

# Worldwide Biomass Combustion: Energy, Air Pollution, and Health

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International Biomass Smoke  
Health Effects Conference

University of Montana, Missoula  
Center for Environmental Health Sciences

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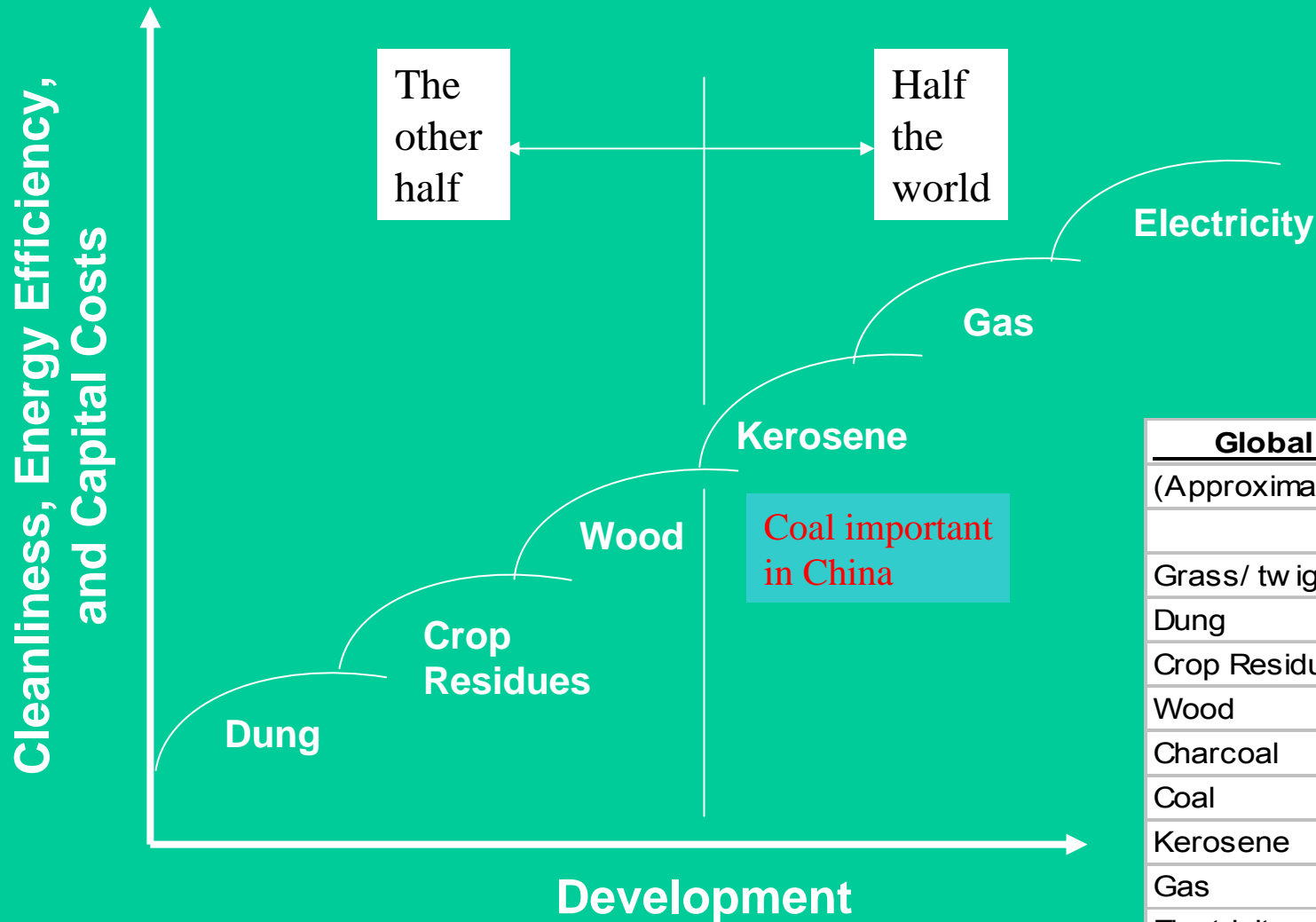
# Itinerary Biomass Combustion

- Biomass combustion in the world
  - Fuel and non-fuel
  - Rich and poor
- Air pollution from biomass
  - Emissions
  - Exposures
- Health effects
  - Burden of disease calculations
  - Randomized trial in Guatemala

# Oldest Pollution Source in Human History

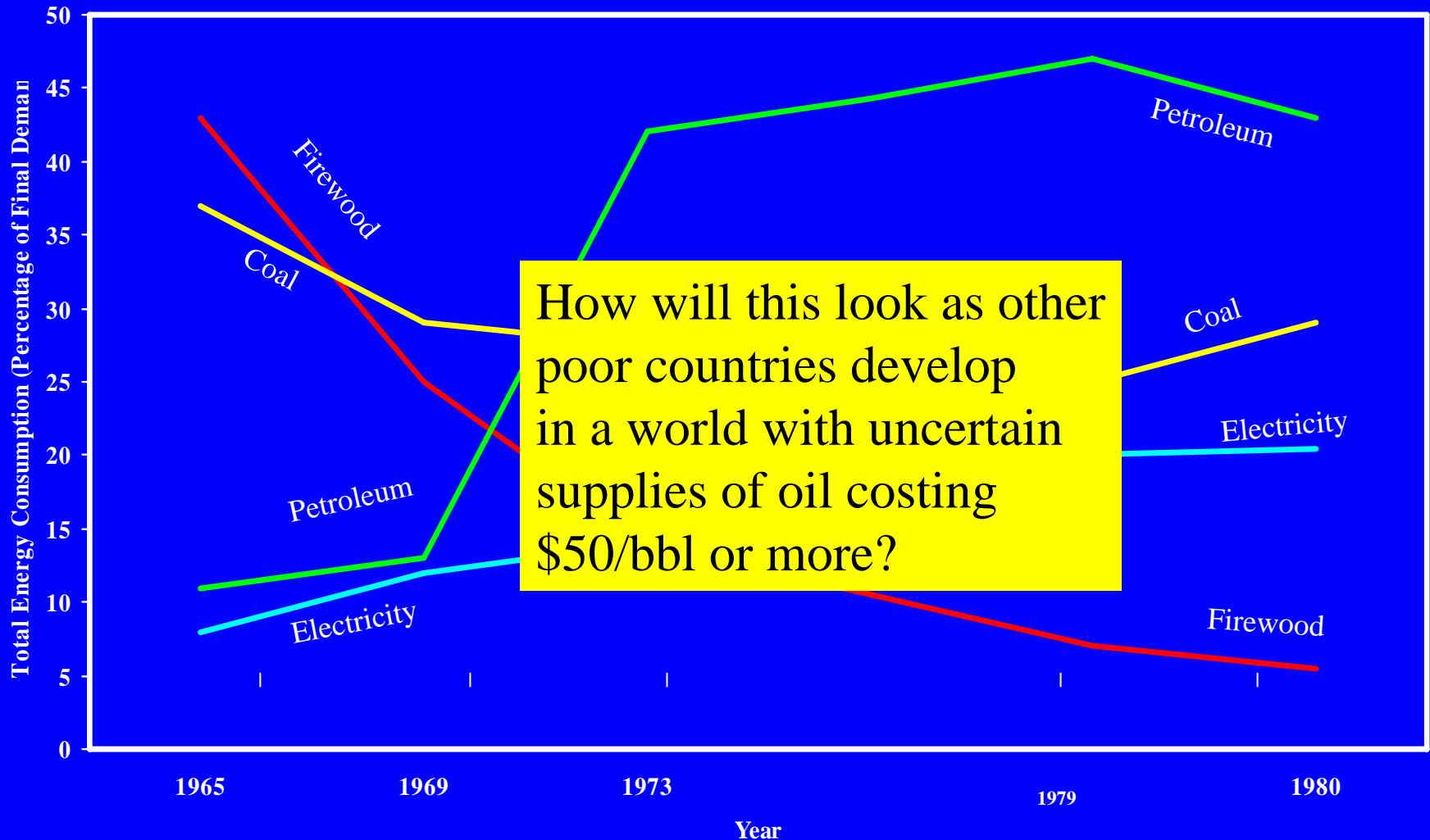


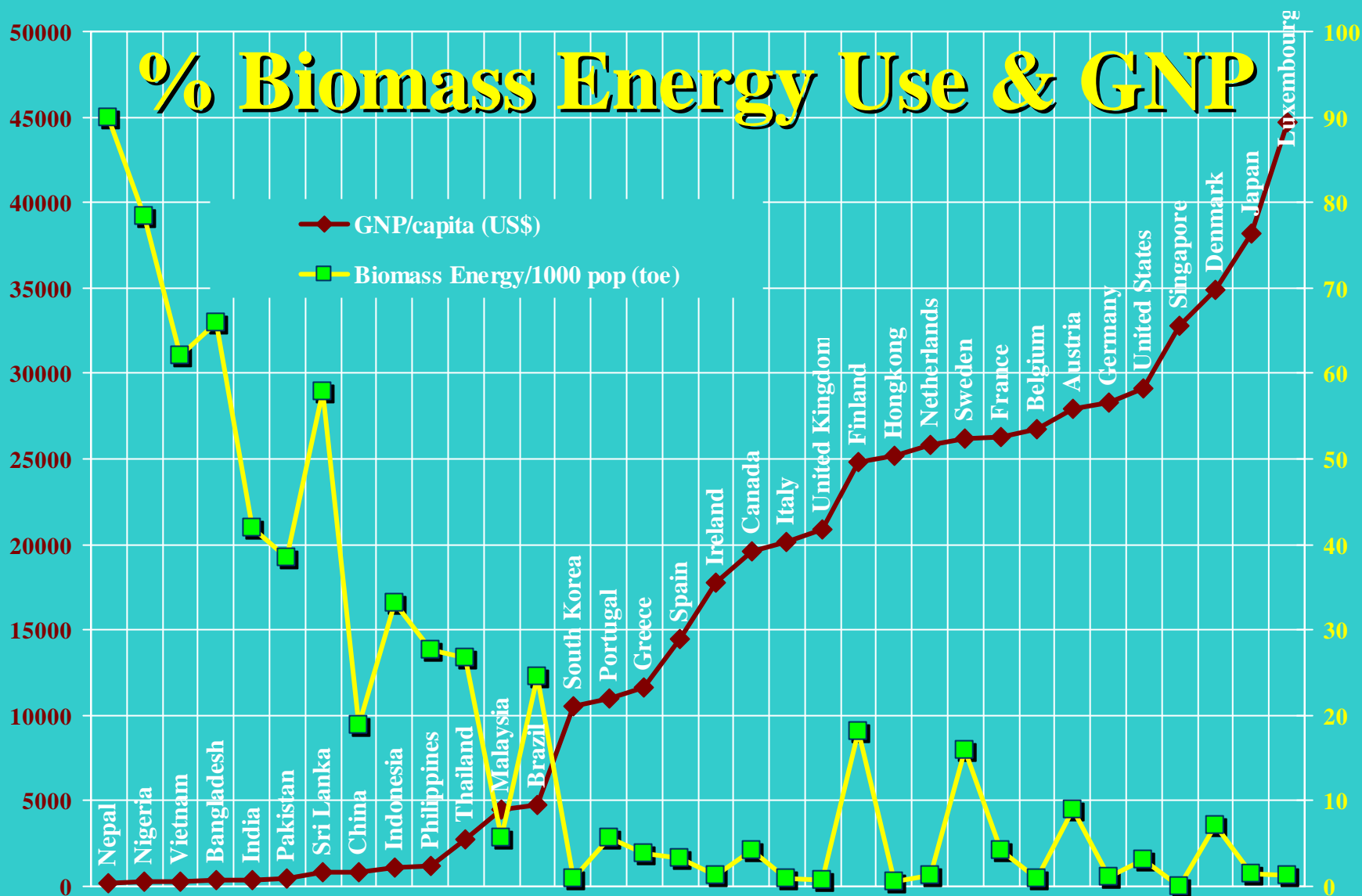
# Typical Household Energy Ladder



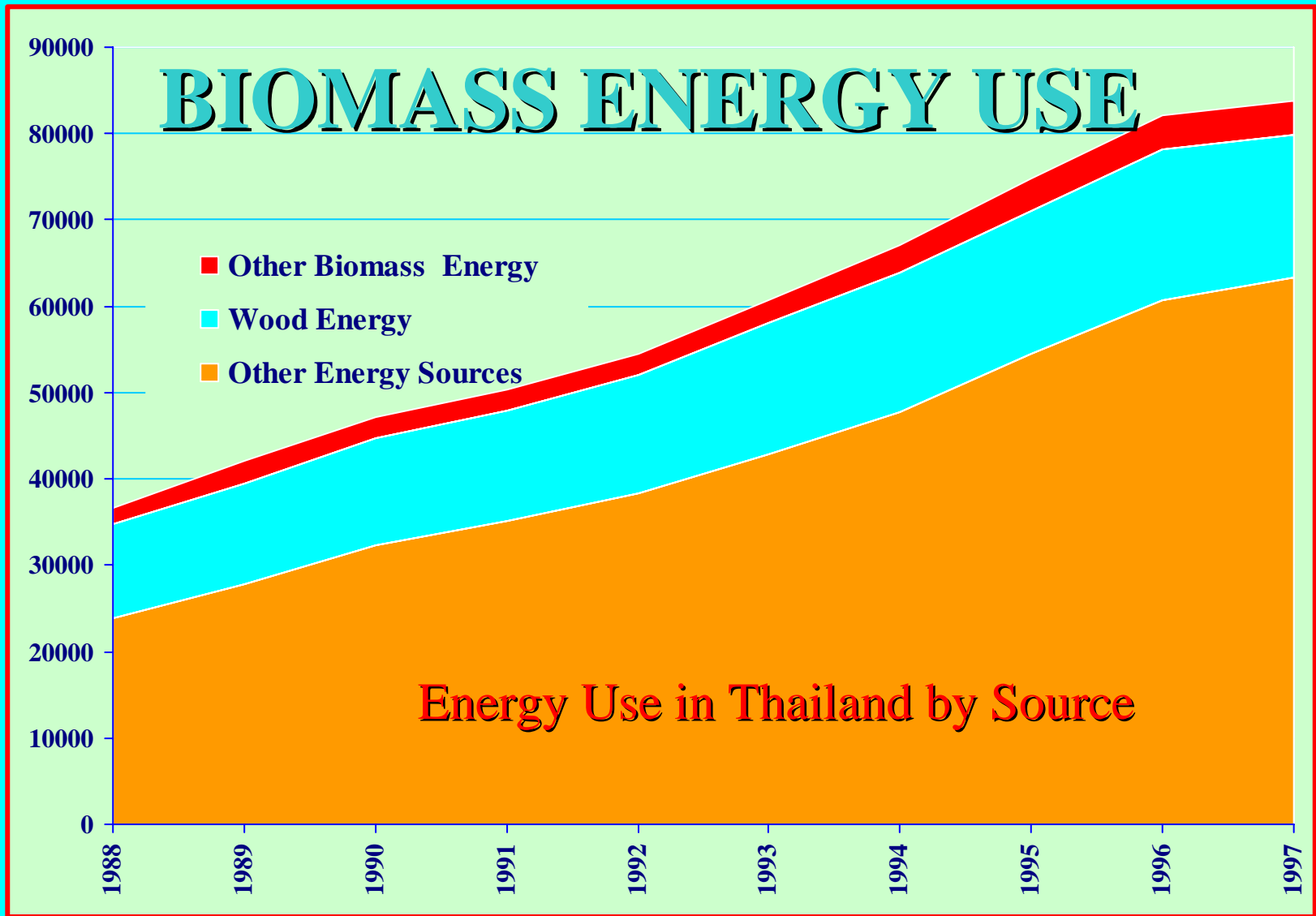
Global Energy Ladder		
(Approximate % of Population)		
Grass/ tw igs	2	
Dung	4	
Crop Residues	18	
Wood	22	
Charcoal	4	
Coal	6	
Kerosene	10	
Gas	20	
Electricity	14	
1% = 60 million people		

