

# Global Burden due to Household Air Pollution from Cooking Fuel

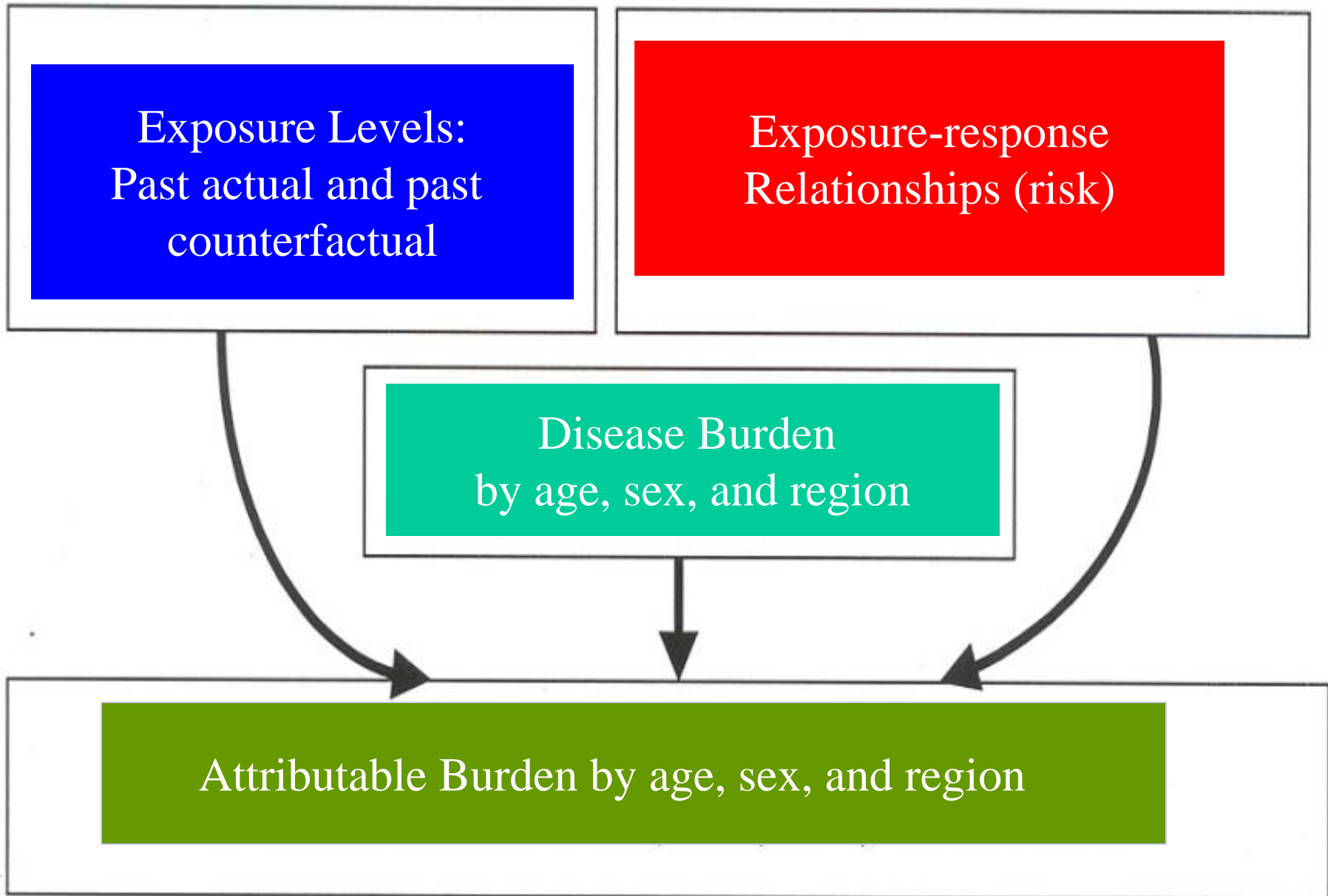
Kirk R. Smith, UC Berkeley  
For the HAP Expert Group

International Society for Environmental Epidemiology  
Columbia, South Carolina  
August 29, 2012

# Expert Group

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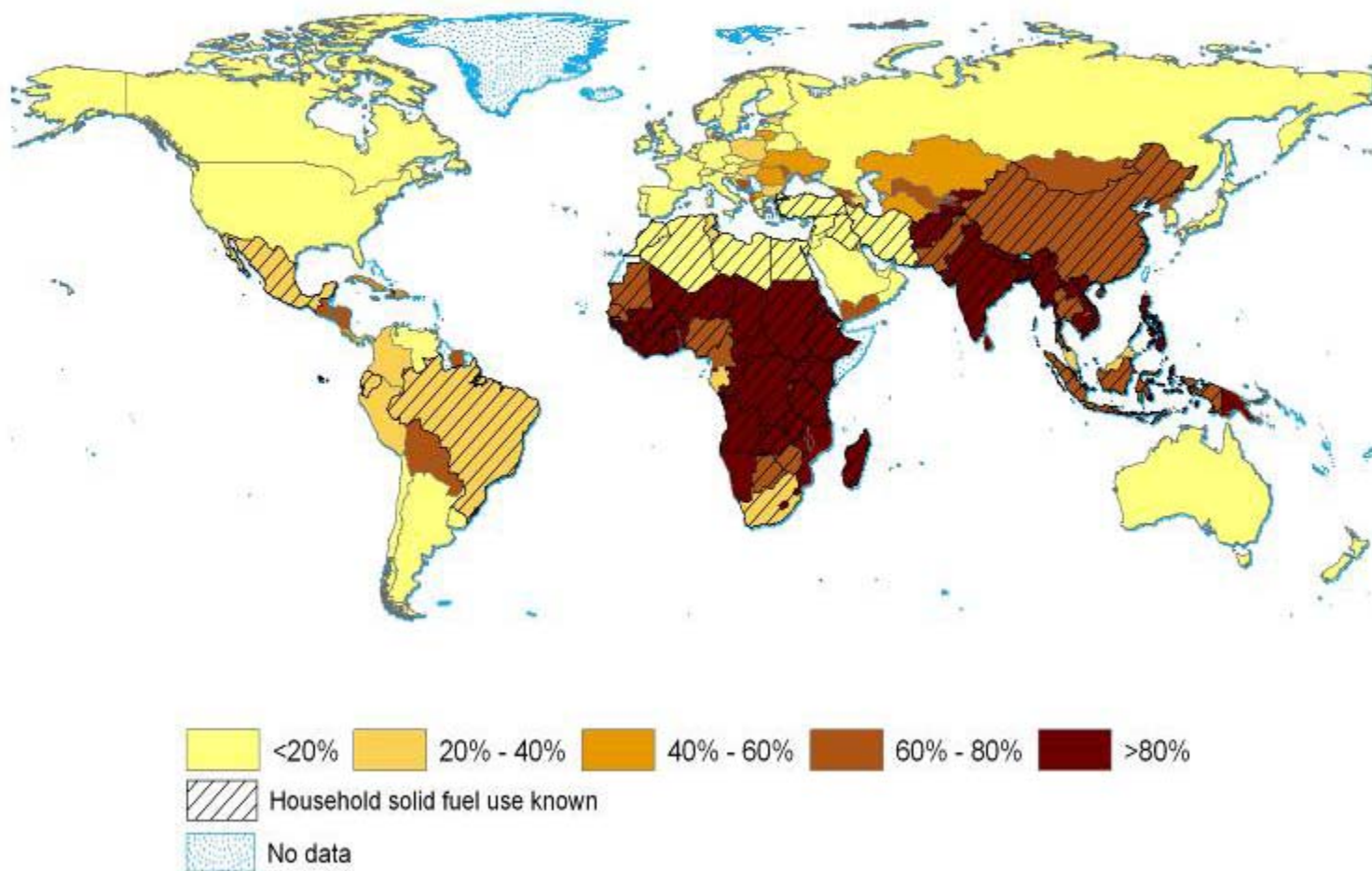
# Comparative Risk Assessment Method



# Road Map

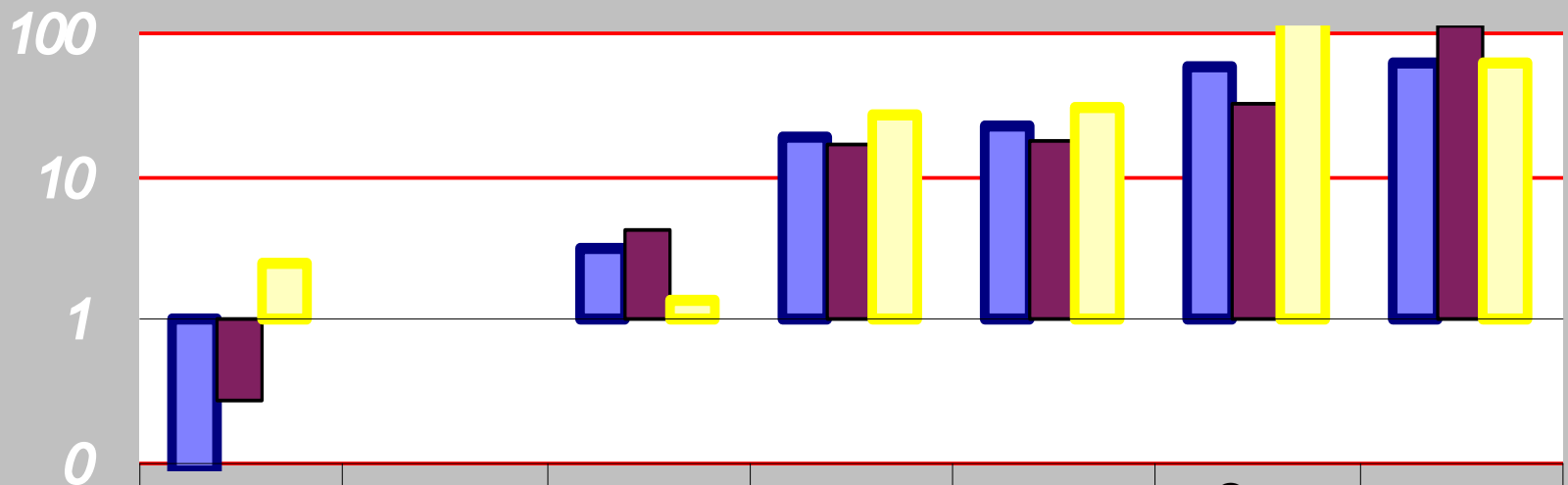
- Framing, counterfactuals, arguments for consistency
- Updated exposure assessment
- Updated outcome assessments
- Final burden estimates: in progress

