	22	22		Performance	2	22	22		--Select One--	0	22	22
Alex C	Performance	2	146	22		--Select One--	0	22	22		Performance	2	22	22		--Select One--	0	22	22
	n/a	0	292	292		--Select One--	0	38	38		--Select One--	0	57	57		--Select One--	0	33	33
	n/a	0	292	292		--Select One--	0	38	38		--Select One--	0	57	57		--Select One--	0	33	33
	n/a	0	292	292		--Select One--	0	38	38		--Select One--	0	57	57		--Select One--	0	33	33
Dale	Masters	2	8	1	0:06:12	Performance	2	1	1	555	Performance	2	1	1	0:12:20	Masters	2	1	1
Mario	Masters	2	17	2		--Select One--	0	3	3		Performance	2	3	3		--Select One--	0	3	3
Don	Masters	2	17	2	0:06:48	Masters	2	1	1		Performance	2	3	3	0:08:45	Performance	2	1	1
Lee	Fitness	1	10	1	0:06:56	Fitness	1	1	1		Fitness	1	2	2		--Select One--	0	2	2
Tate P	Fitness	1	13	2		--Select One--	0	2	2		Fitness	1	2	2		--Select One--	0	2	2
Matt A	Competition	3	17	1	0:02:30	Competition	3	1	4	940	Competition	3	1	1	0:04:41	Prescribed	4	2	1
Quinn	Competition	3	22	2	0:09:34	Prescribed	4	12	3	745	Competition	3	3	3	0:07:50	Prescribed	4	6	3
Chris Johnston	Competition	3	32	3	0:03:11	Competition	3	2	5	755	Competition	3	2	2	0:09:06	Prescribed	4	7	4
James	Competition	3	38	4	0:07:04	Prescribed	4	10	2	615	Competition	3	4	4		--Select One--	0	14	14
Adam Guy	Competition	3	59	5	0:03:28	Competition	3	3	6		Competition	3	14	14	0:07:45	Prescribed	4	6	2
Rick	Competition	3	70	6	0:05:32	Prescribed	4	7	1		Competition	3	14	14		--Select One--	0	14	14
Rich G	Competition	3	71	7	0:05:57	Competition	3	7	7		Competition	3	14	14	0:07:10	Competition	3	3	5
Scott Hadley	Competition	3	73	8		--Select One--	0	14	14		Competition	3	14	14		--Select One--	0	14	14
Corey	Competition	3	75	9		--Select One--	0	14	14		Competition	3	14	14		--Select One--	0	14	14
Brett King	Competition	3	76	10		--Select One--	0	14	14		Competition	3	14	14		--Select One--	0	14	14
Marcus E	Competition	3	83	11	0:08:20	Competition	3	10	9	615	Competition	3	4	4		--Select One--	0	14	14
Danny Sheftman	Competition	3	84	12	0:06:44	Competition	3	9	8		Competition	3	14	14	0:09:26	Competition	3	7	6
Andrew	Competition	3	86	13		--Select One--	0	14	14		Competition	3	14	14		--Select One--	0	14	14
Josh Powers	Competition	3	93	14		--Select One--	0	14	14		Competition	3	14	14		--Select One--	0	14	14



					Diane				
Name	Level	Level #	Cumulative Points	Total Rank	Time	Level	Level #	Points	Adj Points
Kevin	Prescribed	4	15	1	0:08:55	Prescribed	4	5	5
Pete	Prescribed	4	17	2	0:04:22	Prescribed	4	1	1
David	Prescribed	4	36	3	0:12:30	Prescribed	4	7	7
Darrin	Prescribed	4	54	5	0:05:12	Prescribed	4	2	2
Fr. Justin	Prescribed	4	54	5	0:08:52	Prescribed	4	4	4
Alex Lutwack	Prescribed	4	53	4	0:08:16	Prescribed	4	3	3
Ryan Clary	Prescribed	4	54	5	0:11:23	Prescribed	4	6	6
Alex Gundy	Prescribed	4	76	8		--Select One--	0	16	16
Bobby	Prescribed	4	78	9		--Select One--	0	16	16
Paul	Prescribed	4	82	10		--Select One--	0	16	16
Rich Barto	Prescribed	4	99	11	0:03:21	--Select One--	0	1	1
Abe	Prescribed	4	102	12		--Select One--	0	16	16
Terry	Prescribed	4	104	13		--Select One--	0	16	16