# Post - Biomass Energy Transition in the Republic of Korea, 1965-1980





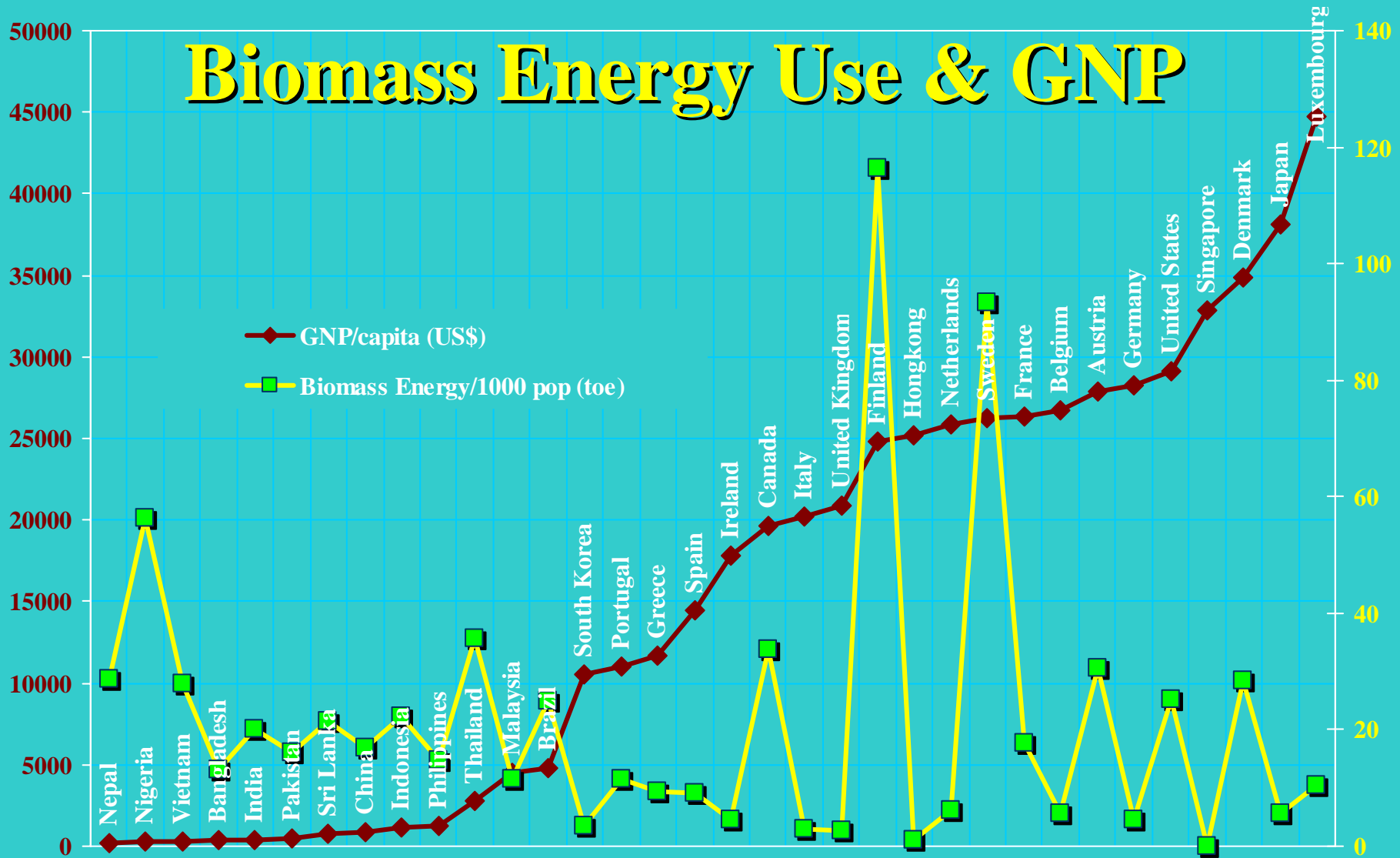
Source: RWEDP



Source: RWEDP



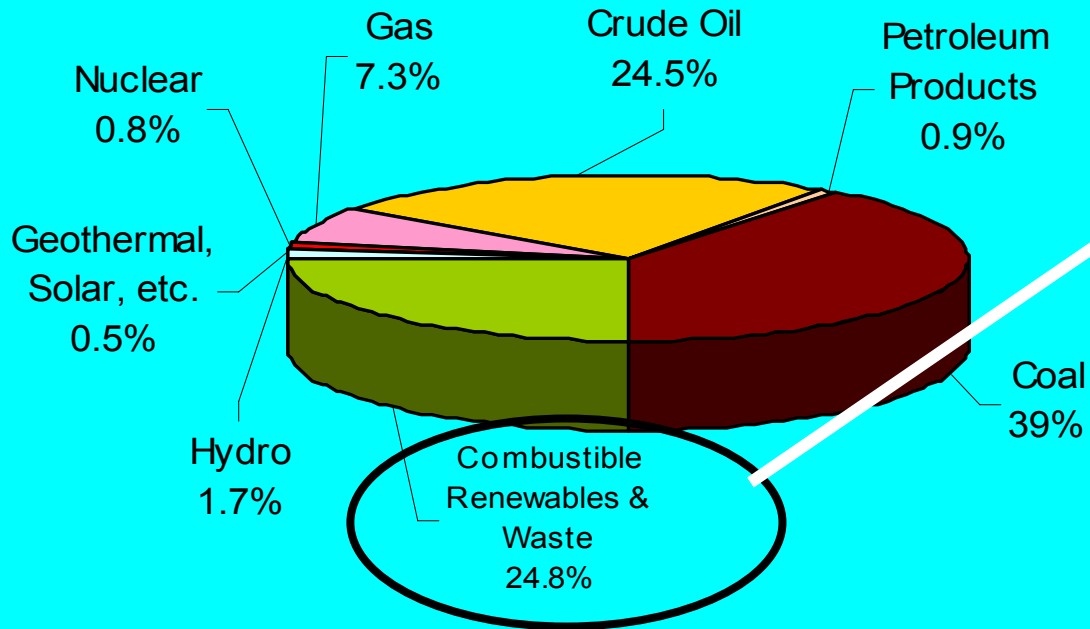
# Biomass Energy Use & GNP



Source: RWEDP

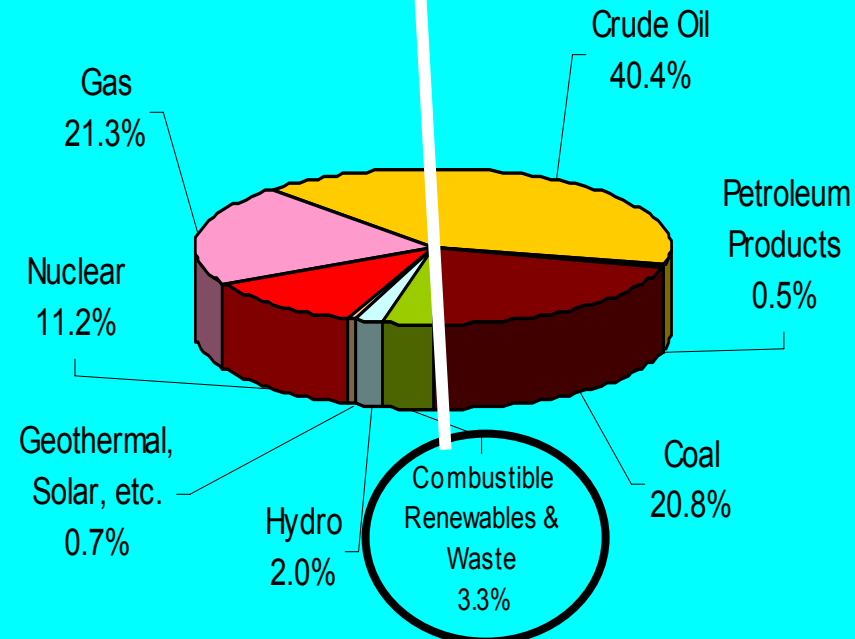


## Asia Pacific shares of 2.31 Gtoe



Approximately  
equal per capita  
consumption!

## OECD shares of 5.33 Gtoe



WEA, 2004

# Cumulative Percent of World Population

0

50

100

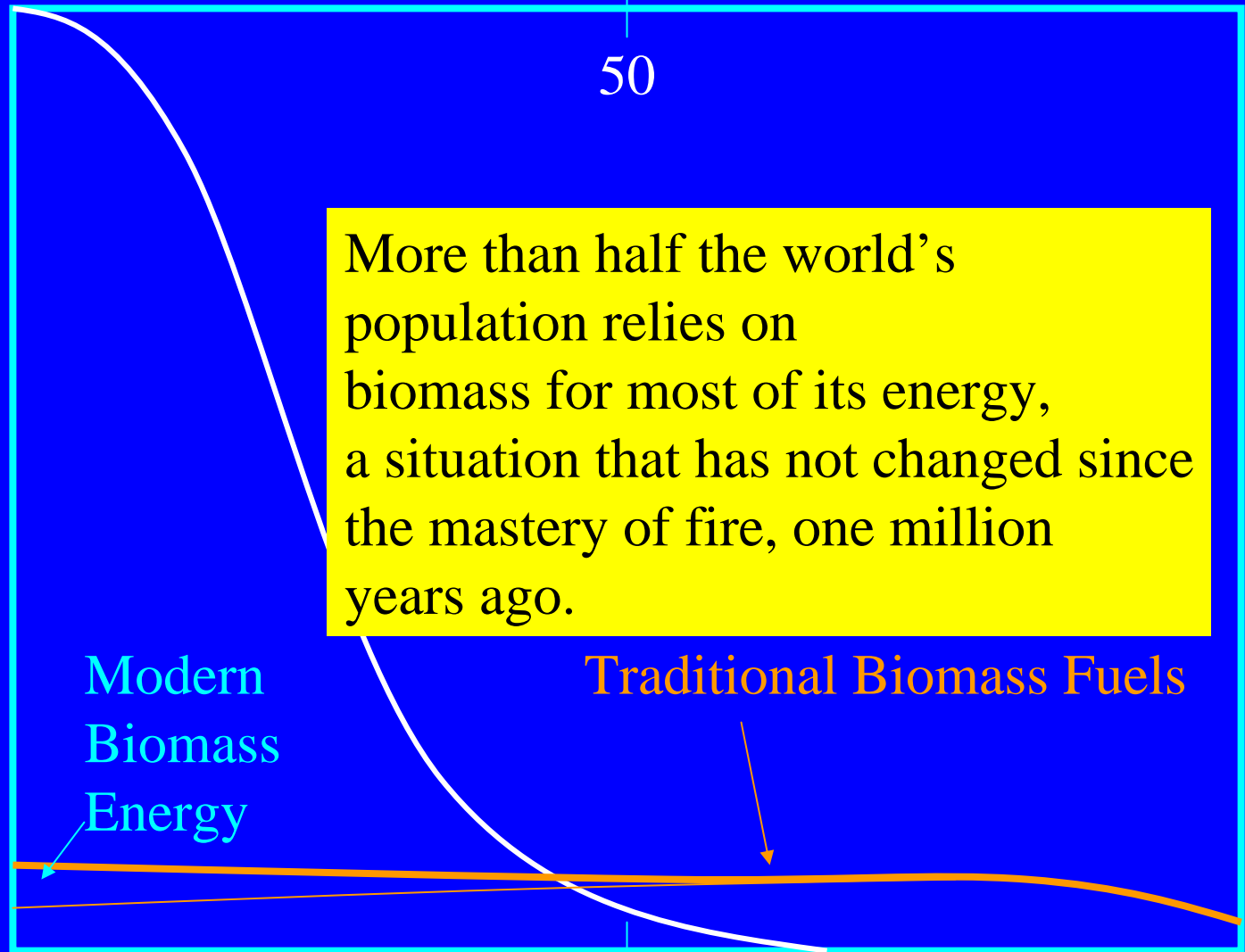
Energy per  
capita

More than half the world's population relies on biomass for most of its energy, a situation that has not changed since the mastery of fire, one million years ago.