# National Household Solid Fuel Use, 2000



CRA-2000

# Health-Damaging Pollutants per Unit Energy Delivered Ratio of Emissions to LPG



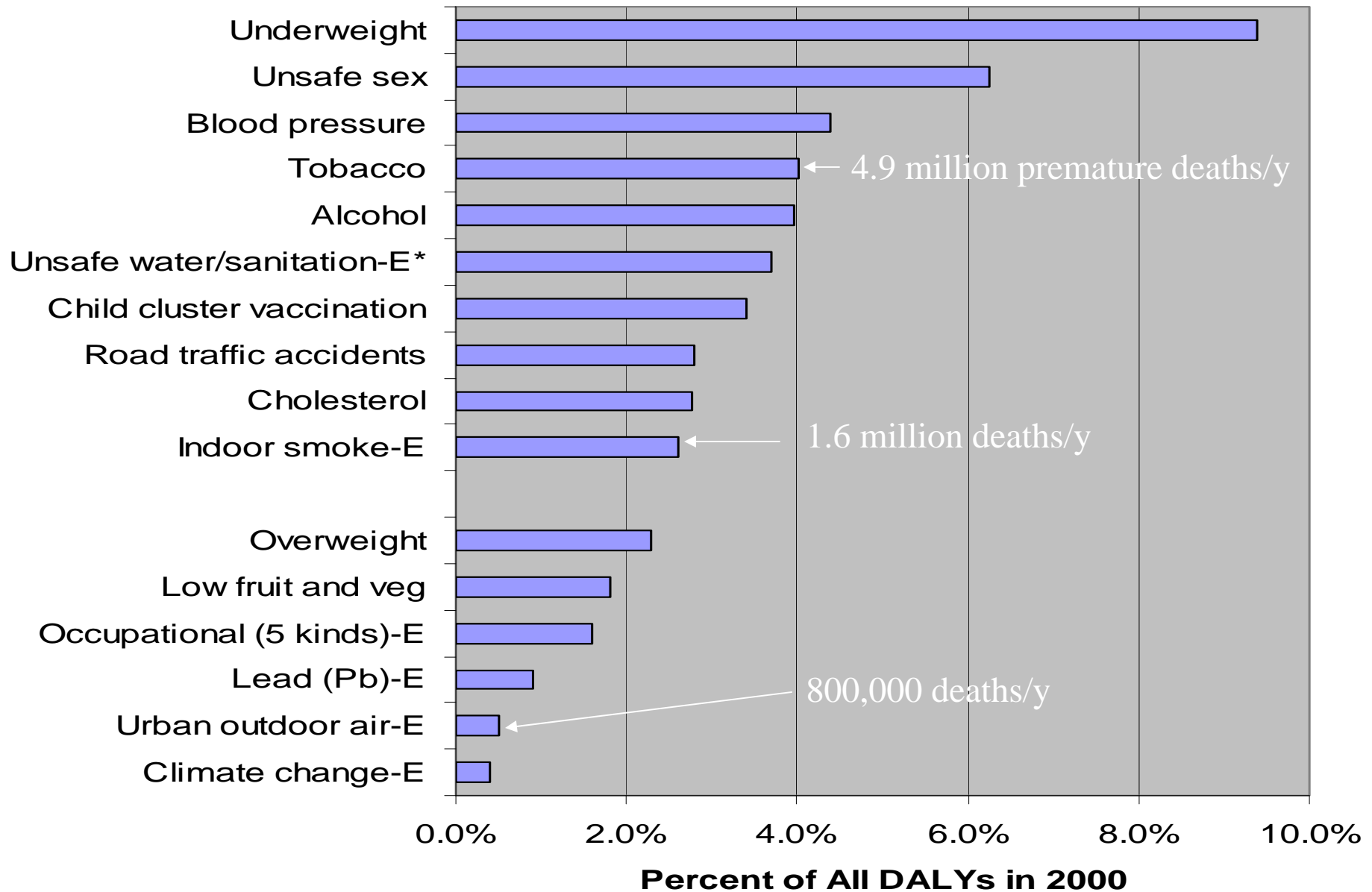
	Biogas	LPG	Kerosene	Wood	Roots	Crop Residues	Dung
CO	0.1	1.0	3	19	22	60	64
Hydrocarbons	0.3	1.0	4.2	17	18	32	115
PM	2.5	1.0	1.3	26	30	124	63

CO Hydrocarbons PM

# CRA-2000

- Indoor air pollution from household solid fuel use
- Counterfactual: non-solid fuel use
- Exposure: Solid fuel use from household surveys, separating biomass and coal, modeled globally
- Outcomes
  - ALRI in children
  - COPD
  - Lung cancer from coal use

# Global Burden of Disease from Top 10 Risk Factors plus selected other risk factors



# Framing for CRA-2010: HAP

- Household air pollution (HAP) from cooking fuel – incomplete combustion
- Cooking fuels only, although sometimes difficult to separate from space heating
- Uses long-term fine particle ( $PM_{2.5}$ ) exposures as metric, where possible,
- Otherwise solid fuel use
- Includes household contribution to outdoor air pollution

# Potential HAP Counterfactuals

<u>Potential CF</u>	<u>PM2.5 equivalent (ug/3)</u>	<u>How relates to epidemiology</u>	<u>Consistency with proposed outdoor air CF?</u>	<u>Currently achievable?</u>	<u>Useful target for medium term?</u>
<b>1. Dichotomous solid vs. 'low exposure' comparison</b>	<b>Unknown in almost all studies; perhaps 40- 100, maybe more</b>	<b>Consistent, but poorly defined</b>	<b>Higher, uncertain, not consistent</b>	<b>Yes, although actual levels uncertain, and very mixed</b>	<b>Too poorly defined</b>
<b>2. WHO Air Quality Guideline</b>	<b>10 (annual)</b>	<b>Probably lower than 'low exposure group' in most or all studies</b>	<b>Higher, not consistent</b>	<b>Not globally, in short term</b>	<b>Yes, especially with AQG 'TT' phased approach concept</b>

## HAP Counterfactuals: cont.

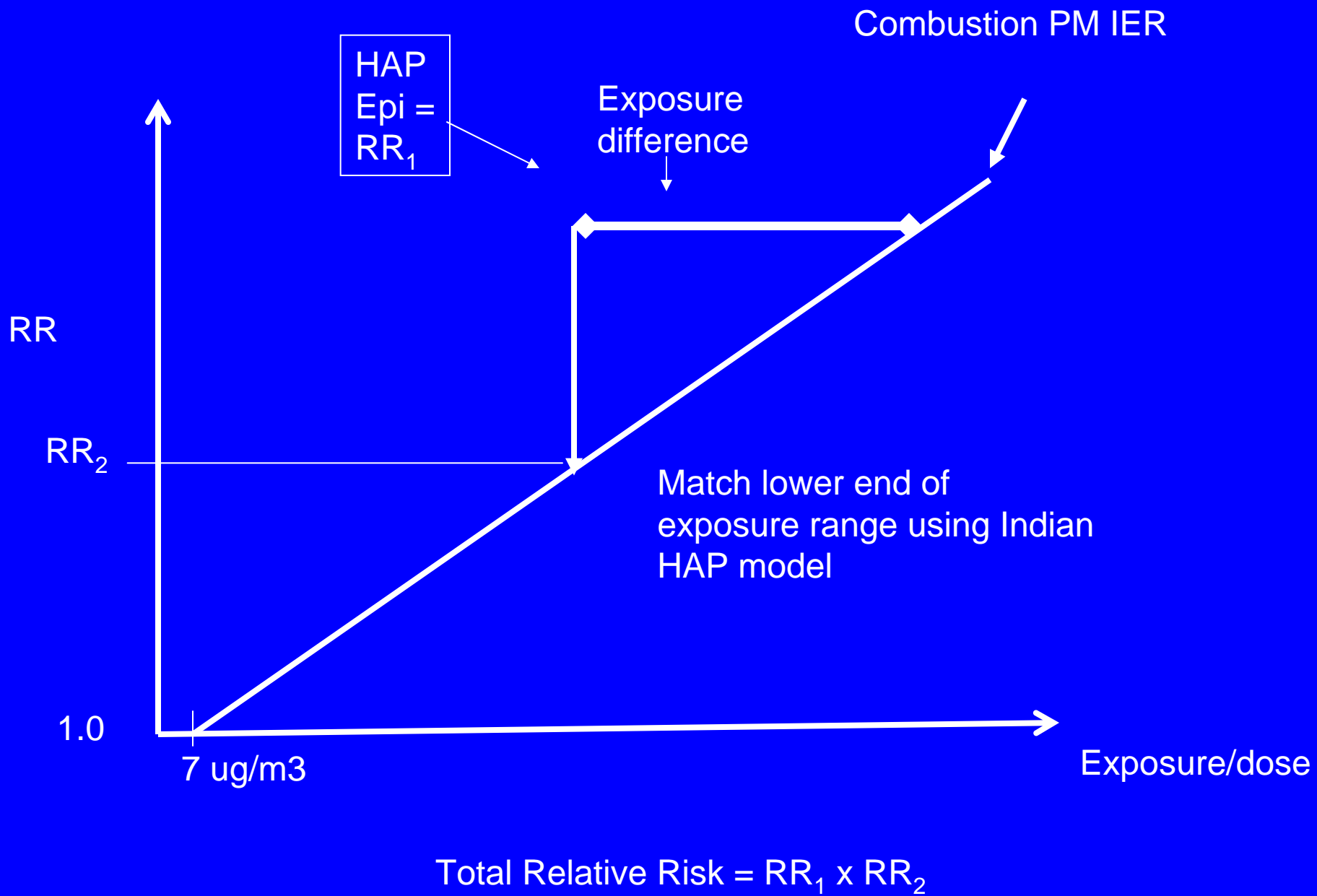
<u>Potential CF</u>	<u>PM2.5 equivalent (ug/3)</u>	<u>How relates to HAP epidemiology</u>	<u>Consistency with outdoor air CF?</u>	<u>Currently achievable?</u>	<u>Useful target for medium term?</u>
<b>3. Proposed OAP CF</b>	<b>7 (annual)</b>	<b>Lower than 'low exposure group' in all studies</b>	<b>Same</b>	<b>Not in short to medium term</b>	<b>Probably unrealistic and not useful for policy</b>
<b>4. Gas cooking</b>	<b>5-20 ug/m3, lower with venting</b>	<b>May be similar to some clean fuel' comparisons</b>	<b>Reasonably consistent</b>	<b>~50% of world at this level</b>	<b>Similar to WHO AQG and matches Indian policy</b>
<b>5. Electric cooking</b>	<b>Zero emissions – no combustion</b>	<b>There is developed country epidemiology</b>	<b>Lower, but reasonably consistent</b>	<b>Potentially over time, but raises question of how to treat current gas use</b>	<b>Less so than with gas but still easily understood</b>