Ryan S.	Prescribed	4	108	14		--Select One--	0	16	16
Ed	Prescribed	4	119	15		--Select One--	0	16	16
Curt	Prescribed	4	120	16		--Select One--	0	16	16
Alan	Performance	2	17	1	0:03:05	Performance	2	1	6
Zach	Performance	2	28	2	0:04:18	Performance	2	3	8
Chad	Performance	2	35	3	0:12:12	Competition	3	16	4
Jason Cook	Performance	2	43	4	0:11:20	Performance	2	15	20
Robert Fitt	Performance	2	50	5	0:07:21	Competition	3	12	2
Steve G	Performance	2	55	6	0:14:08	Competition	3	16	5
John Hubbard	Performance	2	56	7	0:07:00	Performance	2	11	16
Jose	Performance	2	74	8	0:06:34	Performance	2	9	14
Norm	Performance	2	79	9	0:06:15	Performance	2	6	11
Mike Matobe	Performance	2	81	10	0:05:13	Performance	2	4	9
Doug	Performance	2	89	11	0:04:14	Performance	2	2	7
Tommy R	Performance	2	95	12	0:06:18	Performance	2	7	12
Roy	Performance	2	95	12	0:10:43	Competition	3	15	3
Ken Marsh	Performance	2	96	14	0:06:33	Performance	2	8	13
Tom	Performance	2	104	15	0:05:50	Competition	3	6	1
Casey	Performance	2	118	16	0:07:54	Performance	2	12	17
Dan Hackett	Performance	2	122	17	0:08:12	Performance	2	13	18
Bob M.	Performance	2	129	18		--Select One--	0	22	22
Parag	Performance	2	137	19	0:06:52	Performance	2	10	15
Shohhit	Performance	2	140	20	0:09:50	Performance	2	14	19
Sumeet	Performance	2	142	21	0:05:20	Performance	2	5	10
Alex C	Performance	2	146	22		--Select One--	0	22	22
	n/a	0	292	292		--Select One--	0	40	40
	n/a	0	292	292		--Select One--	0	40	40
	n/a	0	292	292		--Select One--	0	40	40
Dale	Masters	2	8	1	0:07:47	Masters	2	2	2
Mario	Masters	2	17	2	0:06:45	Masters	2	1	1
Don	Masters	2	17	2	0:08:00	Masters	2	3	3
Lee	Fitness	1	10	1		--Select One--	0	2	2
Tate P	Fitness	1	13	2		--Select One--	0	2	2
Matt A	Competition	3	17	1	0:06:37	Competition	3	5	4
Quinn	Competition	3	22	2	0:06:32	Competition	3	4	3
Chris Johnston	Competition	3	32	3	0:07:15	Competition	3	6	5
James	Competition	3	38	4	0:12:43	Competition	3	14	10
Adam Guy	Competition	3	59	5	0:10:00	Competition	3	10	8
Rick	Competition	3	70	6		--Select One--	0	14	14
Rich G	Competition	3	71	7	0:09:07	Competition	3	9	7
Scott Hadley	Competition	3	73	8	0:04:38	Competition	3	1	1
Corey	Competition	3	75	9	0:10:01	Competition	3	11	9
Brett King	Competition	3	76	10	0:08:16	Competition	3	8	6
Marcus E	Competition	3	83	11		--Select One--	0	14	14
Danny Sheftman	Competition	3	84	12		--Select One--	0	14	14
Andrew	Competition	3	86	13	0:05:00	Competition	3	2	2
Josh Powers	Competition	3	93	14		--Select One--	0	14	14

					Helen				
Time	Level	Level #	Points	Adj Points					
0:08:04	Prescribed	4	1	1					
0:08:52	Prescribed	4	3	3					
0:09:42	Prescribed	4	5	5					
0:11:10	Prescribed	4	9	9					
0:09:29	Prescribed	4	4	4					
0:11:11	Prescribed	4	10	10					
0:08:37	Prescribed	4	2	2					
	--Select One--	0	16	16					
0:09:42	Prescribed	4	5	5					
0:11:12	Prescribed	4	11	11					
0:12:07	Prescribed	4	18	18					
	--Select One--	0	16	16					
0:10:36	Prescribed	4	8	8					
0:13:52	Prescribed	4	20	20					
0:14:41	Prescribed	4	23	23					
0:14:44	Prescribed	4	24	24					
0:12:04	Prescribed	4	2	2					