Modern  
Biomass  
Energy

Traditional Biomass Fuels

Income

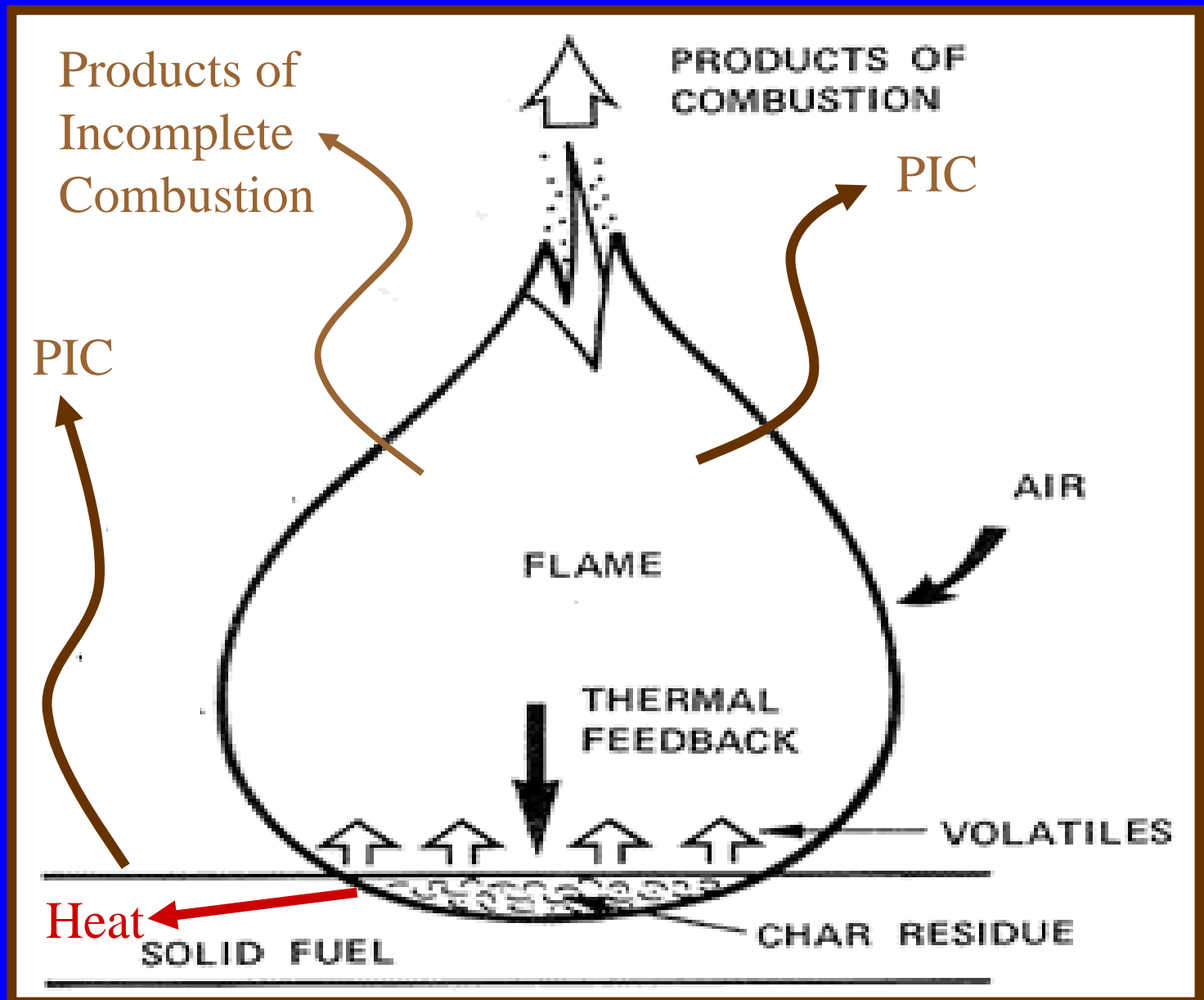


# Woodsmoke is natural – how can it hurt you?

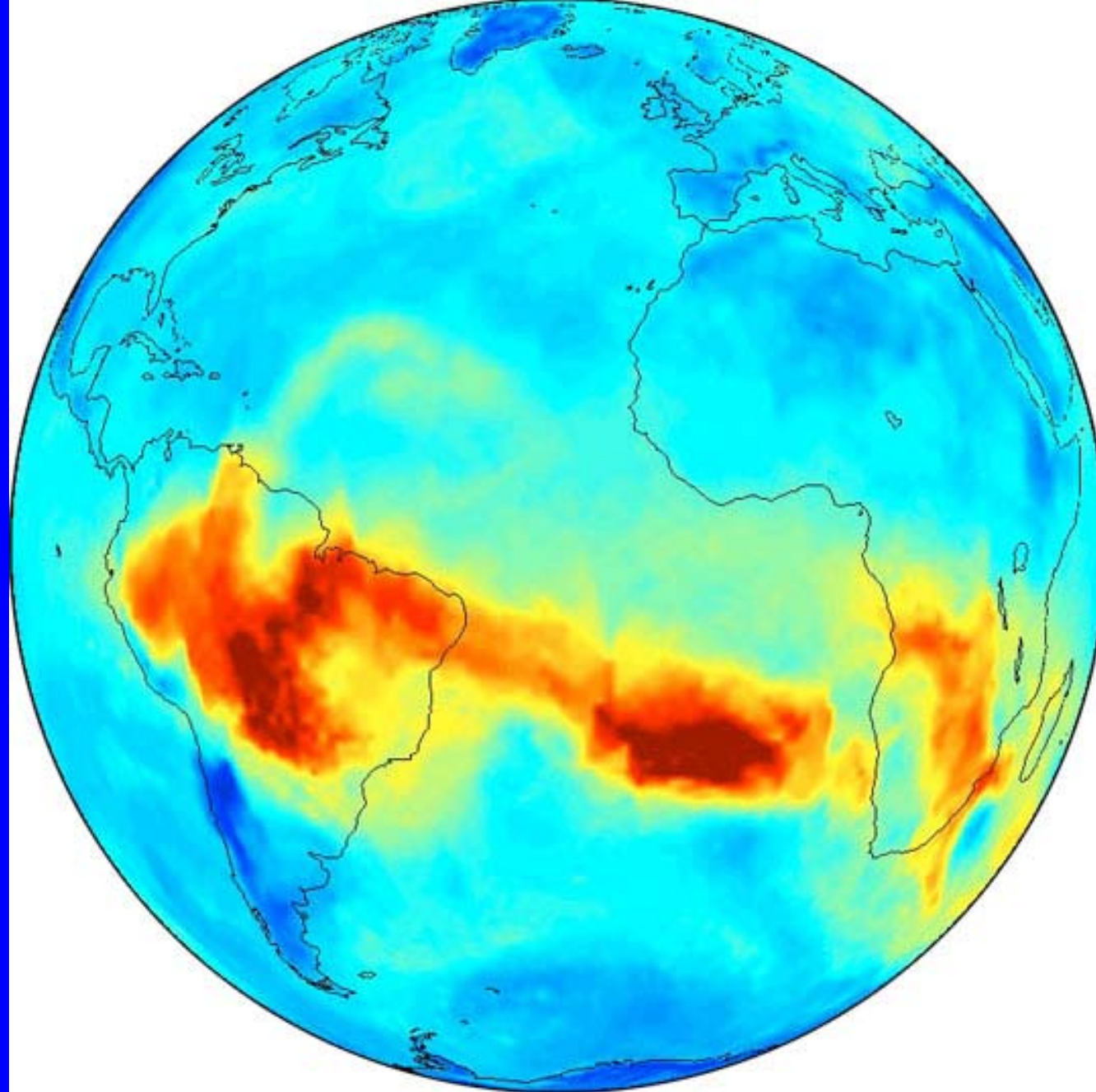
Or, since wood is mainly just carbon, hydrogen, and oxygen, doesn't it just change to  $\text{CO}_2$  and  $\text{H}_2\text{O}$  when it is combined with oxygen (burned)?



Reason: the combustion efficiency is far less than 100%



CO levels  
Sep 2005



Total Column Carbon Monoxide (molecules/cm<sup>2</sup>)



# Indian Cookstoves

## Nominal Combustion Efficiency

- Gas: 99% (98-99.5)
- Kerosene: 97 (95-98)
- Solid Fuels
- Wood: 89 (81-92)
- Crop resid: 85 (78-91)
- Dung: 84 (81-89)
- Coal (variable)

NCE = Carbon as CO<sub>2</sub>  
/carbon in fuel burned

Source: Smith, et al, 2000  
Census, 2001



First person in human history to have her exposure measured doing one of the oldest tasks in human history



Filter

Kheda District,  
Gujarat, India  
1981

Pump

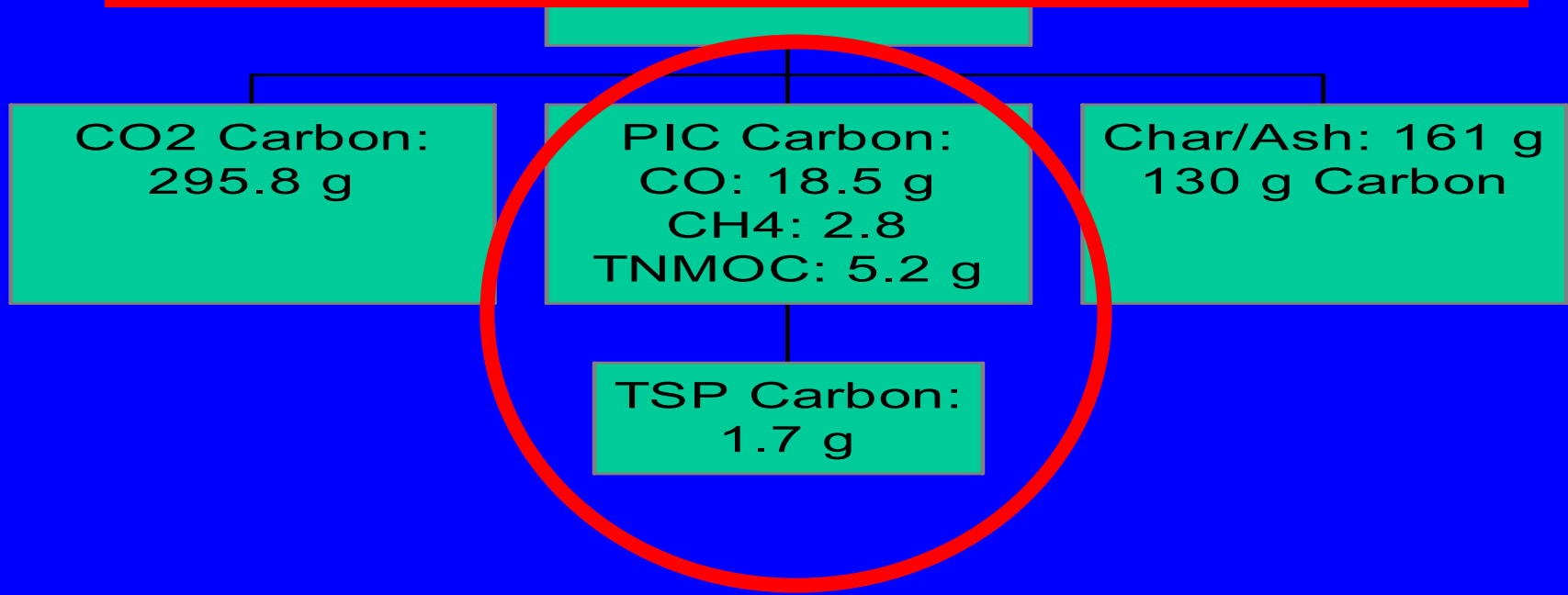
What kind of exposures?



# Carbon Balance:

A Toxic Waste Factory!!

Typical biomass cookstoves convert 6-20% of the fuel carbon to toxic substances



Nominal Combustion Efficiency =  $1/(1+k) = 89\%$

# Toxic Pollutants in Biomass Fuel Smoke from Simple (poor) Combustion

- Small particles, **Best measure of risk**
- Hydrocarbons **~ 0.1-0.4% of fuel weight**
  - 25+ saturated hydrocarbons such as *n-hexane*
  - 40+ unsaturated hydrocarbons such as *1,3 butadiene*
  - 28+ mono-aromatics such as *benzene & styrene*
  - 20+ polycyclic aromatics such as *benzo( $\alpha$ )pyrene*
- Oxygenated organics
  - 20+ aldehydes including *formaldehyde & acrolein*
  - 25+ alcohols and acids such as *methanol*
  - 33+ phenols such as *catechol & cresol*
  - Many quinones such as *hydroquinone*
  - Semi-quinone-type and other radicals
- Chlorinated organics such as *methylene chloride* and *dioxin*

Naehrer et al.  
2007, JIT

# Size Distribution of Biomass Smoke Particles

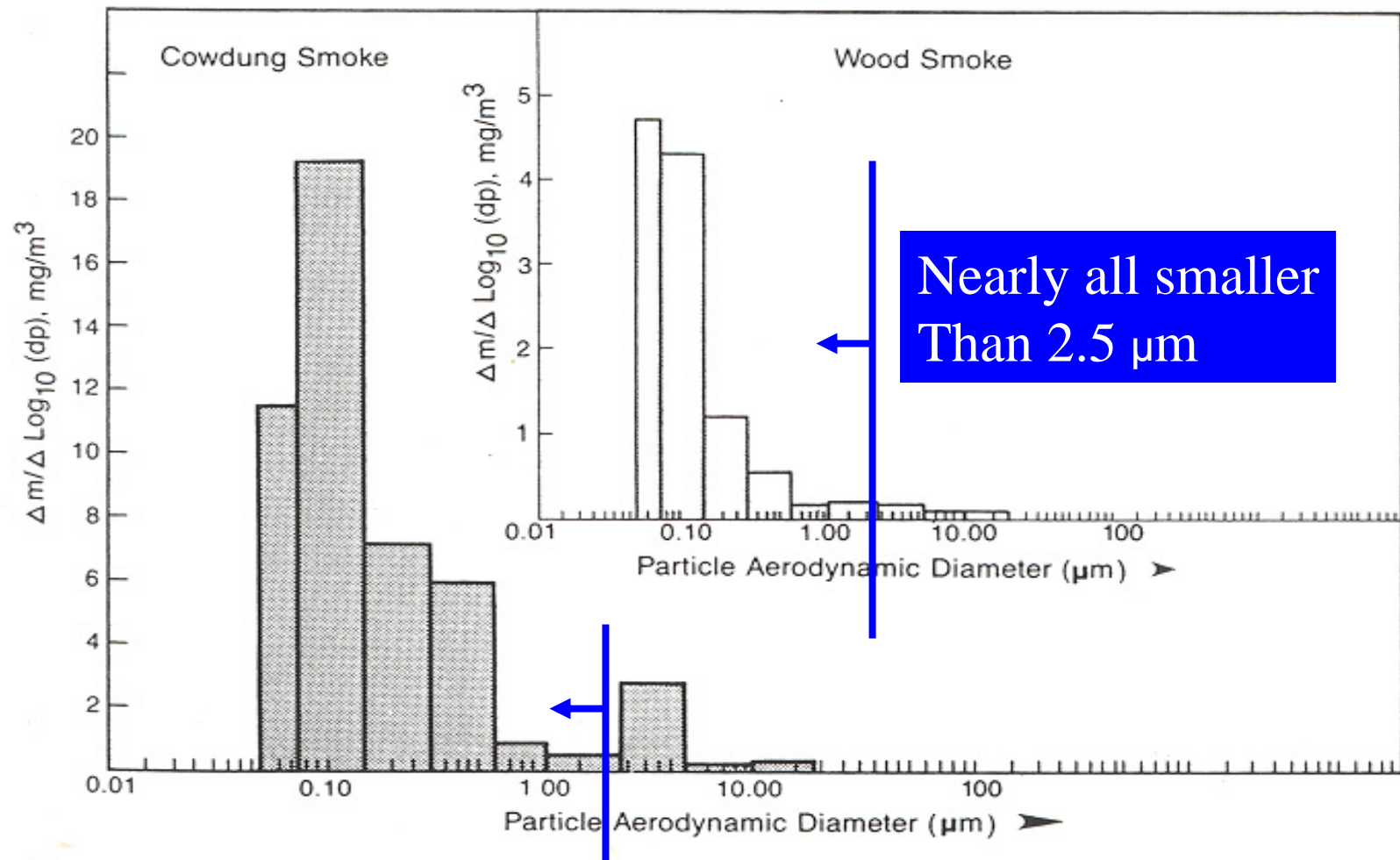


Figure 2.2. Size distribution of woodsmoke and dungsmoke particles. Measurements taken in the East-West Center simulated village house as reported in Smith *et al.* (1984b). (Figure prepared by Premlata Menon.)

# Indoor pollution concentrations from typical woodfired cookstove during cooking

Indoor Levels

Wood: 1.0 kg  
Per Hour  
in 15 ACH  
40 m<sup>3</sup> kitchen

Carbon Monoxide:  
150 mg/m<sup>3</sup>

Particles  
3.3 mg/m<sup>3</sup>

Benzene  
0.8 mg/m<sup>3</sup>

1,3-Butadiene  
0.15 mg/m<sup>3</sup>

Formaldehyde  
0.7 mg/m<sup>3</sup>

10 mg/m<sup>3</sup>

0.1 mg/m<sup>3</sup>

0.002 mg/m<sup>3</sup>

0.0003 mg/m<sup>3</sup>

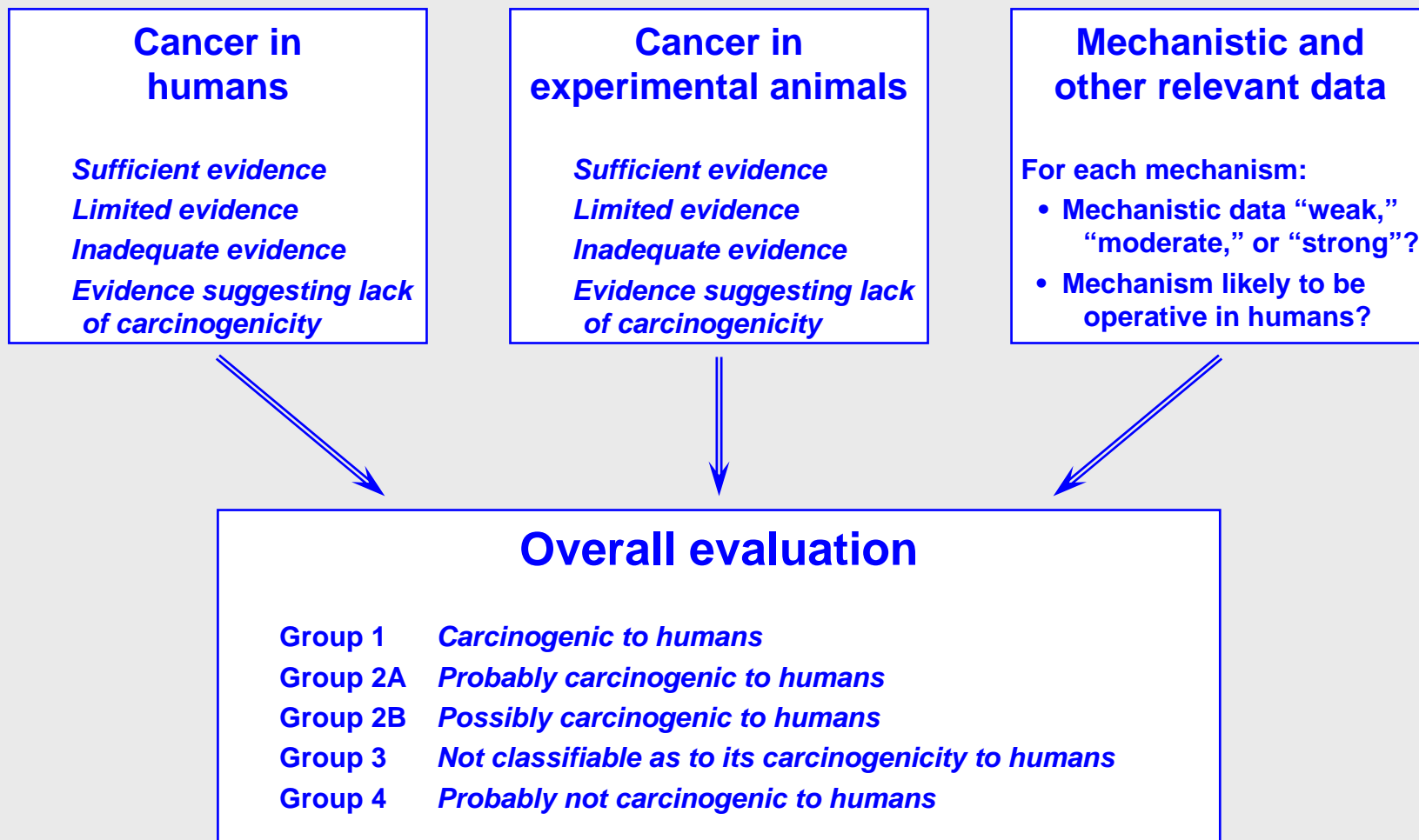
0.1 mg/m<sup>3</sup>

Typical standards to protect health

International Agency  
for Research on Cancer  
(IARC) Group I Carcinogens



## All data contribute to an evaluation





# A tour of IARC's classifications

— Preamble, Part B, Section 6(d)