# Counterfactual Chosen

- 7 ug/m<sup>3</sup> annual average PM<sub>2.5</sub> – same as OAP
- This can be achieved with electric cooking or gas cooking with ventilation
- Clearly feasible – gas and electricity now used by three-fifths of world population

# How to estimate risk down to 7 ug/m<sup>3</sup> with no direct epi?

- Extrapolating from high to low doses – inverse of usual problem
- Link HAP epi with integrated exposure-response (IER) models
- Use Indian exposure modeling to determine ug/m<sup>3</sup> equivalent of epi studies



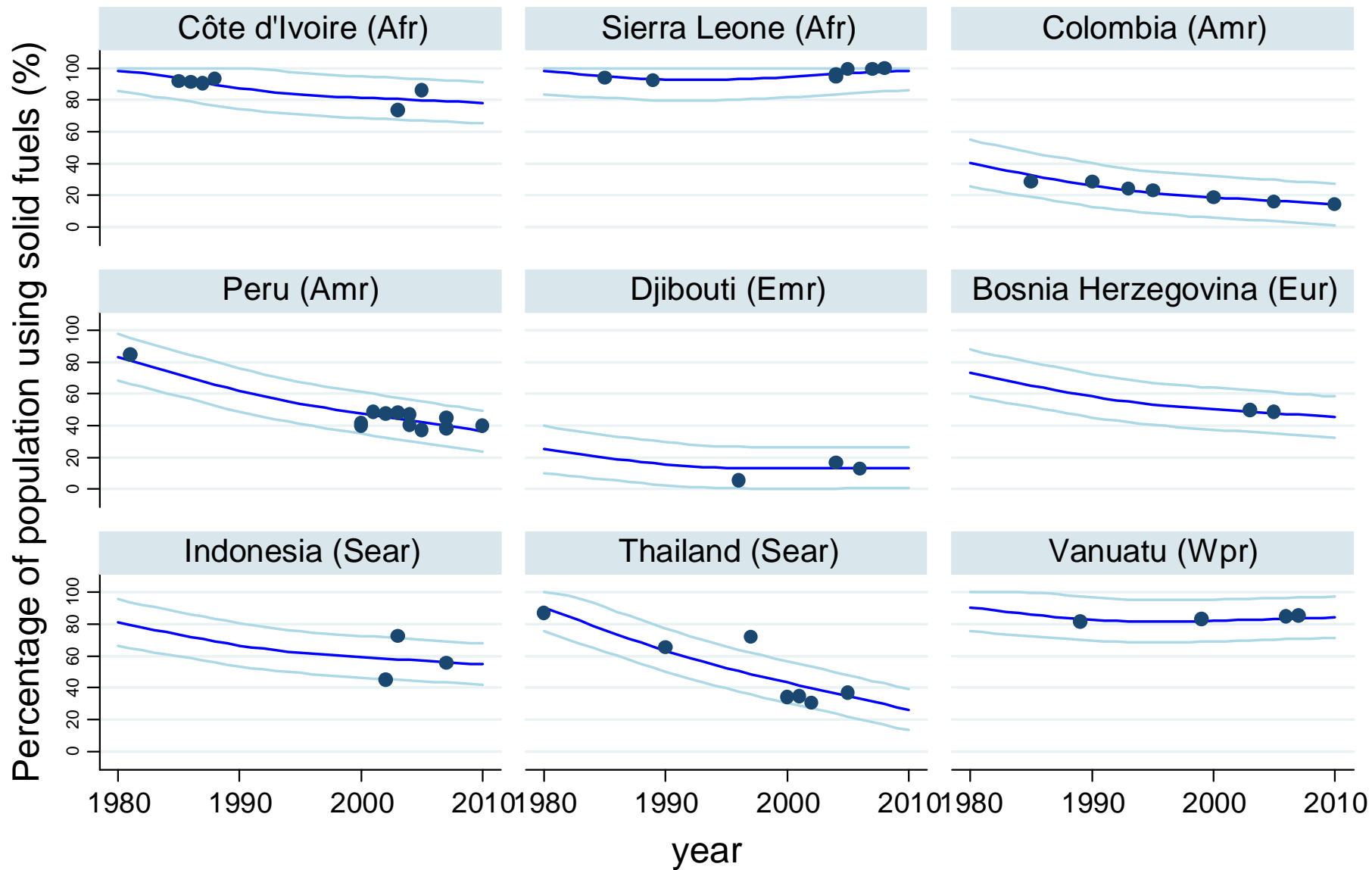
# Advances in CRA-2010

- Much more robust global modeling of fuel use
- Proportion of outdoor air pollution from HAP
- Modeling of PM<sub>2.5</sub> exposures for 25% of world solid fuel households, those in India
- New SR/MAs for the previous 3 outcomes (ALRI, COPD, LC from coal)
- RCT and exposure-response also available for ALRI
- New SR/MAs for 3 additional outcomes (LBW, cataracts, LC from biomass)
- Better discrimination of male/female outcomes/exposures
- Consistency from IERs derived from outdoor air, passive smoking, HAP, and active smoking
- Interpolation of CVD outcomes from IERs

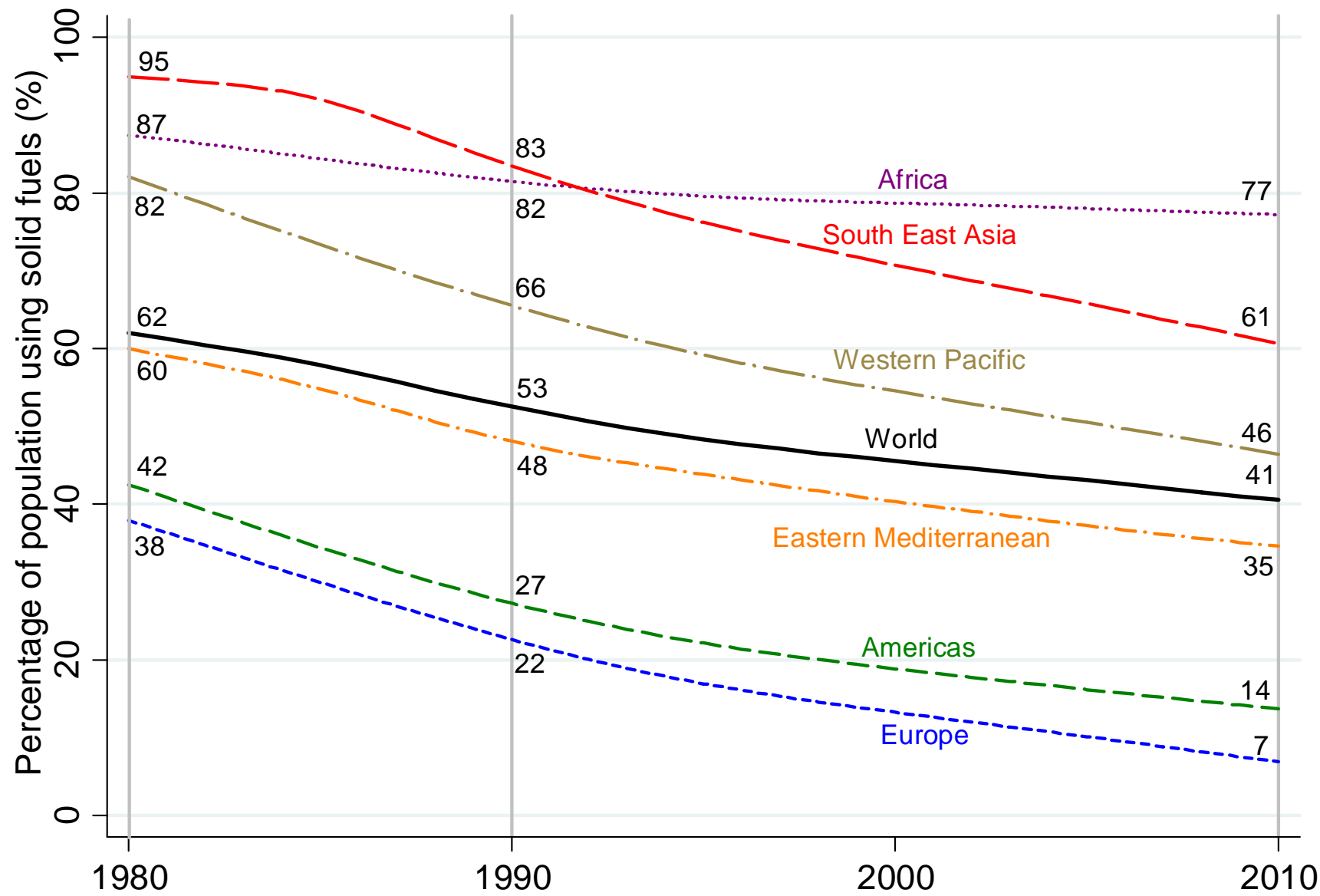
# Exposure to Household Air Pollution from Cooking Fuel