0:09:53	Competition	3	1	5					
0:17:07	Competition	3	6	11					
0:11:21	Prescribed	4	2	1					
0:13:55	Prescribed	4	5	3					
0:12:52	Competition	3	3	8					
0:14:45	Prescribed	4	6	4					
0:16:46	Competition	3	6	10					
0:12:31	Competition	3	3	7					
0:12:20	Performance	2	2	15					
0:12:24	Competition	3	3	6					
0:17:33	Competition	3	6	12					
	--Select One--	0	22	22					
0:17:56	Competition	3	6	13					
	--Select One--	0	22	22					
0:14:09	Competition	3	5	9					
	--Select One--	0	22	22					
	--Select One--	0	22	22					
0:13:03	Performance	2	4	16					
0:14:35	Performance	2	5	17					
	--Select One--	0	22	22					
0:11:20	Performance	2	1	14					
	--Select One--	0	45	45					
	--Select One--	0	45	45					
	--Select One--	0	45	45					
0:14:00	Prescribed	4	1	-1					
0:15:00	Masters	2	1	1					
	--Select One--	0	3	3					
0:12:58	Performance	2	1	0					
0:14:40	Fitness	1	1	1					
0:11:14	Prescribed	4	3	2					
0:11:25	Prescribed	4	3	5					
0:11:04	Competition	3	2	7					
0:11:24	Prescribed	4	3	4					
0:10:32	Prescribed	4	2	1					
0:11:43	Competition	3	3	8					
0:17:11	Competition	3	11	10					
	--Select One--	0	14	14					
0:11:21	Prescribed	4	3	3					
0:12:51	Prescribed	4	6	6					
	--Select One--	0	14	14					
	--Select One--	0	14	14					
	--Select One--	0	14	14					
0:13:00	Competition	3	7	9					

					Crossfit Total II				
Weight	Level	Level #	Points	Adj Points					
710	Prescribed	4	1	1					
625	Prescribed	4	4	4					
660	Prescribed	4	3	3					
575	Prescribed	4	6	6					
505	Prescribed	4	8	8					
680	Prescribed	4	2	2					
495	Prescribed	4	10	10					
585	Prescribed	4	5	5					
505	Prescribed	4	8	8					
525	Prescribed	4	7	7					
	Prescribed	4	16	16					
	Prescribed	4	16	16					
	Prescribed	4	16	16					
	Prescribed	4	16	16					
	Prescribed	4	16	16					
	Prescribed	4	16	16					
625	Performance	2	2	2					
625	Performance	2	2	2					
645	Performance	2	1	1					
545	Performance	2	7	7					
365	Performance	2	15	15					
430	Performance	2	10	10					
590	Performance	2	5	5					
430	Performance	2	10	10					
625	Performance	2	2	2					
413	Performance	2	13	13					
580	Performance	2	6	6					
425	Performance	2	12	12					
400	Performance	2	14	14					
520	Performance	2	8	8					
515	Performance	2	9	9					
	Performance	2	22	22					
	Performance	2	22	22					
	Performance	2	22	22					
240	Performance	2	18	18					
345	Performance	2	16	16					
	Performance	2	22	22					
	Performance	2	22	22					
	--Select One--	0	57	57					
	--Select One--	0	57	57					
	--Select One--	0	57	57					
330	Performance	2	1	1					
	Performance	2	3	3					
	Performance	2	3	3					
305	Fitness	1	1	1					
	Fitness	1	2	2					
765	Competition	3	1	1					
525	Competition	3	3	3					
505	Competition	3	6	6					
525	Competition	3	3	3					
	Competition	3	14	14					
515	Competition	3	5	5					
	Competition	3	14	14					
595	Competition	3	2	2					
455	Competition	3	7	7					
375	Competition	3	8	8					
	Competition	3	14	14					
	Competition	3	14	14					
	Competition	3	14	14					



Forest Gone Bad