		EVIDENCE IN EXPERIMENTAL ANIMALS			
		<i>Sufficient</i>	<i>Limited</i>	<i>Inadequate</i>	<i>ESLC</i>
EVIDENCE IN HUMANS	<i>Sufficient</i>				
	<i>Limited</i>				
	<i>Inadequate</i>				
	<i>ESLC</i>				



# Group 1 (*carcinogenic to humans*) whenever there is *sufficient evidence* in humans



		EVIDENCE IN EXPERIMENTAL ANIMALS			
		<i>Sufficient</i>	<i>Limited</i>	<i>Inadequate</i>	<i>ESLC</i>
EVIDENCE IN HUMANS	<i>Sufficient</i>	Group 1			
	<i>Limited</i>				
	<i>Inadequate</i>				
	<i>ESLC</i>				





## Group 2A (probably carcinogenic) with *limited evidence* in humans and *sufficient evidence* in animals

		EVIDENCE IN EXPERIMENTAL ANIMALS			
		<i>Sufficient</i>	<i>Limited</i>	<i>Inadequate</i>	<i>ESLC</i>
EVIDENCE IN HUMANS	<i>Sufficient</i>	Group 1			
	<i>Limited</i>	Group 2A	← Woodsmoke		
	<i>Inadequate</i>				
	<i>ESLC</i>				





WHO Comparative  
Risk Assessment  
Project

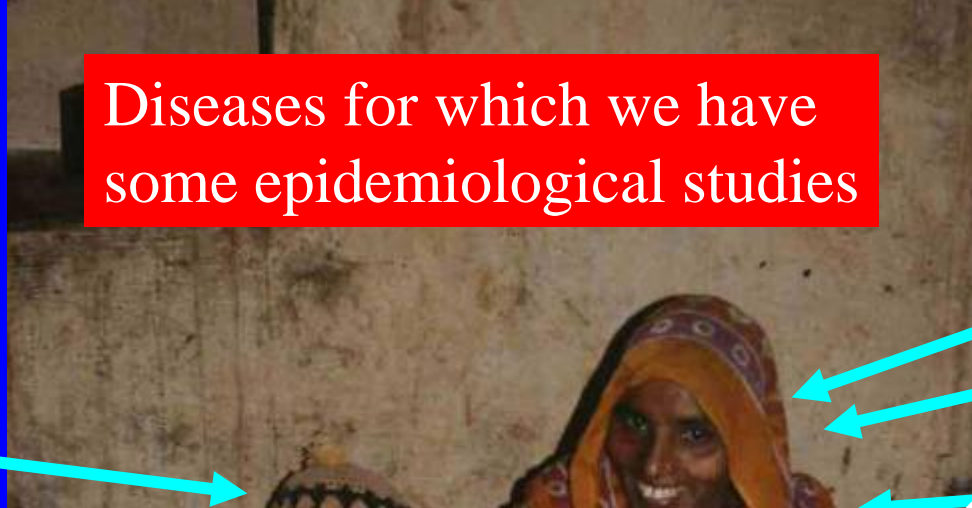
*"Thank God! A panel of experts!"*

Courtesy of Ross Anderson

# Comparative Risk Assessment

- 26 major risk factors
- Common methods and databases
- Consensual discipline on acceptance of evidence
- Mortality and morbidity by age, sex, and 14 world regions
- Lost healthy life years (DALYs) final metric

Diseases for which we have  
some epidemiological studies



ALRI/  
Pneumonia  
(meningitis)

Chronic  
obstructive  
lung disease

Only two qualified with  
sufficient evidence to be  
included in the CRA

# Acute lower respiratory infections (ALRI)

Chief cause of death among the world's children (~2 million per year). Thus, it is the chief global cause of lost healthy life years.

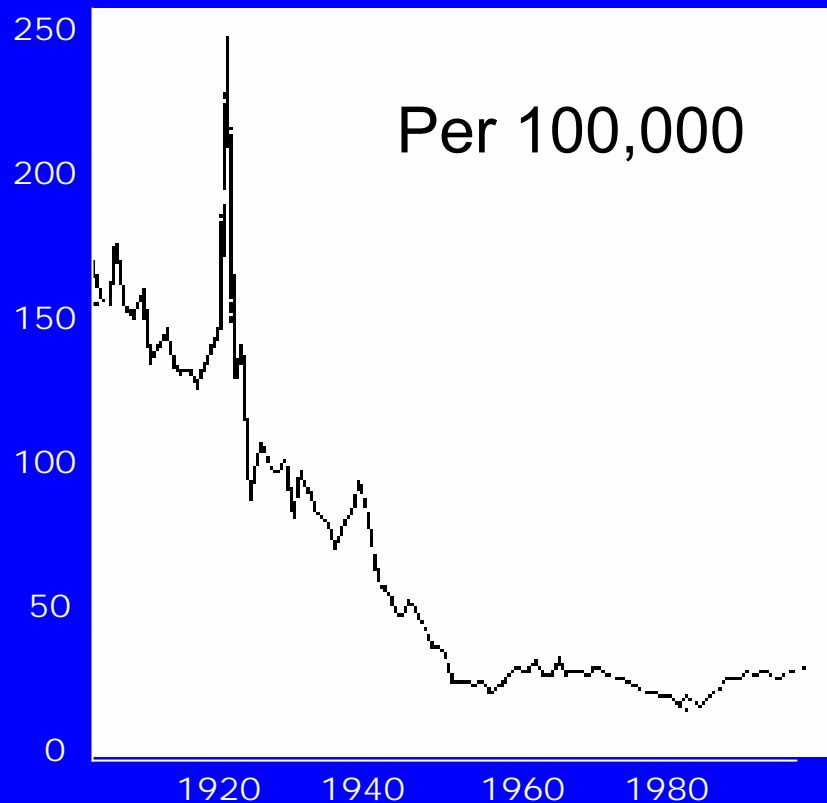
Child mortality occurs almost entirely in developing countries, and as pneumonia.

Well-accepted risk factors (malnutrition, micro-nutrient deficiencies, other diseases, crowding, chilling) do not account for its scale.

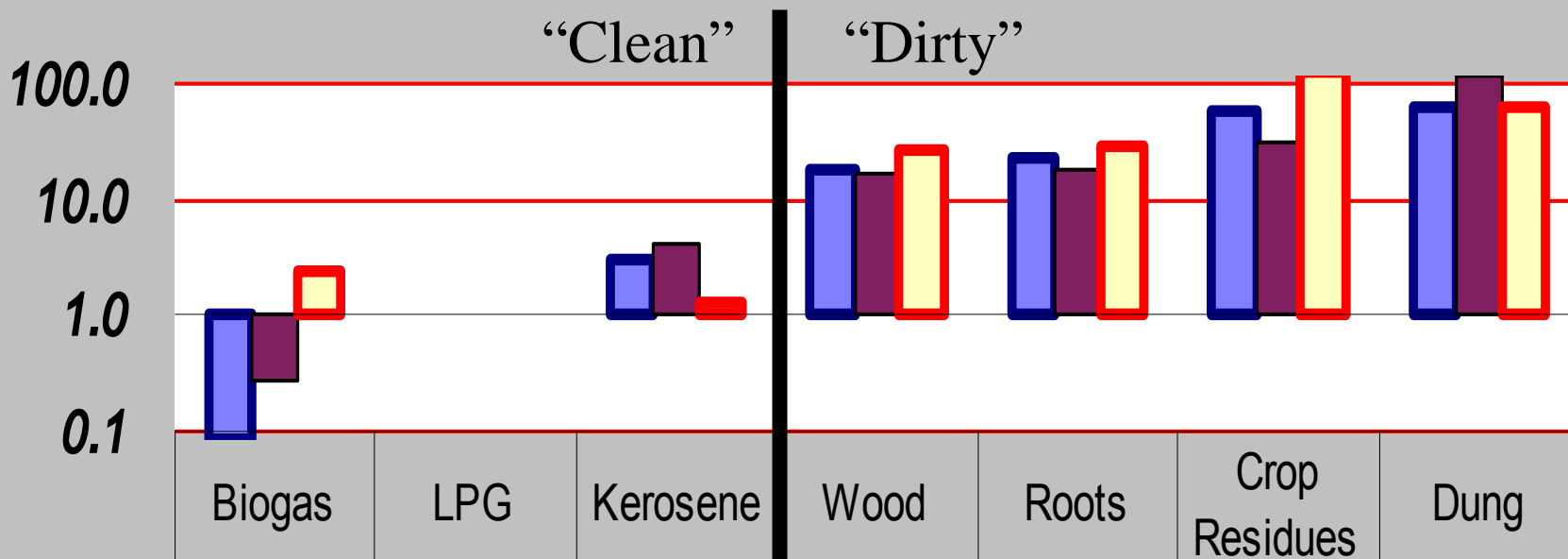
# Pneumonia Deaths in the United States

Not so long ago  
Pneumonia was  
chief cause of  
death in developed  
countries

SOURCE: National Center for  
Health Statistics, 2004. No age  
adjustment



# The Energy Ladder: Relative Pollutant Emissions Per Meal



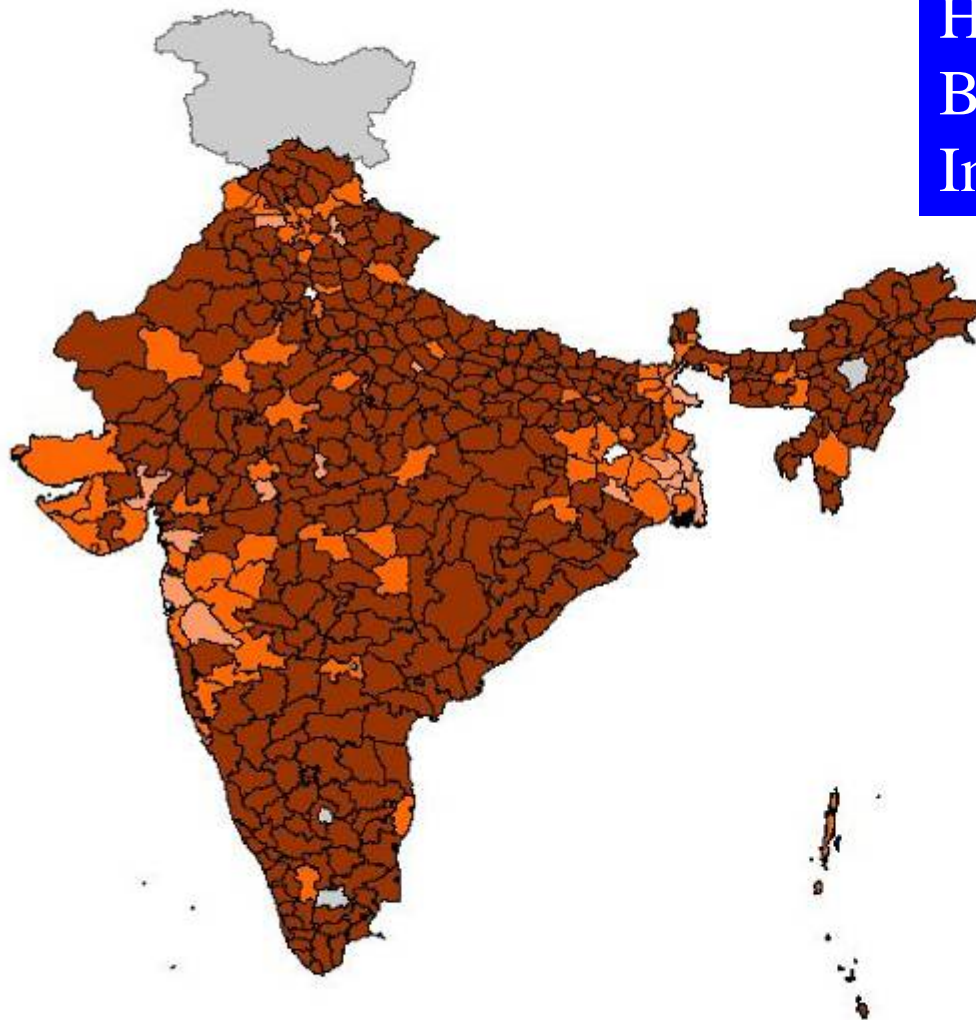
CO	0.1	1.0	3	19	22	60	64
Hydrocarbons	0.3	1.0	4.2	17	18	32	115
PM	2.5	1.0	1.3	26	30	124	63

Smith, et al., 2005

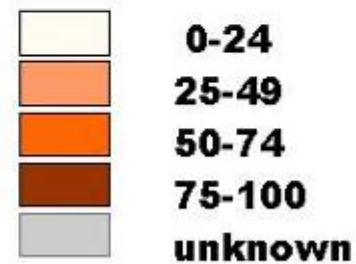
CO Hydrocarbons PM



## Households Using Biomass Fuels In India

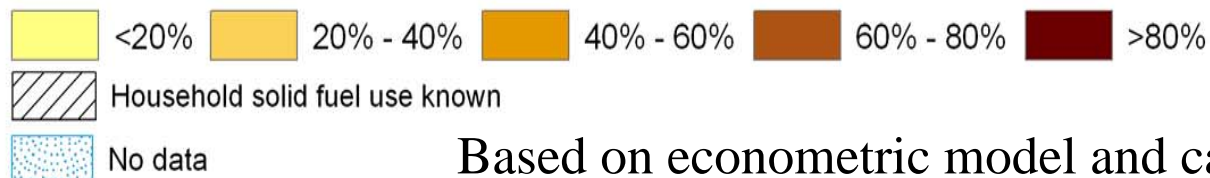
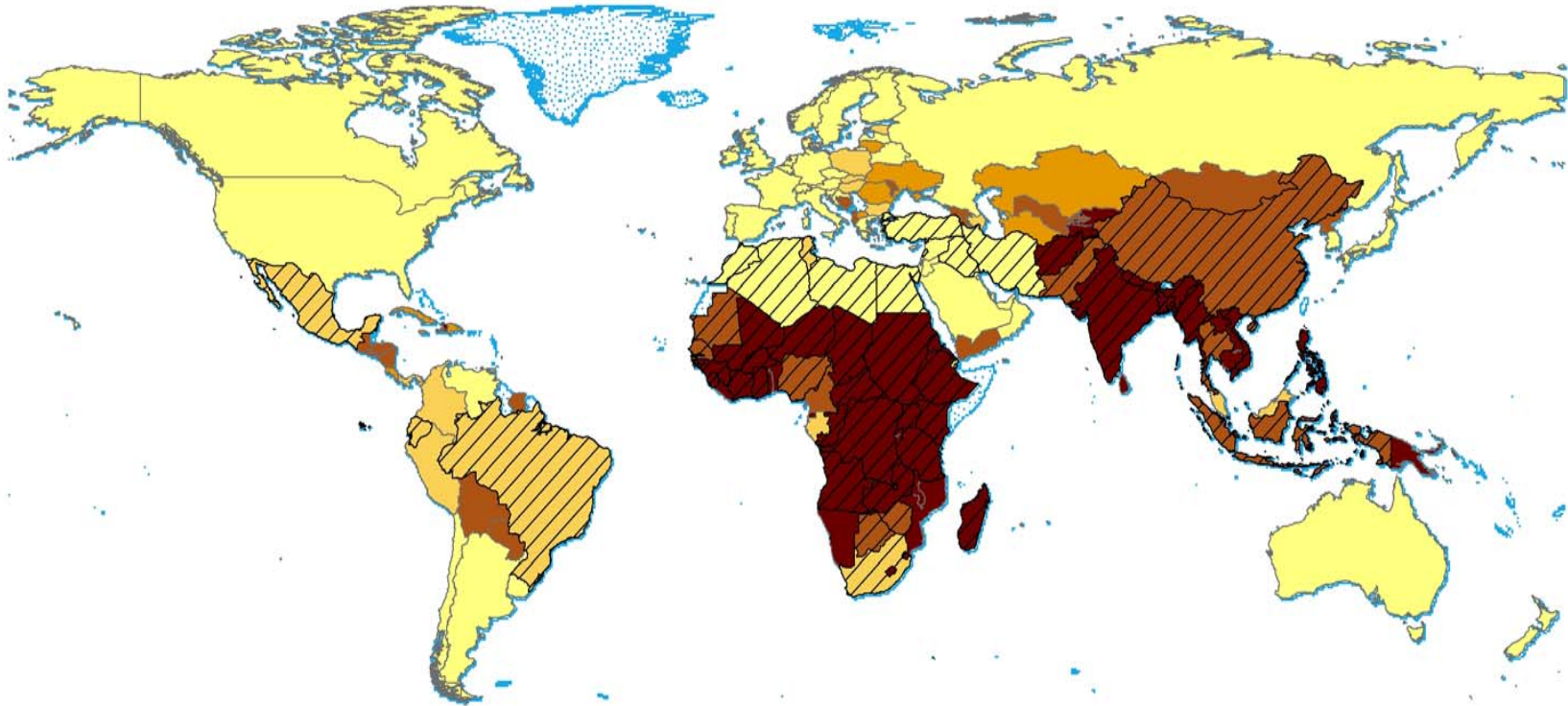