# Exposure Overview

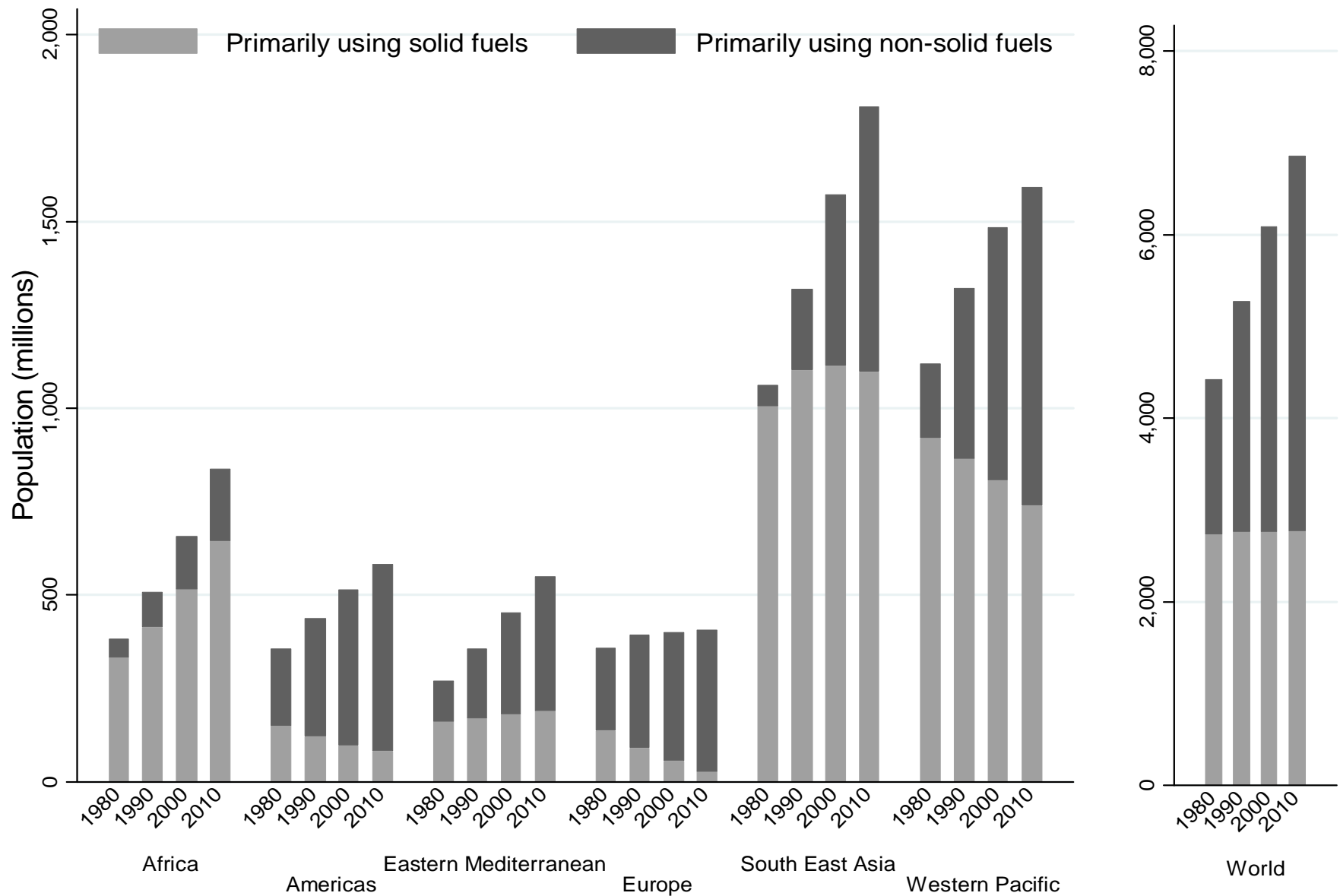
1. Estimating household cookfuel use – 1990, 2005, 2010
  - Update of global model to include the much larger set of nationally representative household surveys available, nearly 600 in total – 155 countries
2. Estimating the HAP contribution to ambient  $PM_{2.5}$  concentrations – 1990, 2005, 2010
  - A portion of the exposure to outdoor air pollution and burden will thus be attributable also to HAP
3. Estimating household  $PM_{2.5}$  exposures based on a model linking actual measurements to household parameters found in DHS surveys – India
  - Can link HAP with IER models



● survey data      — model estimate      — 95% confidence interval



**Percent of households cooking with solid fuels by region**



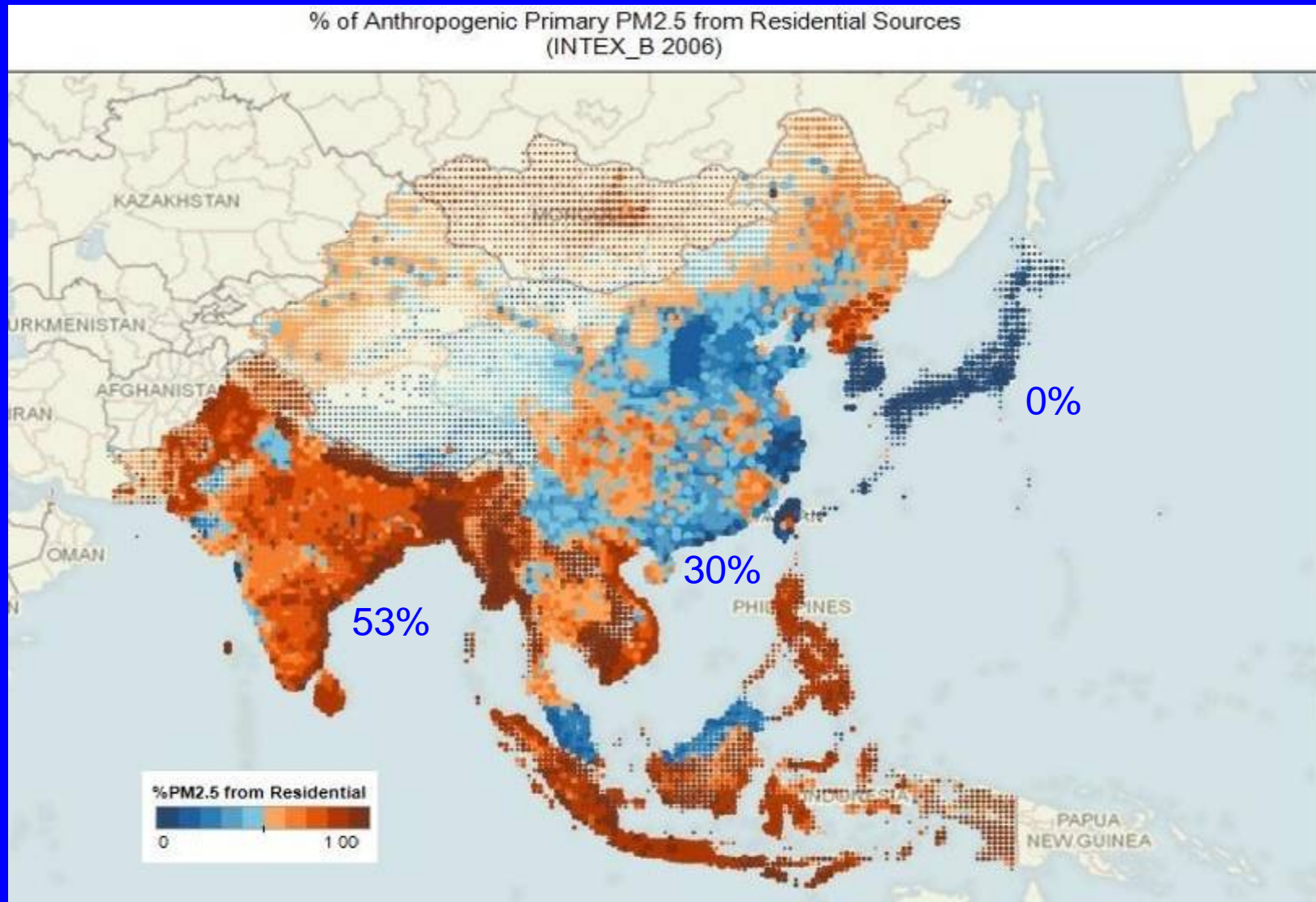
# Total Population Cooking with Solid Fuels

Bonjour et al., CRA-2010

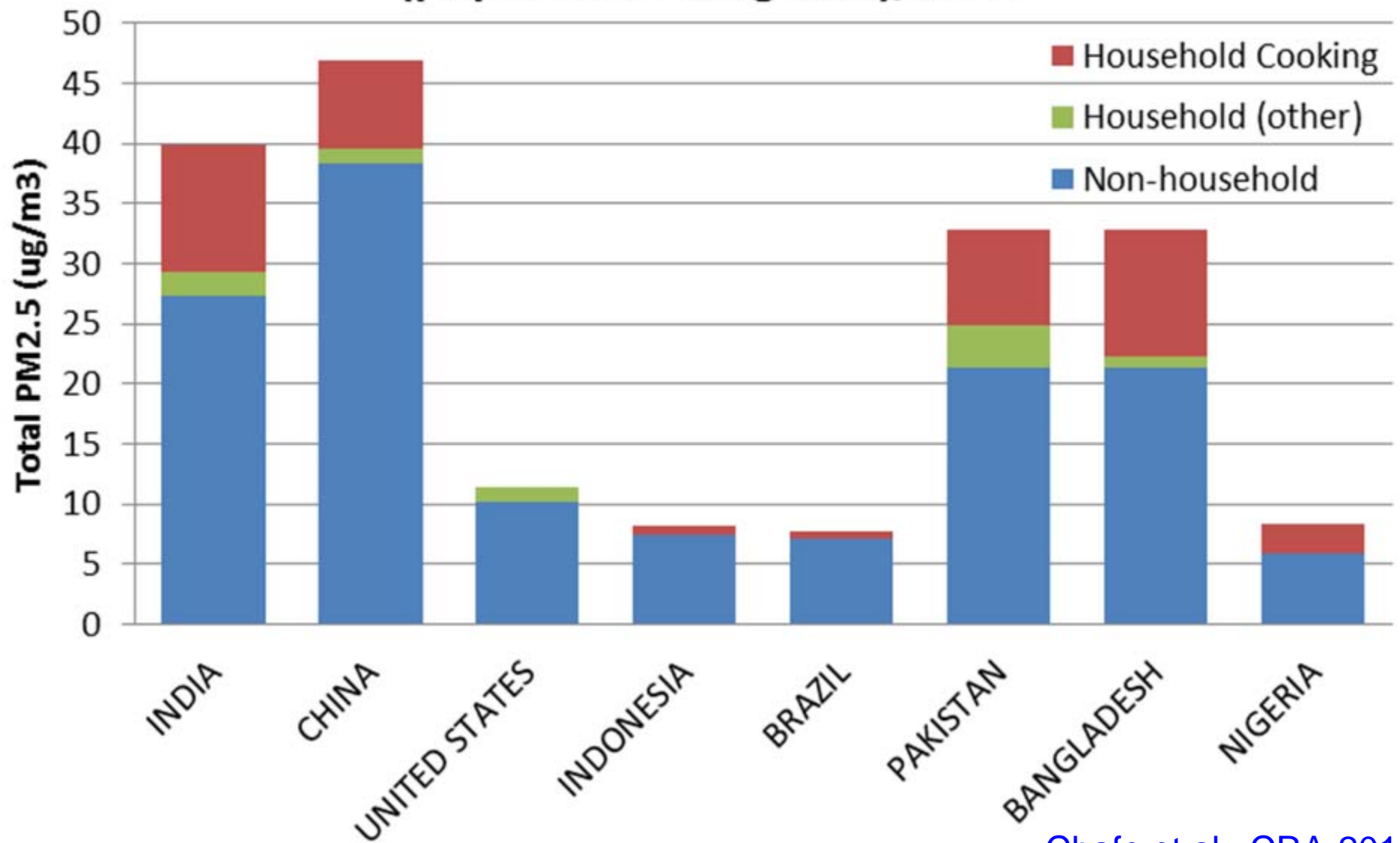
## 2. Estimating the HAP contribution to ambient PM<sub>2.5</sub> concentrations

- IIASA Greenhouse Gas and Air Pollution Interactions and Synergies (GAINS) model gives the fraction of of total household PM<sub>2.5</sub> emissions attributable to the combustion of solid fuels for household cooking, by country.
- TM5-FASST database of the European Joint Research Centre gives the fraction that total household emissions make of total PM<sub>2.5</sub> emissions.
- Together they give the proportion of total PM<sub>2.5</sub> attributable to household cooking.
- Do not deal directly with secondary PM formation, but estimated fractions reasonable given HH sources also include PM precursors.