Name	Level	Level #	Cumulative Points	Total Rank	Reps	Level	Level #	Points	Adj Points
Kevin	Prescribed	4	15	1	563	Prescribed	4	4	4
Pete	Prescribed	4	17	2	670	Prescribed	4	1	1
David	Prescribed	4	36	3	462	Prescribed	4	6	6
Darrin	Prescribed	4	54	5	386	Prescribed	4	12	12
Fr. Justin	Prescribed	4	54	5	620	Prescribed	4	3	3
Alex Lutwack	Prescribed	4	53	4		--Select One--	0	16	16
Ryan Clary	Prescribed	4	54	5	625	Prescribed	4	2	2
Alex Gundy	Prescribed	4	76	8		--Select One--	0	16	16
Bobby	Prescribed	4	78	9		--Select One--	0	16	16
Paul	Prescribed	4	82	10		--Select One--	0	16	16
Rich Barto	Prescribed	4	99	11		--Select One--	0	16	16
Abe	Prescribed	4	102	12		--Select One--	0	16	16
Terry	Prescribed	4	104	13		--Select One--	0	16	16
Ryan S.	Prescribed	4	108	14		--Select One--	0	16	16
Ed	Prescribed	4	119	15		--Select One--	0	16	16
Curt	Prescribed	4	120	16		--Select One--	0	16	16
Alan	Performance	2	17	1	399	Prescribed	4	4	3
Zach	Performance	2	28	2	565	Competition	3	1	4
Chad	Performance	2	35	3	401	Performance	2	3	7
Jason Cook	Performance	2	43	4	529	Prescribed	4	1	1
Robert Fitt	Performance	2	50	5	487	Performance	2	1	5
Steve G	Performance	2	55	6	379	Performance	2	4	8
John Hubbard	Performance	2	56	7	324	Performance	2	8	12
Jose	Performance	2	74	8	350	Performance	2	7	11
Norm	Performance	2	79	9		--Select One--	0	22	22
Mike Matobe	Performance	2	81	10	369	Performance	2	6	10
Doug	Performance	2	89	11		--Select One--	0	22	22
Tommy R	Performance	2	95	12		--Select One--	0	22	22
Roy	Performance	2	95	12	370	Performance	2	5	9
Ken Marsh	Performance	2	96	14		--Select One--	0	22	22
Tom	Performance	2	104	15	409	Performance	2	2	6
Casey	Performance	2	118	16		--Select One--	0	22	22
Dan Hackett	Performance	2	122	17	427	Prescribed	4	2	2
Bob M.	Performance	2	129	18		--Select One--	0	22	22
Parag	Performance	2	137	19		--Select One--	0	22	22
Shobhit	Performance	2	140	20		--Select One--	0	22	22
Sumeet	Performance	2	142	21		--Select One--	0	22	22
Alex C	Performance	2	146	22		--Select One--	0	22	22
	n/a	0	292	292		--Select One--	0	22	22
	n/a	0	292	292		--Select One--	0	22	22
	n/a	0	292	292		--Select One--	0	22	22
Dale	Masters	2	8	1		--Select One--	0	3	3
Mario	Masters	2	17	2		--Select One--	0	3	3
Don	Masters	2	17	2		--Select One--	0	3	3
Lee	Fitness	1	10	1		--Select One--	0	2	2
Tate P	Fitness	1	13	2		--Select One--	0	2	2
Matt A	Competition	3	17	1	323	Prescribed	4	2	4
Quinn	Competition	3	22	2	405	Prescribed	4	2	2
Chris Johnston	Competition	3	32	3	394	Prescribed	4	2	3
James	Competition	3	38	4	420	Prescribed	4	2	1
Adam Guy	Competition	3	59	5		--Select One--	0	14	14
Rick	Competition	3	70	6		--Select One--	0	14	14
Rich G	Competition	3	71	7		--Select One--	0	14	14
Scott Hadley	Competition	3	73	8		--Select One--	0	14	14
Corey	Competition	3	75	9		--Select One--	0	14	14
Brett King	Competition	3	76	10		--Select One--	0	14	14
Marcus E	Competition	3	83	11		--Select One--	0	14	14
Danny Sheftman	Competition	3	84	12		--Select One--	0	14	14
Andrew	Competition	3	86	13		--Select One--	0	14	14
Josh Powers	Competition	3	93	14		--Select One--	0	14	14