### Percentage of Households



\*Source: Census of India 1991

# National Household Solid Fuel Use, 2000



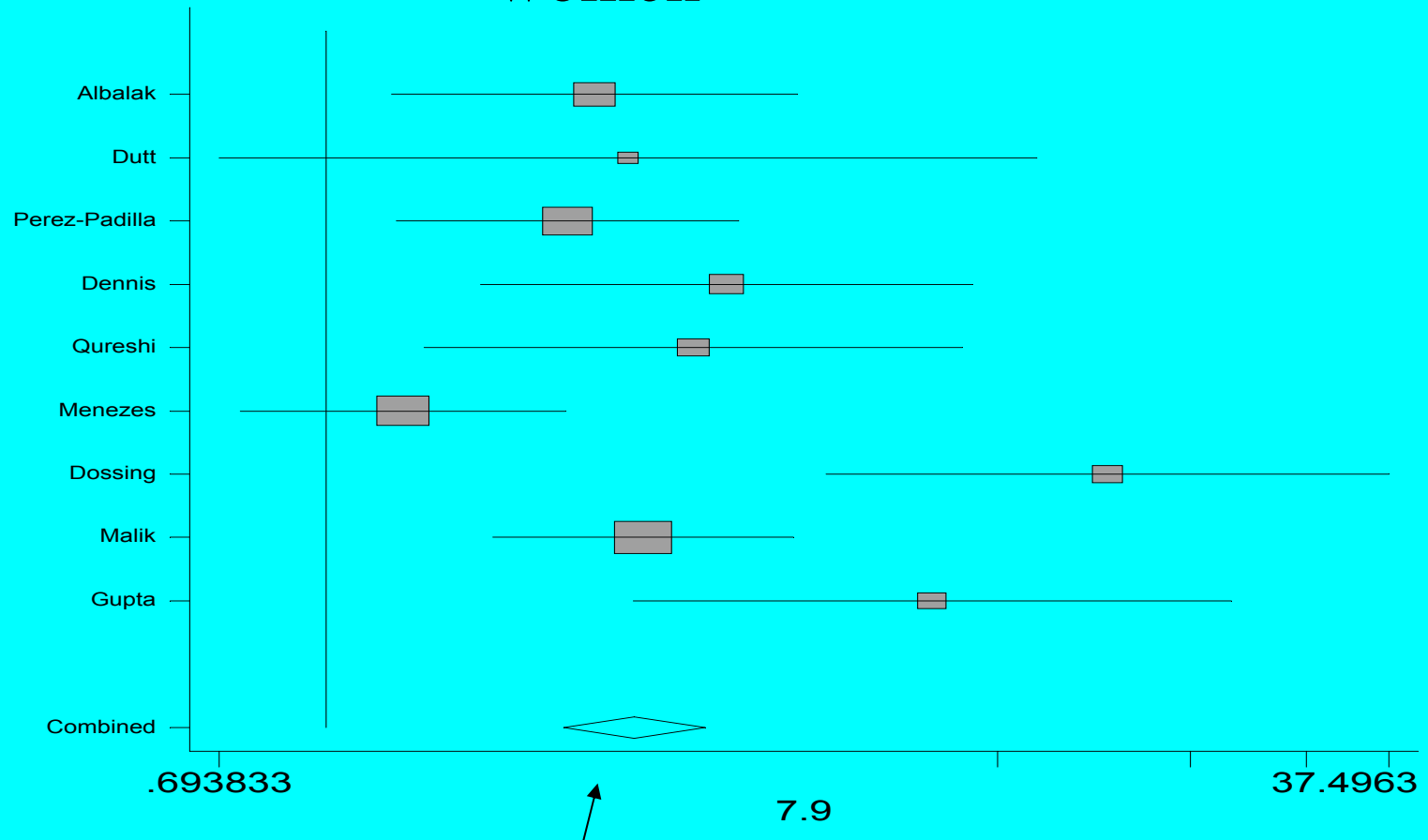
Based on econometric model and calibration  
against household surveys in ~50 countries

# Meta-analysis of studies of ALRI and solid fuels, in children aged <5 years

Subgroup analyses of ~14 studies	Odds ratio (95% CI)
All studies	2.3 (1.9-2.7)
Use of solid fuel	2.0 (1.4-2.8)
Duration of time child spent near the cooking fire	2.3 (1.8-2.9)
Studies not adjusting for nutritional status	2.2 (2.0-3.0)
Children aged <2 years old	2.5 (2.0-3.0)
Children aged <5 years old	1.8 (1.3-2.5)

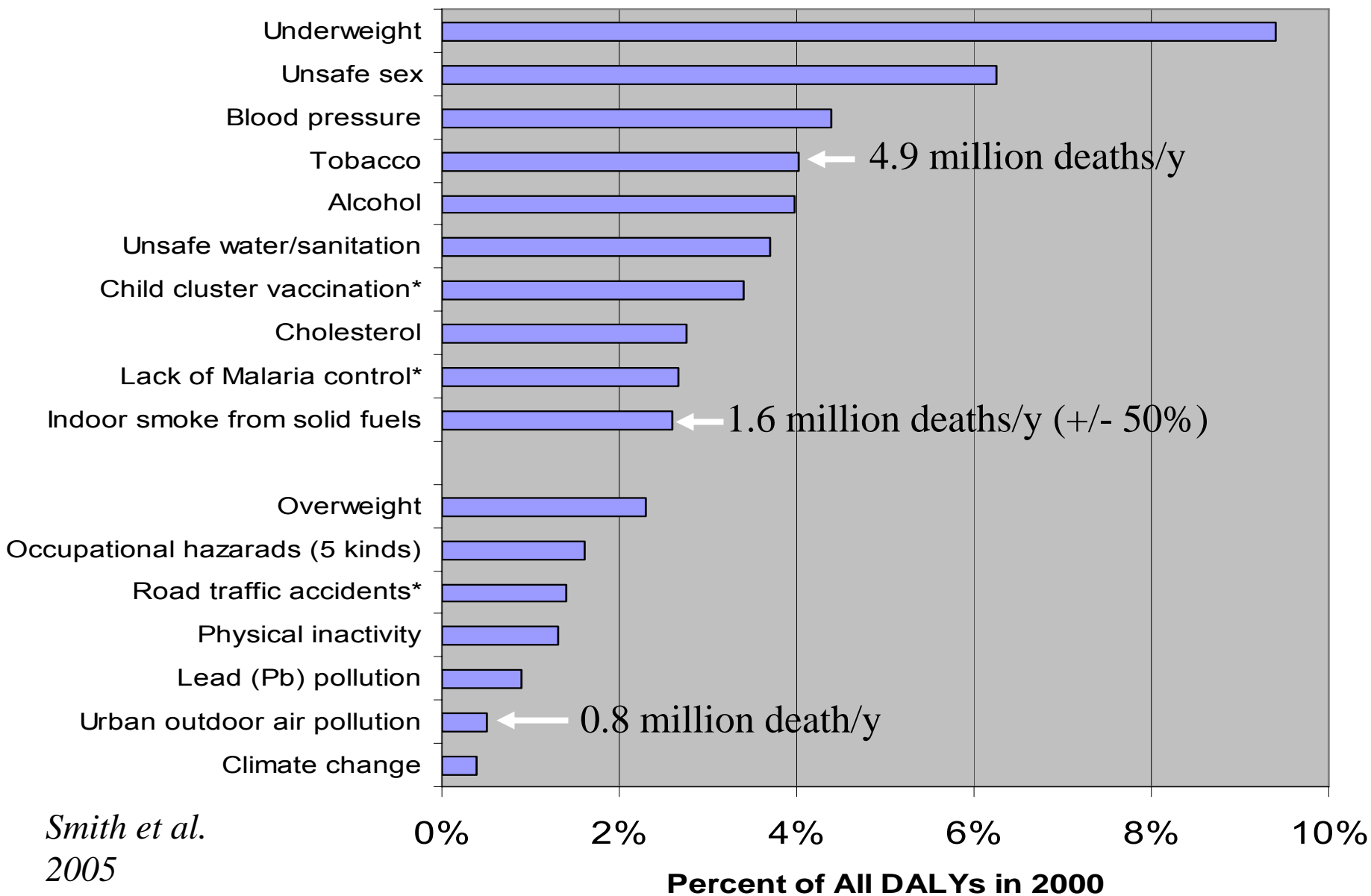
Children in households using solid fuels have twice the rate of serious ALRI

# Meta-analysis of all studies adjusted for age Chronic Obstructive Pulmonary Disease (COPD) in women



**OR = 3.2 (95% CI: 2.3-4.8)**

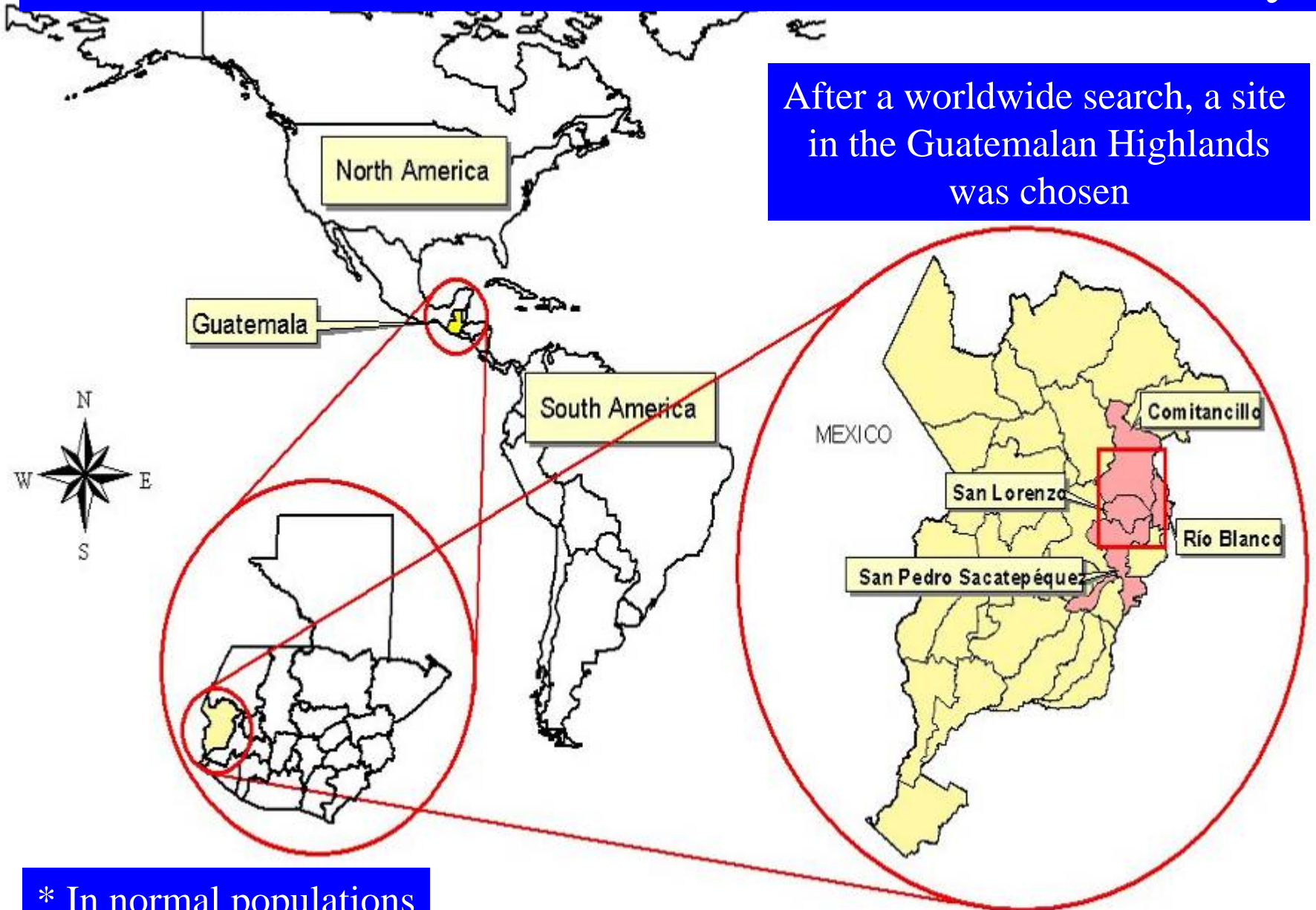
# Global Burden of Disease from Top 10 Risk Factors plus selected other risk factors



# Need for Stronger Evidence

- Problem with observational data
- Randomized control trials (RCTs) are coin of realm in international health
- Decided to do RCT in 1984
- Received funding in 2001
- Publications coming out in 2007

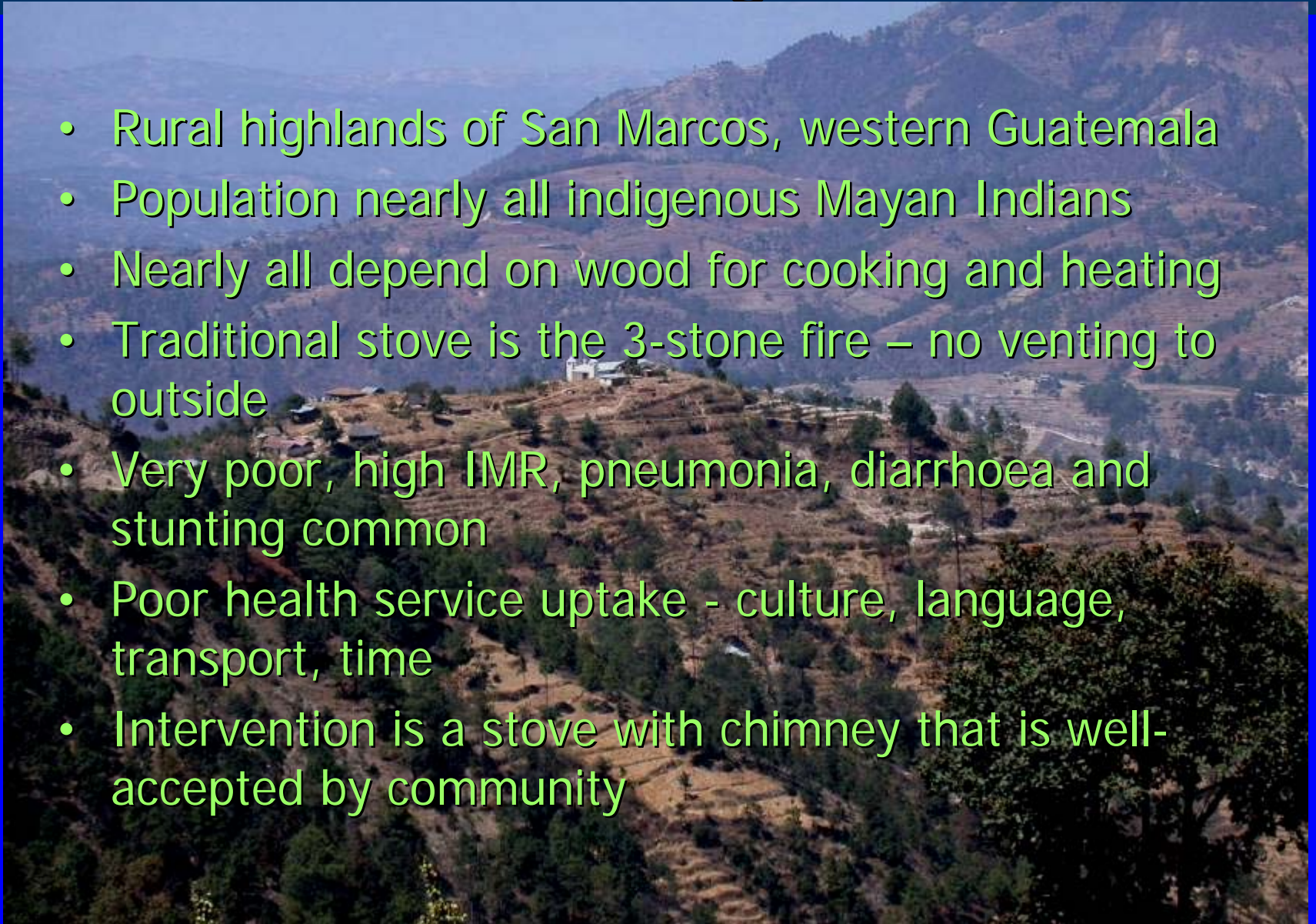
# First Randomized Trial in Air Pollution History\*