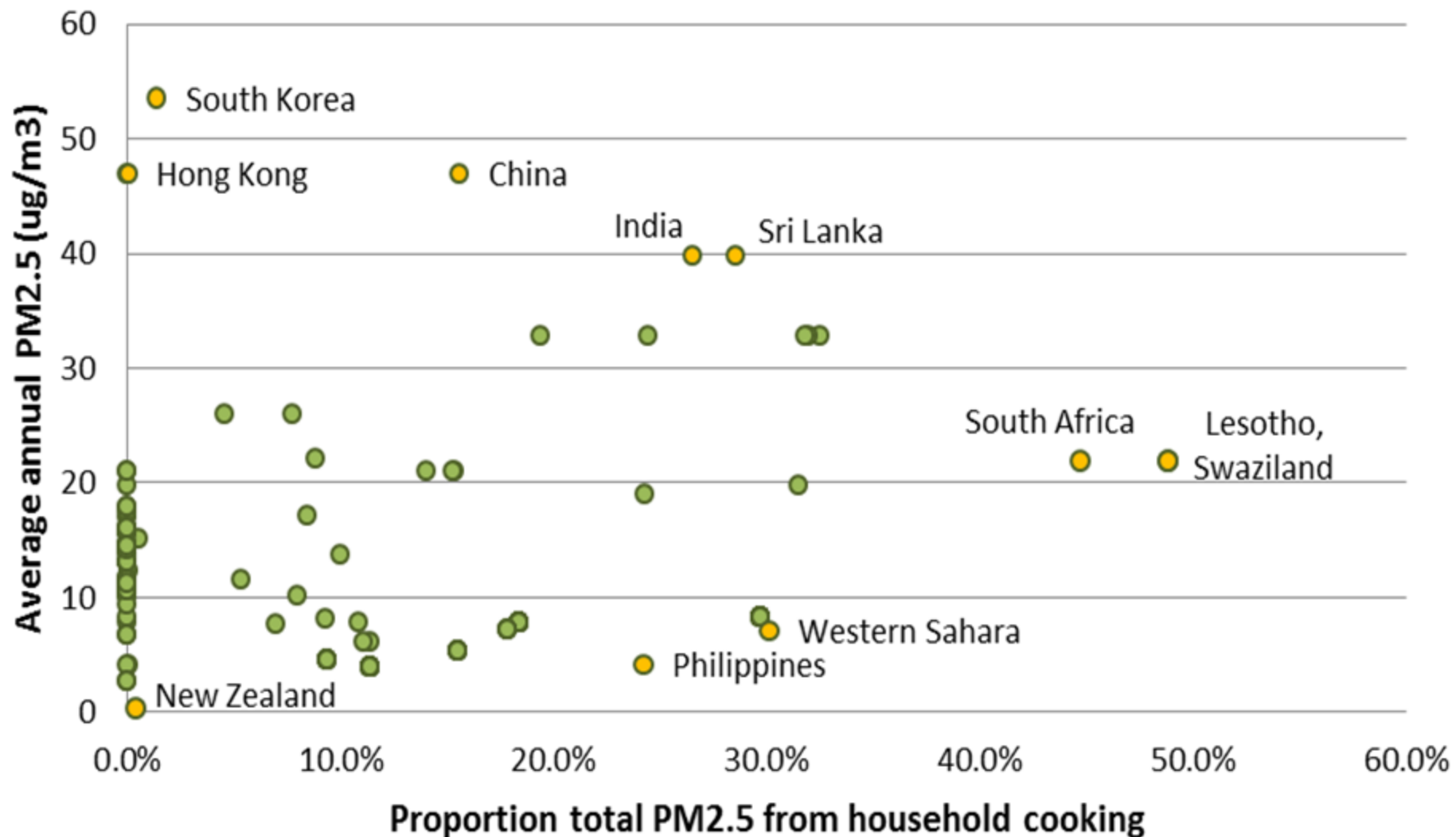
# %PM<sub>2.5</sub> from “Residential” Emissions from INTEX\_B



## Sectoral contributions to total PM<sub>2.5</sub> (population-weighted), 2010



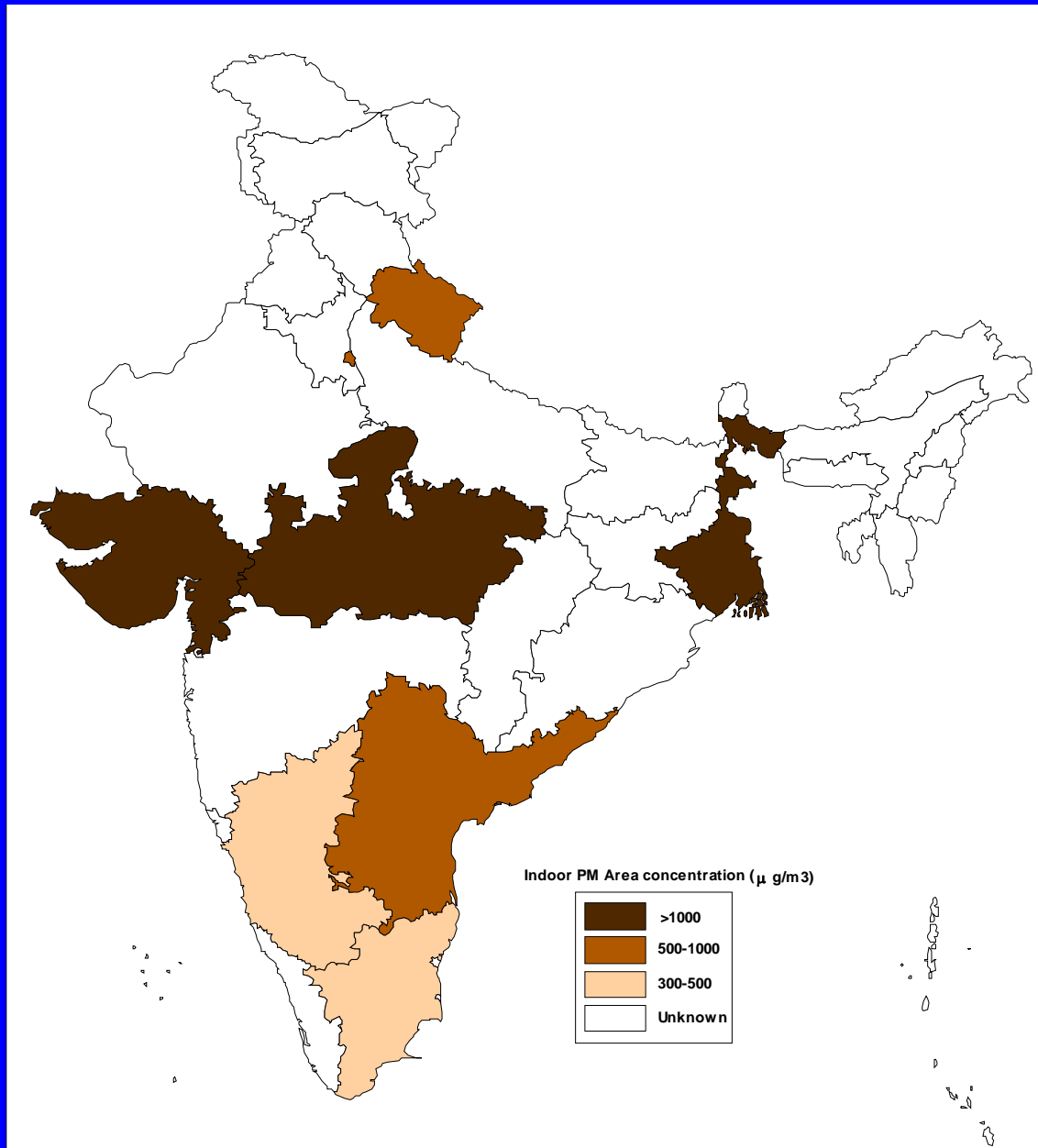
## Total PM2.5 from household cooking, and average annual total PM2.5 (population-weighted) in 2010



### 3. Estimating household PM<sub>2.5</sub> exposures in India

- Large-scale monitoring studies in six states modeled against household parameters commonly assessed in household surveys – fuel type, kitchen location, stove type, agro-climatic region
- National exposure estimates can thus be estimated without measurements in each state
- Distribution and trends can be assessed
- Exposure distributions will be derived for major combinations of fuel use and kitchen type in India
- Distribution of modeled exposures will enable use of continuous exposure-response functions