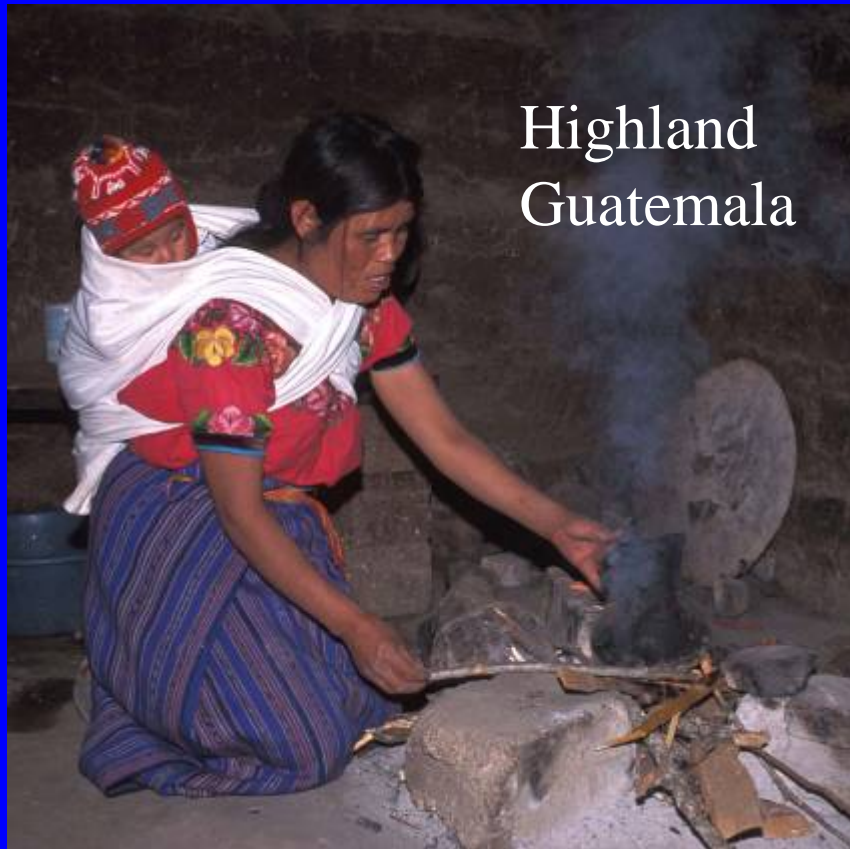


# Setting

- Rural highlands of San Marcos, western Guatemala
- Population nearly all indigenous Mayan Indians
- Nearly all depend on wood for cooking and heating
- Traditional stove is the 3-stone fire – no venting to outside
- Very poor, high IMR, pneumonia, diarrhoea and stunting common
- Poor health service uptake - culture, language, transport, time
- Intervention is a stove with chimney that is well-accepted by community



# RESPIRE: Randomized Exposure Study of Pollution Indoors and Respiratory Effects



Highland  
Guatemala

Traditional 3-stone open fire



*Plancha* chimney wood stove



Need for fast, cheap, and easy monitoring  
for particles so that widespread temporal  
and spatial measurements can be done in  
easily in many places



# Combined Optical and Ionization Measurement Techniques for Inexpensive Characterization of Micrometer and Submicrometer Aerosols

Chark  
and T

<sup>1</sup>Pittsbu

<sup>2</sup>School

<sup>3</sup>School

<sup>4</sup>EME S

## TECHNICAL PAPER

## An Inexpensive Dual-Chamber Particle Monitor: Laboratory Characterization

Rufus Edwards  
*School of Social Ec  
 University of Califoi*

Kirk R. Smith  
*School of Public Hi*

Brent Kirby  
*Chemistry Departm*

Tracy Allen  
*Electronically Monit*

Charles D. Litton  
*Pittsburgh Researc  
 Disease Control an*

Susanne Hering  
*Aerosol Dynamics,*

ISSN 1047-3289 J. Air &  
 Copyright 2006 Air & Waste

CREATED USING THE RSC ARTICLE TEMPLATE (VER. 2.1) - SEE WWW.RSC.ORG/ELECTRONICFILES FOR DETAILS

## ARTICLE

Journal of Environmental Monitoring

## An inexpensive light-scattering particle monitor: field validation

Zohir Chowdhury,<sup>a</sup> Rufus Edwards,<sup>b</sup> Michael Johnson,<sup>c</sup> Kyra Naumoff Shields,<sup>a</sup> Tracy Allen,<sup>d</sup> Eduardo Canuz<sup>a</sup> and Kirk R. Smith<sup>a</sup>

*Receipt/Acceptance Data: Forthcoming 2007*

*Publication data*

DOI: 10.1039/b000000x

We have developed a small, light, passive, inexpensive, datalogging particle monitor called the "UCB" (University of California Berkeley Particle Monitor). Following previously published laboratory assessments, we present here results of tests of its performance in field settings. We demonstrate the mass sensitivity of the UCB in relation to gravimetric filter-based PM<sub>2.5</sub>, mass estimates as well as commercial light-scattering instruments co-located in field chamber tests and in kitchens of wood-burning households. Although requiring adjustment for differences in sensitivity, Inter-monitor performance was consistently high ( $r^2 > 0.99$ ). Moreover, the UCB can consistently estimate PM<sub>2.5</sub> mass concentrations in wood-burning kitchens (Pearson  $r^2 = 0.885$ ;  $N = 99$ ), with good agreement between duplicate measures (Pearson  $r^2 = 0.940$ ;  $N = 88$ ). In addition, with appropriate cleaning of the sensing chamber, UCB mass sensitivity does not decrease with time when used intensively in open woodfire kitchens, demonstrating the significant potential of this monitor.

## ABSTRACT

In developing countries, hly from the use of coal and bio ing and heating are a major



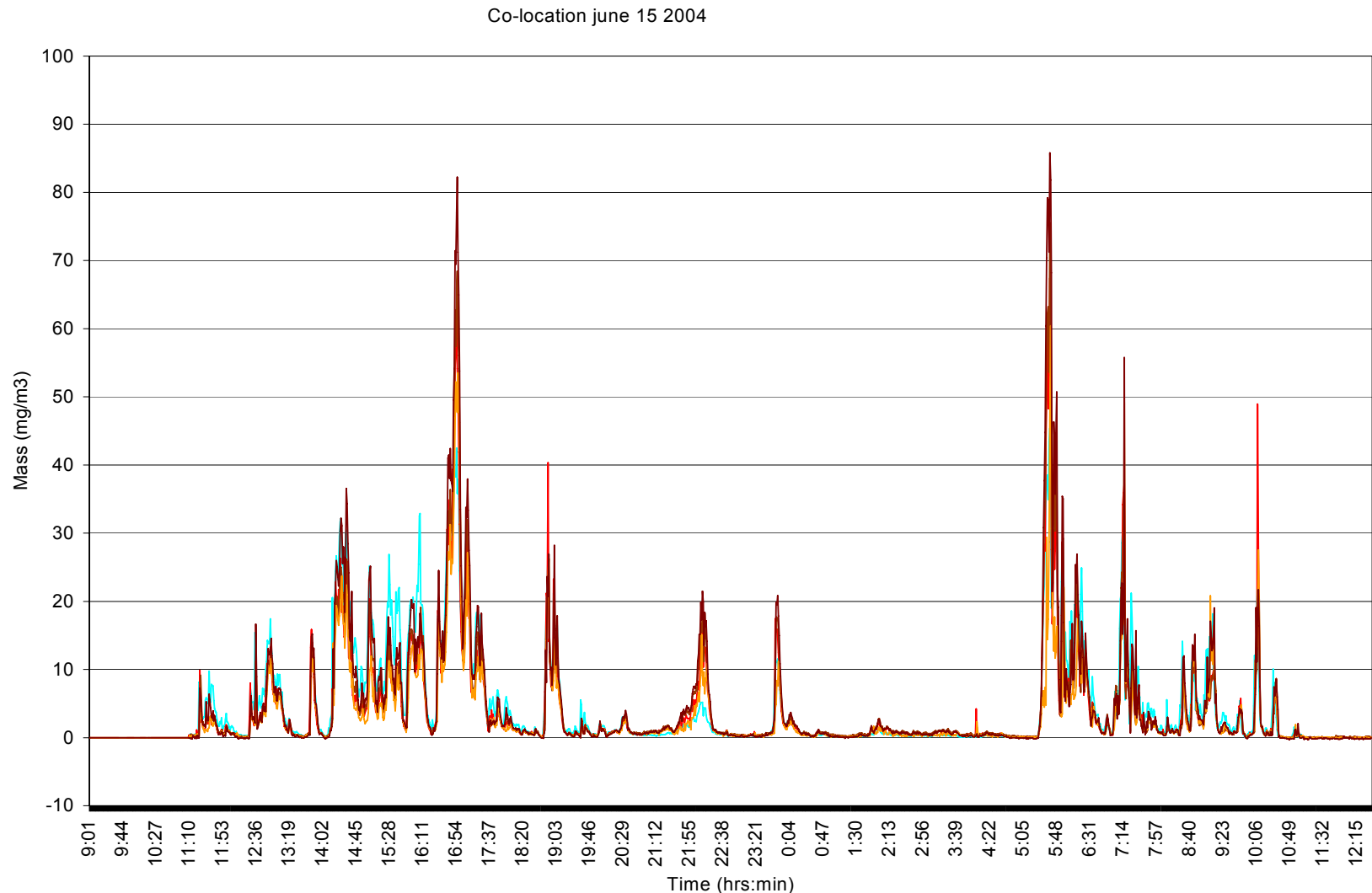
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## INTRO

Meat ter (<1. surface verse he Current

# Guatemala house with open fire

## DustTrak vs UCB particle monitor



# Overview of study design

- 530 eligible households: open fire, woman pregnant or child less than 4 months
- Baseline survey and exposure assessment

Randomize

Keep open fire

*Plancha*

Follow up till aged 18 months

- Surveillance for ALRI, diarrhoea, &c
- Detailed exposure monitoring

Compare incidence and exposure in 2 groups  
Plancha offered to 'controls'