# Ranges of pollutants (PM<sub>2.5</sub>) across the six states with systematic measurements

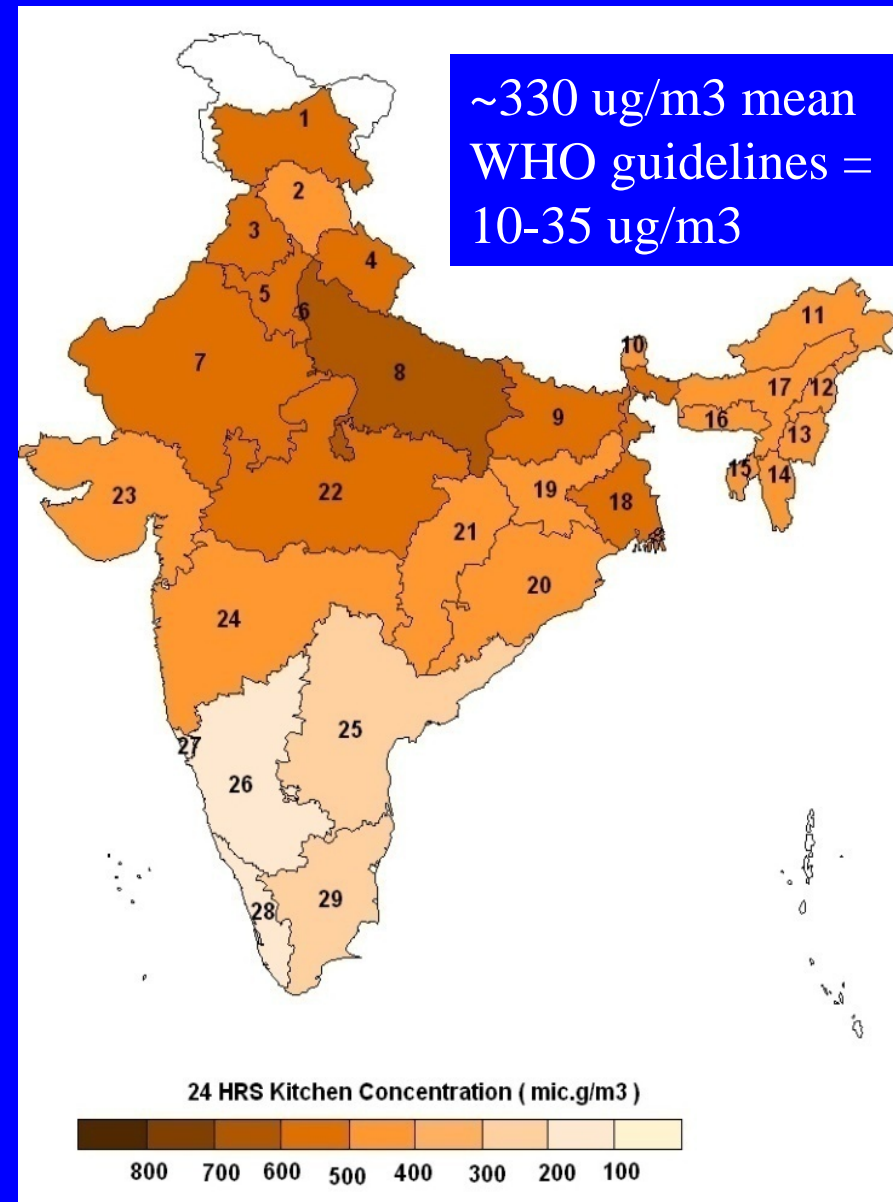


Balakrishnan,  
et al, -- CRA-2010

# Exposure Model for India based on measurements in ~1000 households

Estimated PM<sub>2.5</sub> exposure  
For women in solid-fuel-using  
households

Balakrishnan, et al. Household Air  
Pollution Comparative Risk  
Assessment-2010



Household air pollution (HAP)

Health outcomes

# Evidence classes

- All evidence classes have plausible physiological mechanisms based on toxicology
- Class Ia: Quantified primary outcome
  - Multiple epi of good quality in LDC household settings sufficient for meta-analysis
  - Consistent results as well as significant and positive summary estimate
  - Supporting epi from other particle exposures
  - Fits RR trends for other particle exposure categories

# Evidence classes

- Class Ib: Quantified primary outcome, cont.
  - Very strong epi from other particle exposure settings both at higher and lower exposure allowing interpolation for HAP

# Evidence classes, cont.

- Class II: Quantified secondary outcome
  - Multiple epi LDC household settings sufficient for MA
  - Unconvincing adjustment for confounding and/or exposure assessment
  - Inconsistent results and/or non-significant positive result
  - Supporting epi from other particle exposures
  - Generally fits RR trends for other particle exposure categories

# Evidence classes, cont.

- Class III: Unquantified secondary outcome
  - Still thought likely to be causal
  - Weak or insufficient epi from LDC households for meta-analysis
  - Less strong support from other particle exposure categories

# Overview

Level	Outcomes	Planned reporting
I (a)	Child ALRI, Lung cancer, COPD, LBW, Cataract	Full description of review Effect estimate
I (b)	CVD (including stroke)	Full description of methods Effect estimate

# Overview

Level	Outcomes	Planned reporting
I (a)	Child ALRI, Lung cancer, COPD, LBW, Cataract	Full description of review Effect estimate
I (b)	CVD (IHD and stroke)	Full description of methods Effect estimate
II	TB, Cancer of UADT	Briefer description of methods; forest plot
III	Ca cervix, adult ALRI, asthma, O/Media, cognitive effects	Briefer description of methods; forest plot

# Only Level I included in GBD

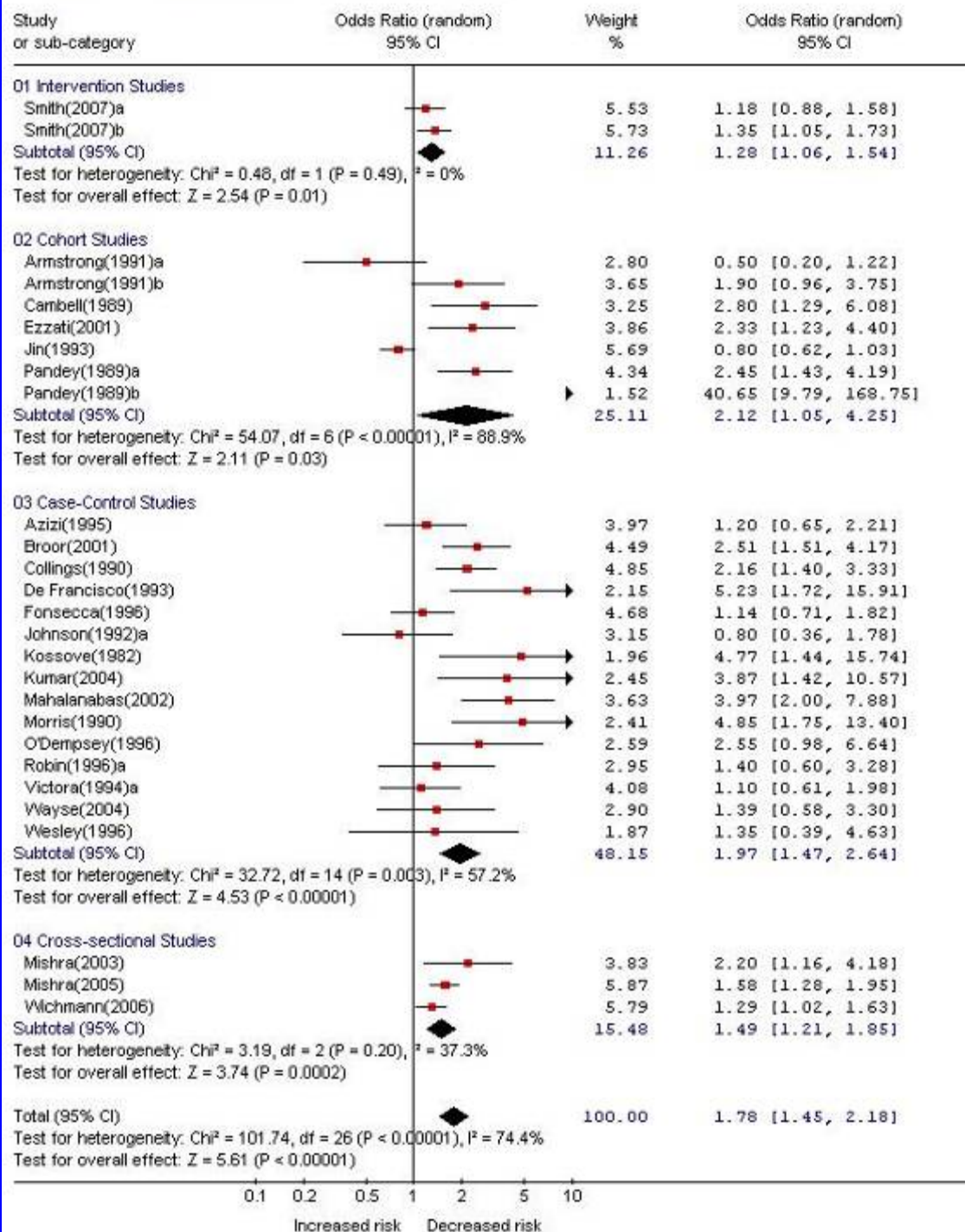
Level	Outcomes	Planned reporting
I (a)	Child ALRI, Lung cancer, COPD, LBW, Cataract	Full description of review Effect estimate
I (b)	CVD (including stroke)	Full description of methods Effect estimate
II	TB, Cancer of UADT	Briefer description of methods; forest plot
III	Ca cervix, adult ALRI, asthma, O/Media, cognitive effects	Briefer description of methods;
Outside system	Burns, hygiene, time saving, climate and forests	Descriptive summary, with indication of evidence available
Benefit	Malaria	Summary of recent review