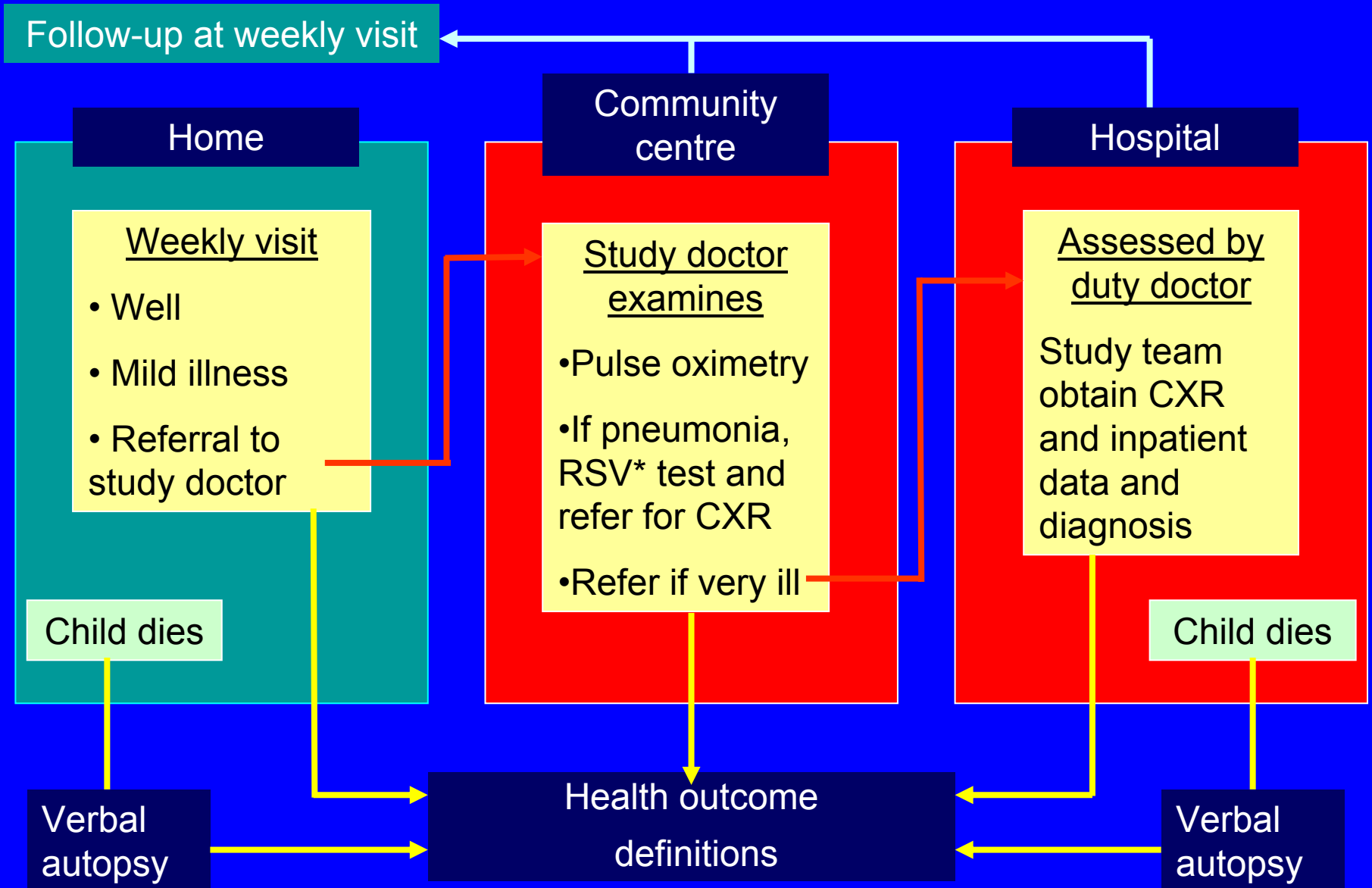
Year 1

5500  
Households  
total

Years  
1-3

Years  
3-4

# Overview of child health outcomes assessment



\* Respiratory syncytial virus

## Results for MD-diagnosed Severe Pneumonia:

RSV+, hypoxic

OR (SE)	p	95%CI
0.93 (0.25)	0.79	0.55 – 1.57

Non-RSV, hypoxic

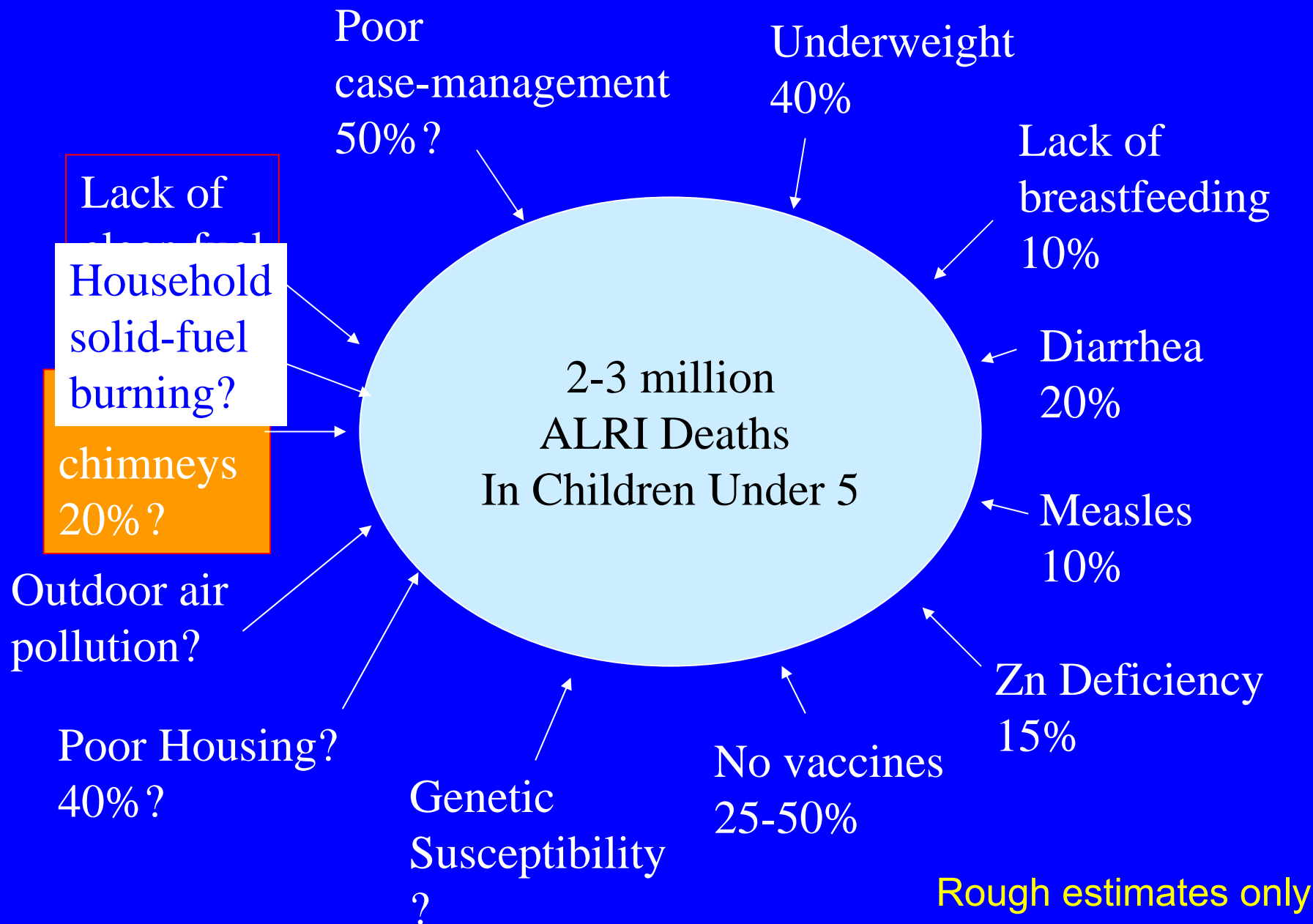
OR (SE)	p	95%CI
0.59 (0.15)	0.031	0.36 – 0.95

Preliminary  
Results  
Please do not cite

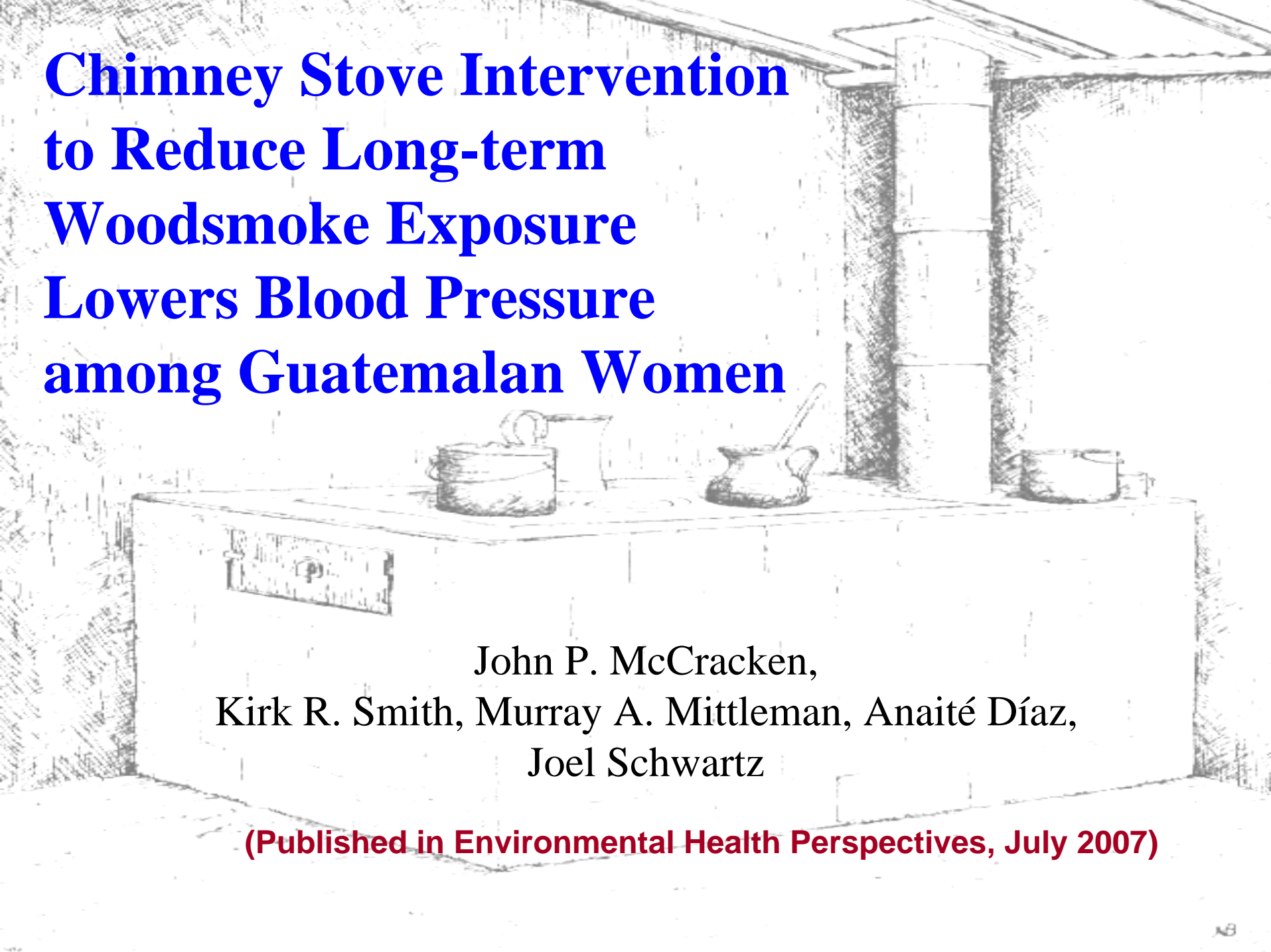
Interpretation: Children in households with open woodfires seem to have ~ two-thirds (1/0.60) more serious non-RSV pneumonia than those in households with well-operating woodstoves with chimneys



## Attributable Fractions do not add to 100%



# **Chimney Stove Intervention to Reduce Long-term Woodsmoke Exposure Lowers Blood Pressure among Guatemalan Women**



John P. McCracken,  
Kirk R. Smith, Murray A. Mittleman, Anaité Díaz,  
Joel Schwartz

**(Published in Environmental Health Perspectives, July 2007)**

# Background

- Ambient particles associated with increased blood pressure (BP) (e.g. Linn, 1999; Zanobetti, 2004)
- Elevated BP predicts increased cardiovascular risk
- No studies of long-term air pollution exposures and BP
- Effects of biomass smoke have not been studied

# Objectives

Goal: To evaluate the effect of long-term reductions in woodsmoke exposure on systolic (SBP) and diastolic blood pressure (DBP).

Specific hypotheses:

1. Personal fine particle ( $PM_{2.5}$ ) exposures will be lower among women using chimney stoves to cook.
2. Chimney stove intervention will be associated with lower SBP and DBP.

# Study Design

- Study population
  - Eligible: Women  $\geq 38$  years, cooking daily
  - Excluded: pregnant, breastfeeding
- Two follow-up periods
  - Trial period (7/03-12/04)
  - Echo-intervention period (3/04-3/05)

**Personal PM<sub>2.5</sub>**



**SBP and DBP**



# Measures by Group and Period

## Subjects (Measures)

	Trial Period	Echo-Intervention Period
Intervention Group	49 (115)	
Control Group	71 (111)	55 (65)

# Between-Groups Results

Number of subjects (measures)			Adjusted mean difference*		
	Control group	Intervention group	Estimate	95% CI	p-value
SBP	71 (111)	49 (115)	-3.7	-8.1, 0.6	0.10
DBP	71 (111)	49 (115)	-3.0	-5.7, -0.4	0.02

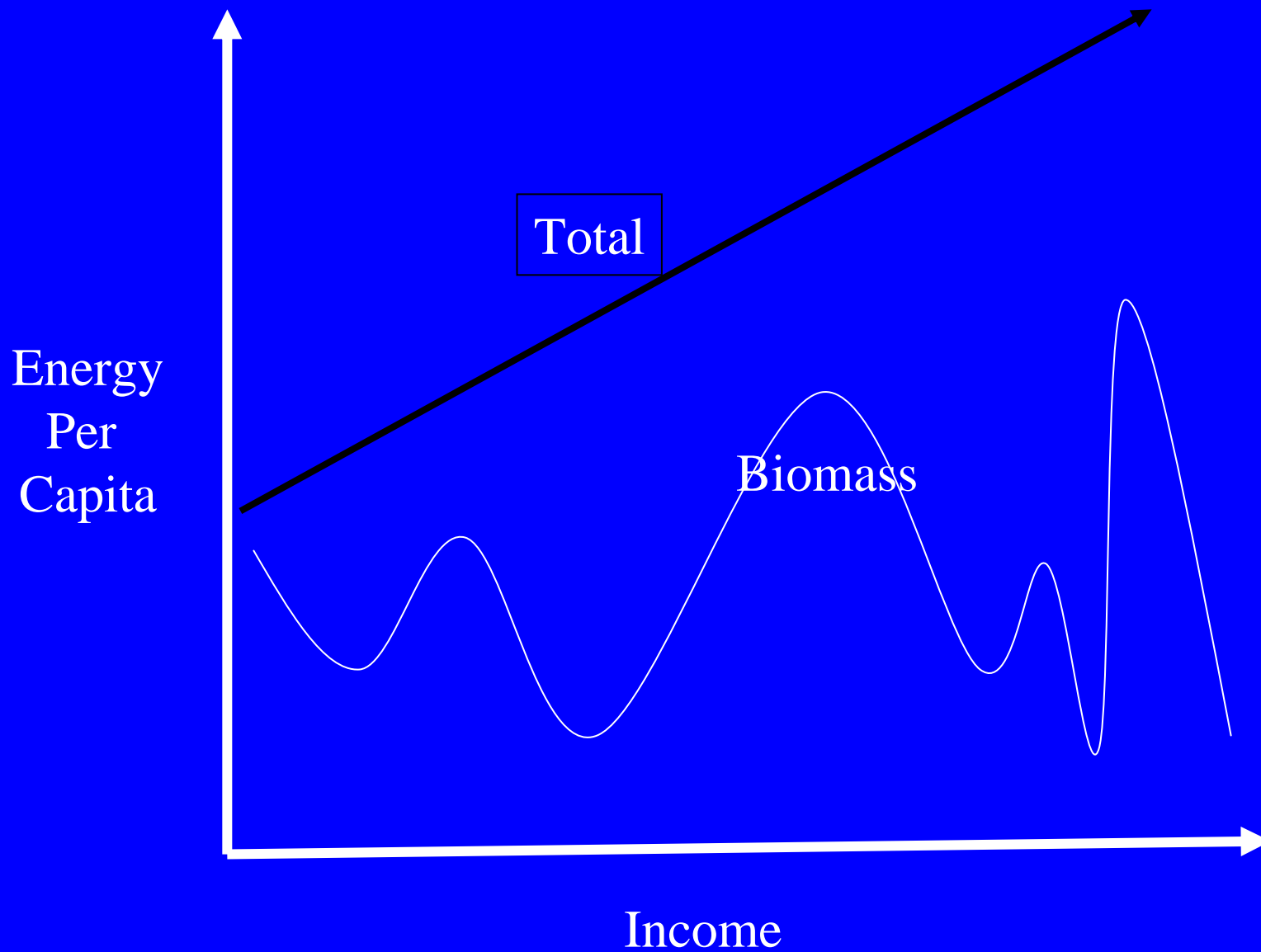
\* Adjusted for age, body mass index, daily temperature, season, day of the week, time of day, use of wood-fired sauna, household electricity, an asset index, ever smoking, and secondhand tobacco smoke exposure