Child ALRI

# Child ALRI: Evidence and approach

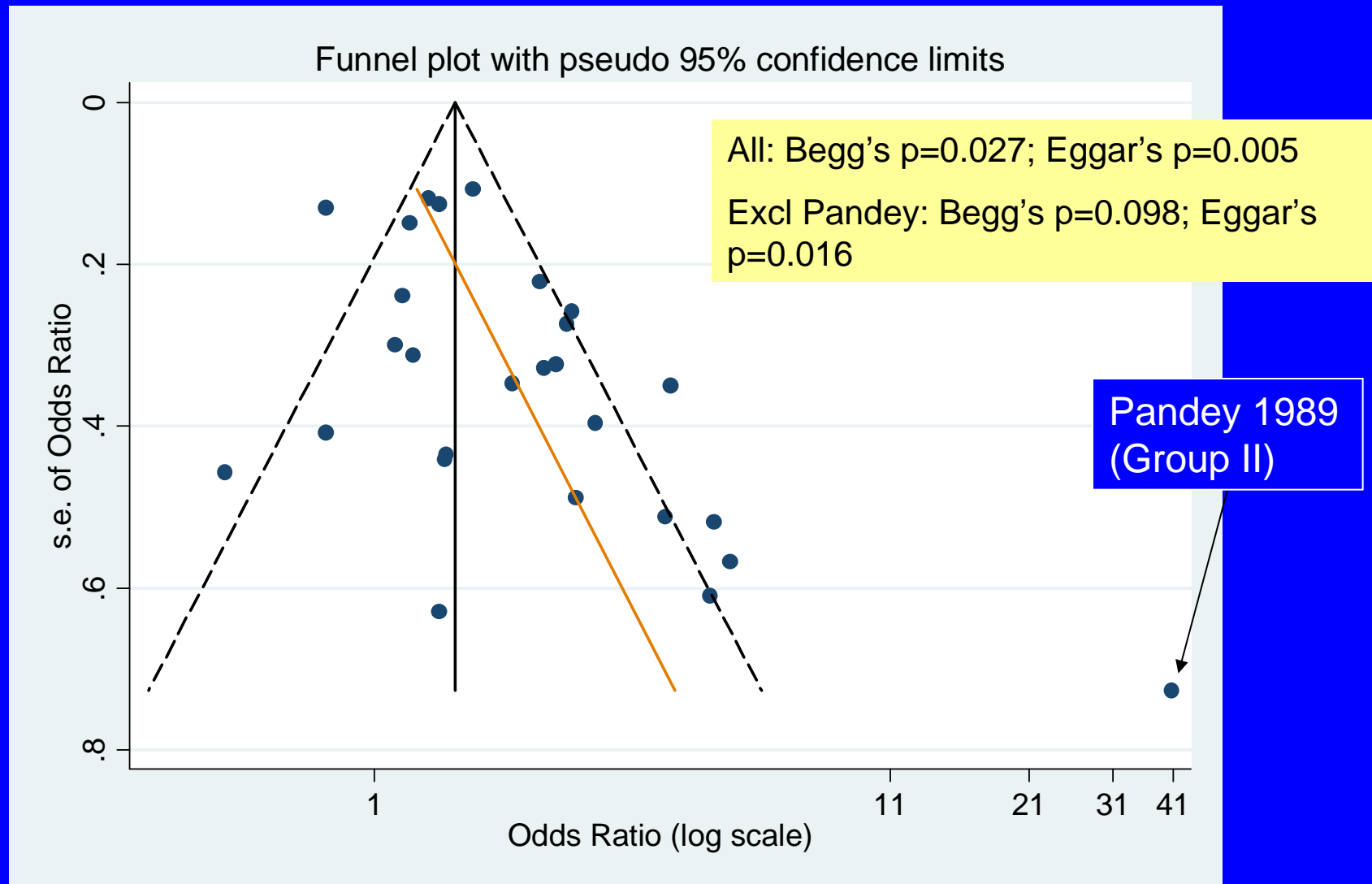
- Evidence available:
  - Published SR, mainly observational studies [Dherani (2008)]
  - RESPIRE (RCT) (a) Intention to treat (b) exposure response association [Smith (2011)]
- Approach taken:
  - Assess consistency of observational and RCT effects (ITT and exposure-response)
  - IER links RESPIRE exposure-response with OAP and SHS epidemiology for PM<sub>2.5</sub>
  - Derive OR for ‘typical’ PM<sub>2.5</sub> child HAP exposure seen for homes using solid fuels vs. counterfactual

Study design	N*	OR	95% CI
Intervention	2	1.28	1.06, 1.54
Cohort	7	2.12	1.06, 4.25
Case-control	15	1.97	1.47, 2.64
Cross-sectional	3	1.49	1.21, 1.85
All	26	1.78	1.45, 2.18



# Funnel plot - all studies:

## Assessment for evidence of publication bias



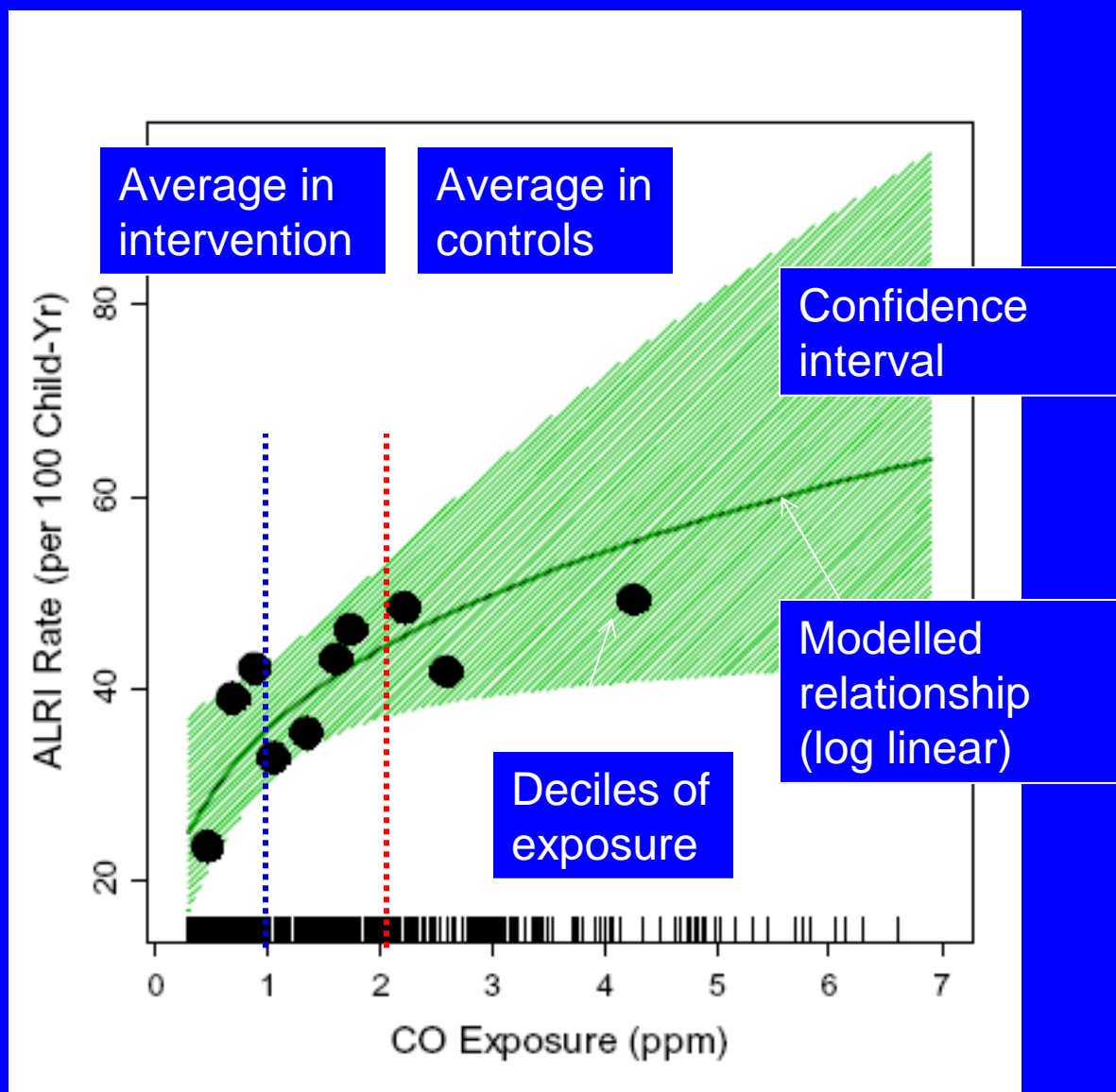
# Sensitivity analysis

Group	Detail	Random effects estimates		
		N	OR	95% CI
All studies	All	27	1.78	1.45, 2.18
	Excl. Pandey (outlier)	26	1.67	1.39, 2.01
	+ excl. Low prevalence	22	1.79	1.46, 2.21
Controls	Unbiased selection	9	1.50	1.05, 2.14
Confounding	Good adjustment	16	1.77	1.43, 2.18
Exposure	Good categorisation	16	1.67	1.33, 2.09
	Solid vs. clean fuel	14	1.69	1.29, 2.20
Outcome measure	Excluding DHS	23	1.72	1.37, 2.17
	MD diagnosis/CXR	20	1.65	1.26, 2.15
Age group	< 60 months	11	1.62	1.21, 2.15
	< 36 months	4	2.05	1.38, 3.07
	< 24 months	12	1.96	1.36, 2.82
Adjustment for publication bias		[-3 studies]* 1.64 (1.34, 2.01) [-5 studies]** 1.54 (1.25, 1.89)		

\* Manual trim

\*\* Metatrim (Stata)