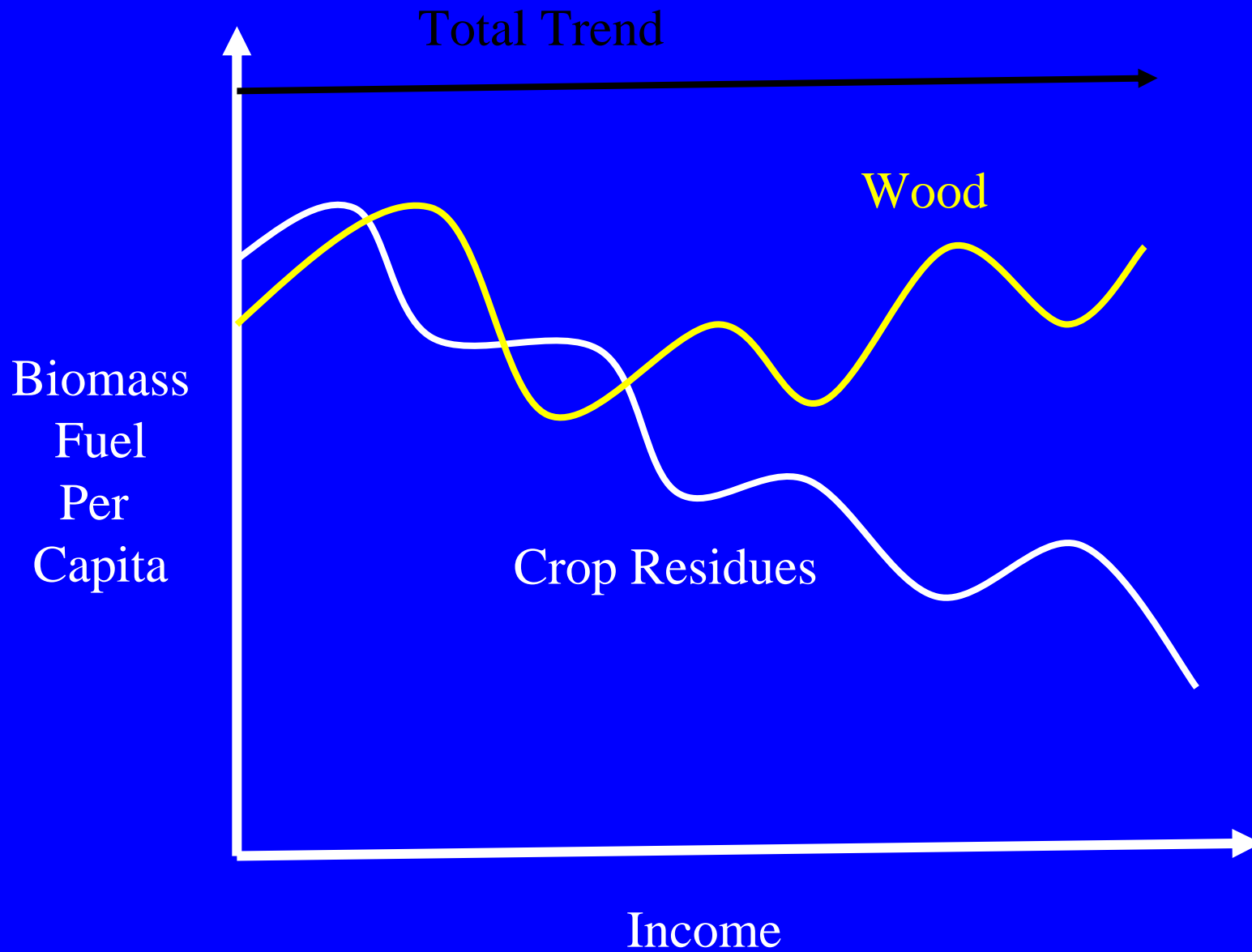
# Before-and-After Results

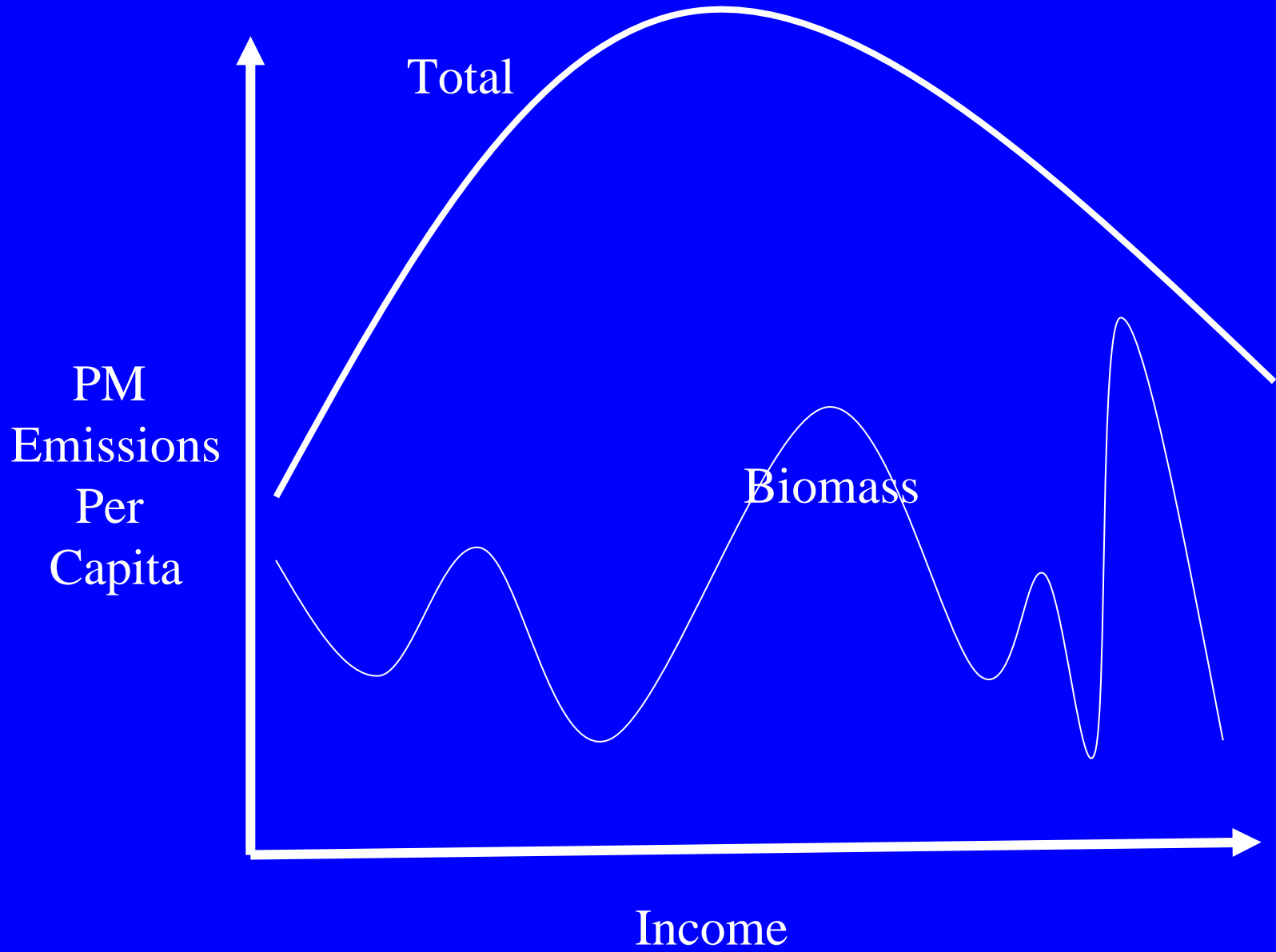
	Number of subjects (measures)		Adjusted mean difference*		
	Trial period	Echo-intervention	Estimate	95% CI	p-value
SBP	55 (88)	55 (65)	-3.1	-5.3, -0.8	0.01
DBP	55 (88)	55 (65)	-1.9	-3.5, -0.4	0.01

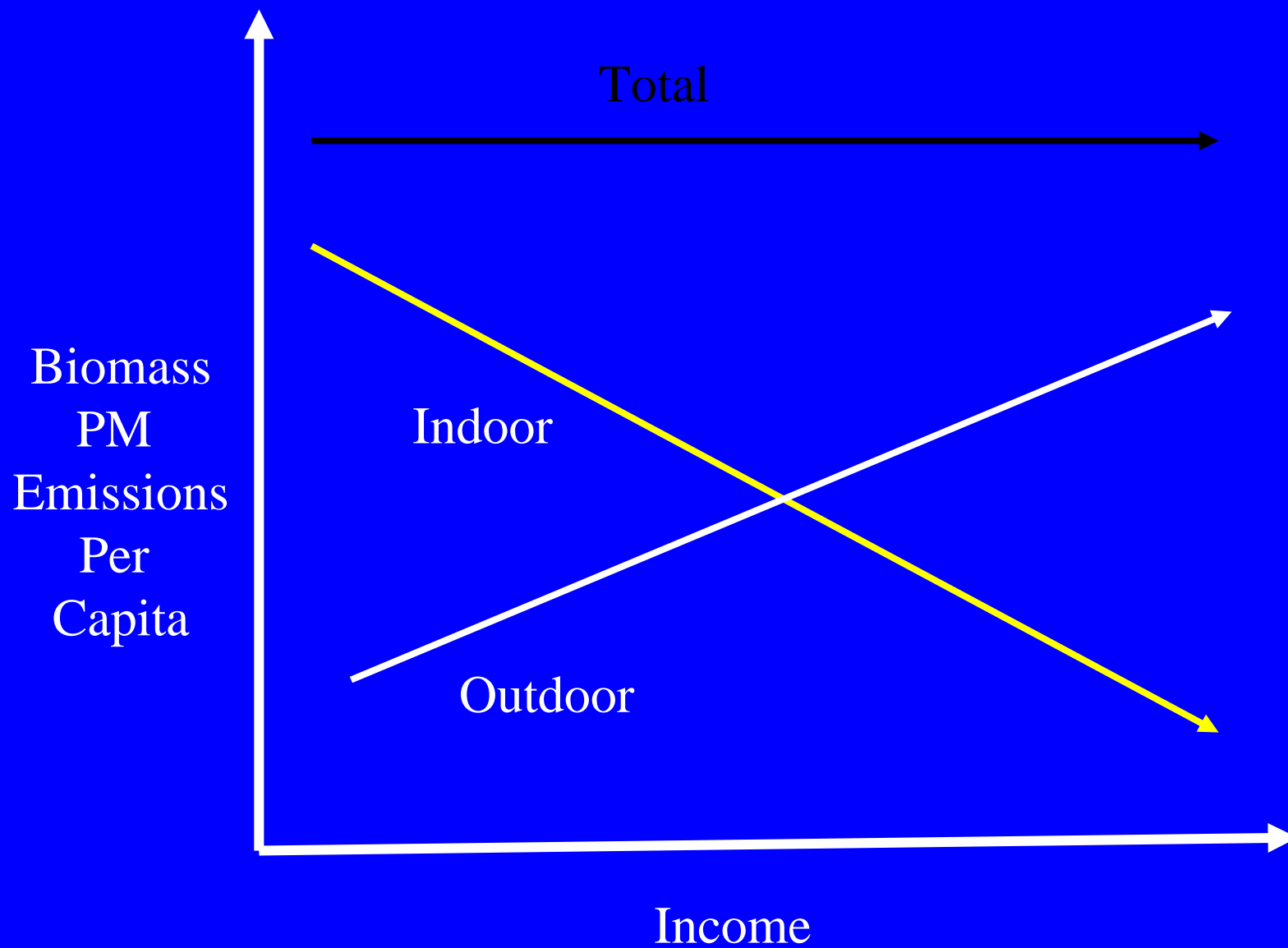
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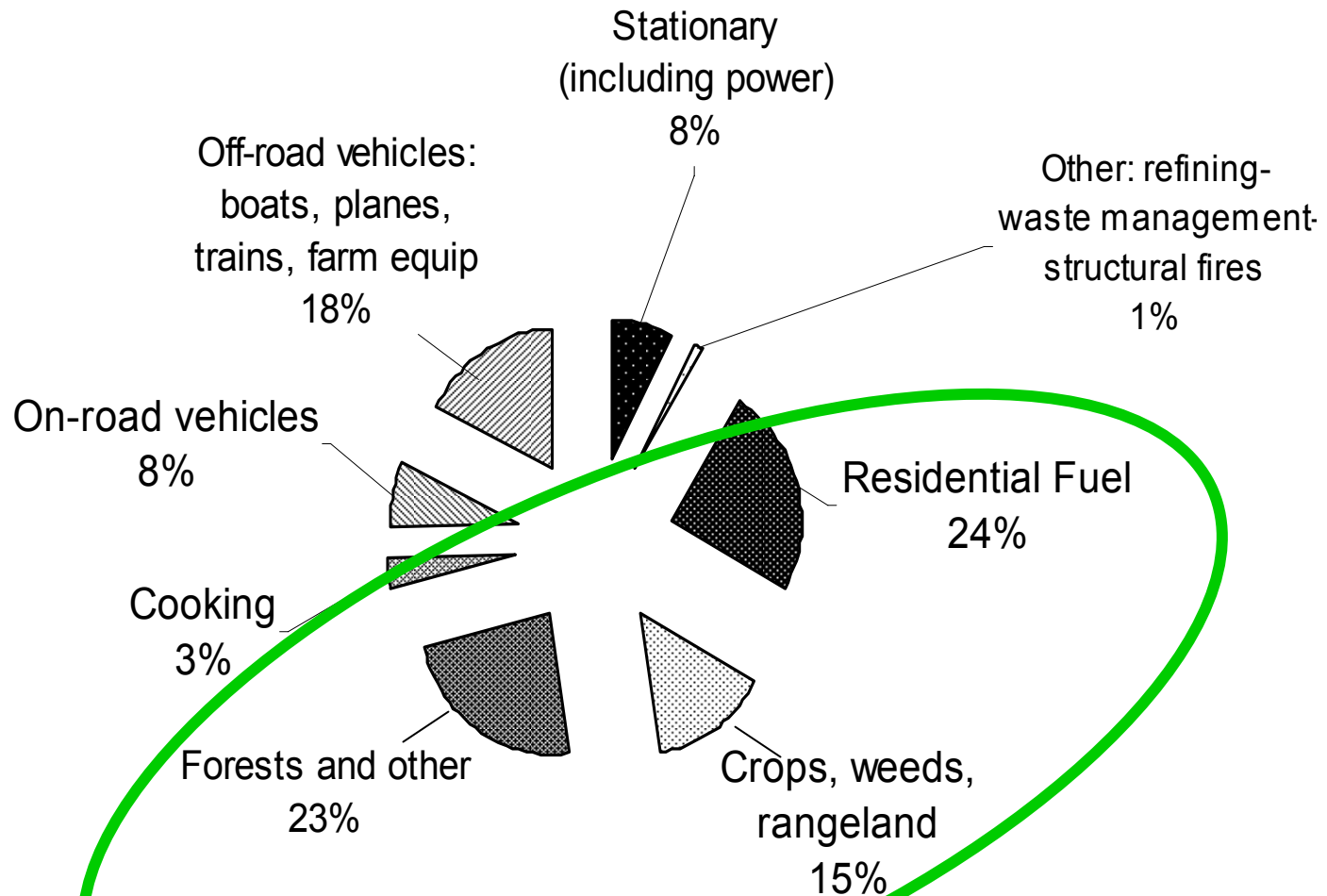








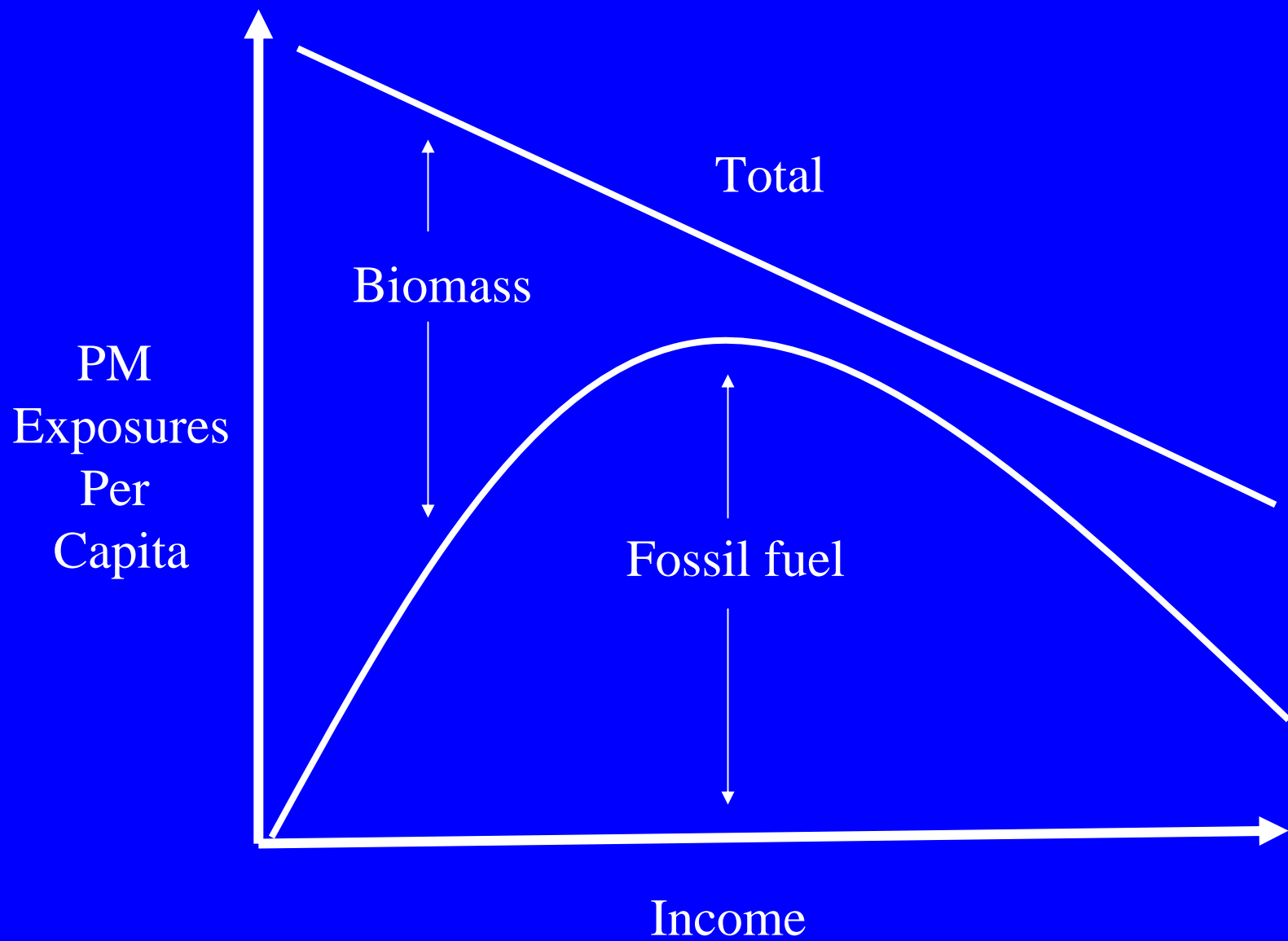
# California's 2005 Combustion PM<sub>2.5</sub> Emissions



**Biomass: 62% of total**

~450 t/day

From CARB  
database



Thank you