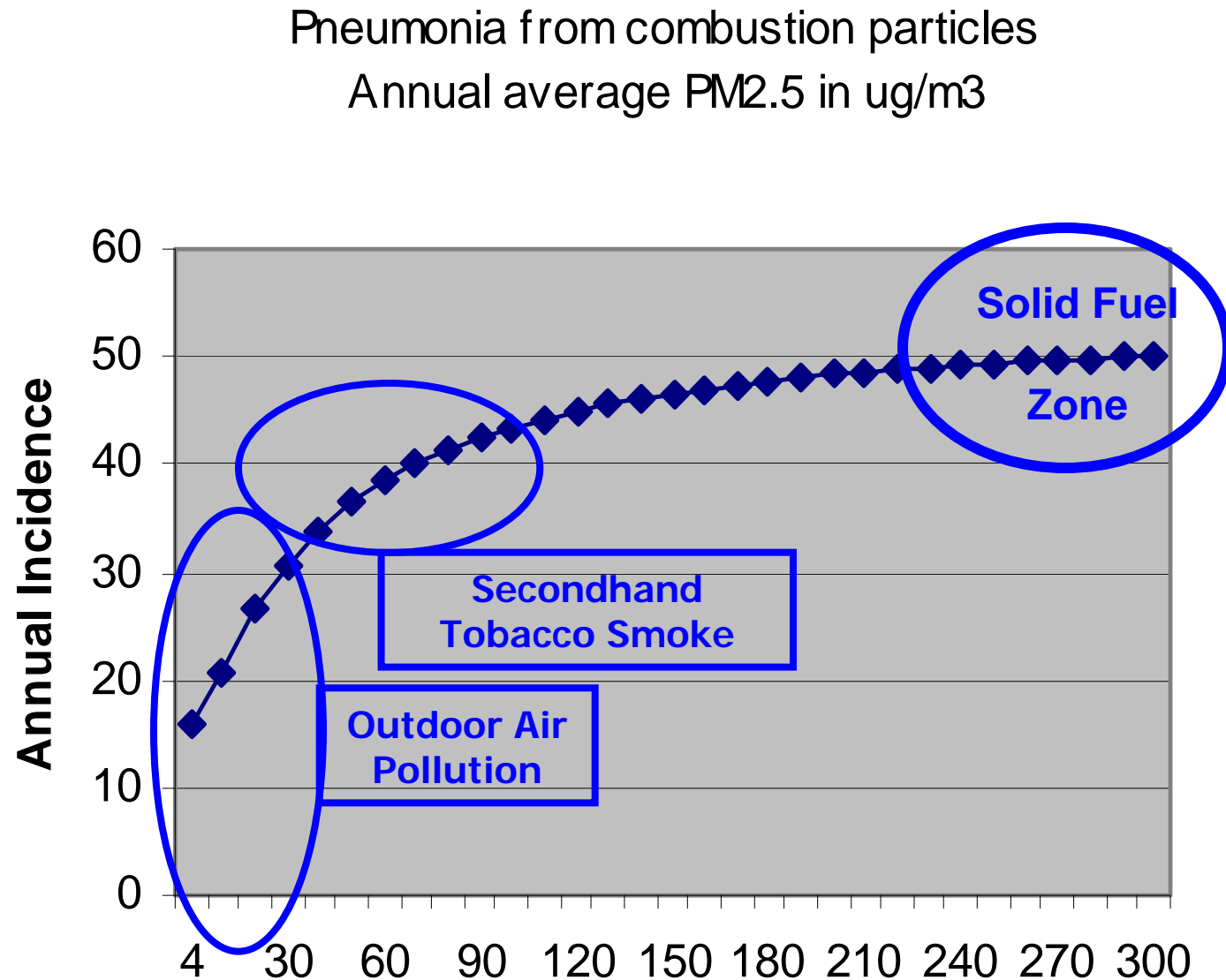
# Exposure – response relationship



Physician-diagnosed pneumonia

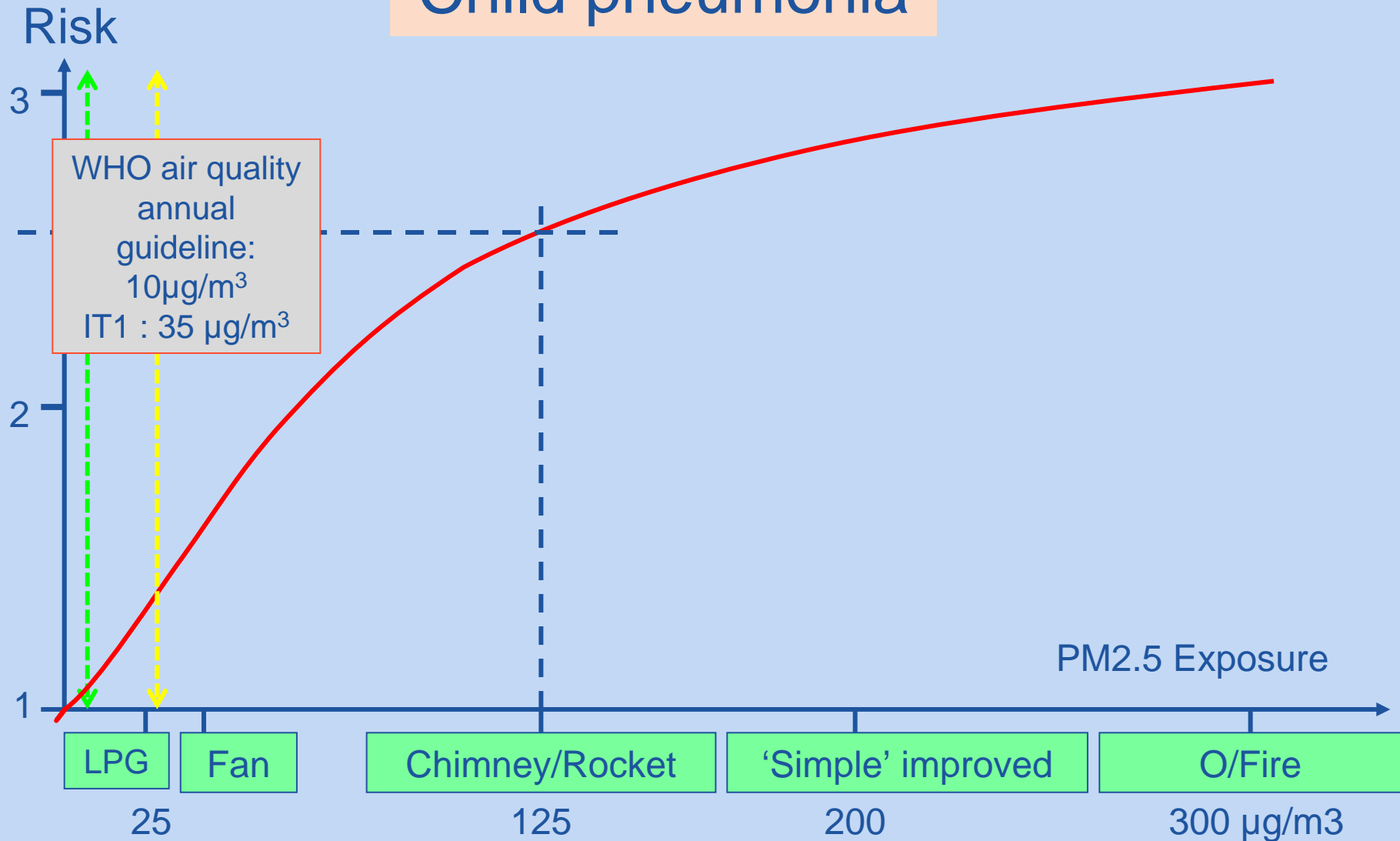
From the  
**RESPIRE**  
Studies in  
Guatemala

# Generalized Exposure-Response: Outdoor Air, SHS, and HAP



# Exposure-response relationship

## Child pneumonia

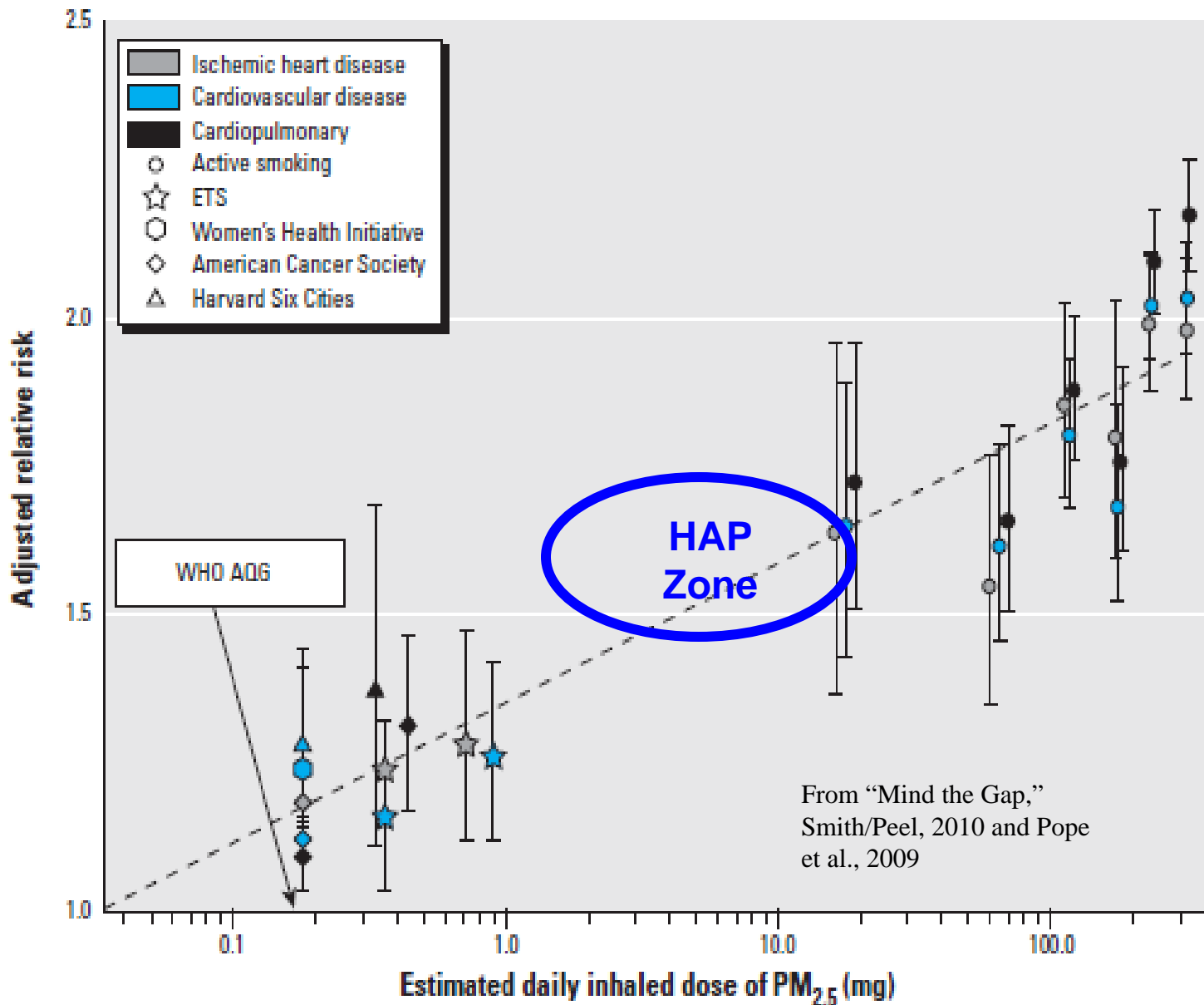


# Cardiovascular Disease

# Evidence and approach

- No studies of CVD and HAP
  - But studies showing effects on blood pressure and ST-segment, important disease signs
- Epidemiologic evidence shows clear, consistent evidence of increasing risk
  - at higher exposures – ATS
  - and lower exposures – OAP and SHS
- Interpolation indicates that HAP would also increase risk

# Heart Disease and Combustion Particle Doses



# Chimney Stove Intervention to Reduce Long-term Wood Smoke Exposure Lowers Blood Pressure among Guatemalan Women

EHP, 2007

John P. McCracken,<sup>1,2</sup> Kirk R. Smith,<sup>3</sup> Anaité Díaz,<sup>4</sup> Murray A. Mittleman,<sup>1,5</sup> and Joel Schwartz<sup>1,2</sup>

**Table 3.** Crude and adjusted between-group differences in SBP and DBP (mm Hg) associated with *plancha* compared with open fire use during the trial period.

	No. of subjects (measures)		Crude mean difference			Adjusted mean difference <sup>a</sup>		
	Control group	Intervention group						
			Estimate	95% CI	p-Value	Estimate	95% CI	p-Value
SBP	71 (111)	49 (115)	-2.3	-6.6 to 2.0	0.30	-3.7	-8.1 to 0.6	0.10
DBP	71 (111)	49 (115)	-2.2	-4.7 to 0.3	0.09	-3.0	-5.7 to -0.4	0.02

Between  
group  
analysis

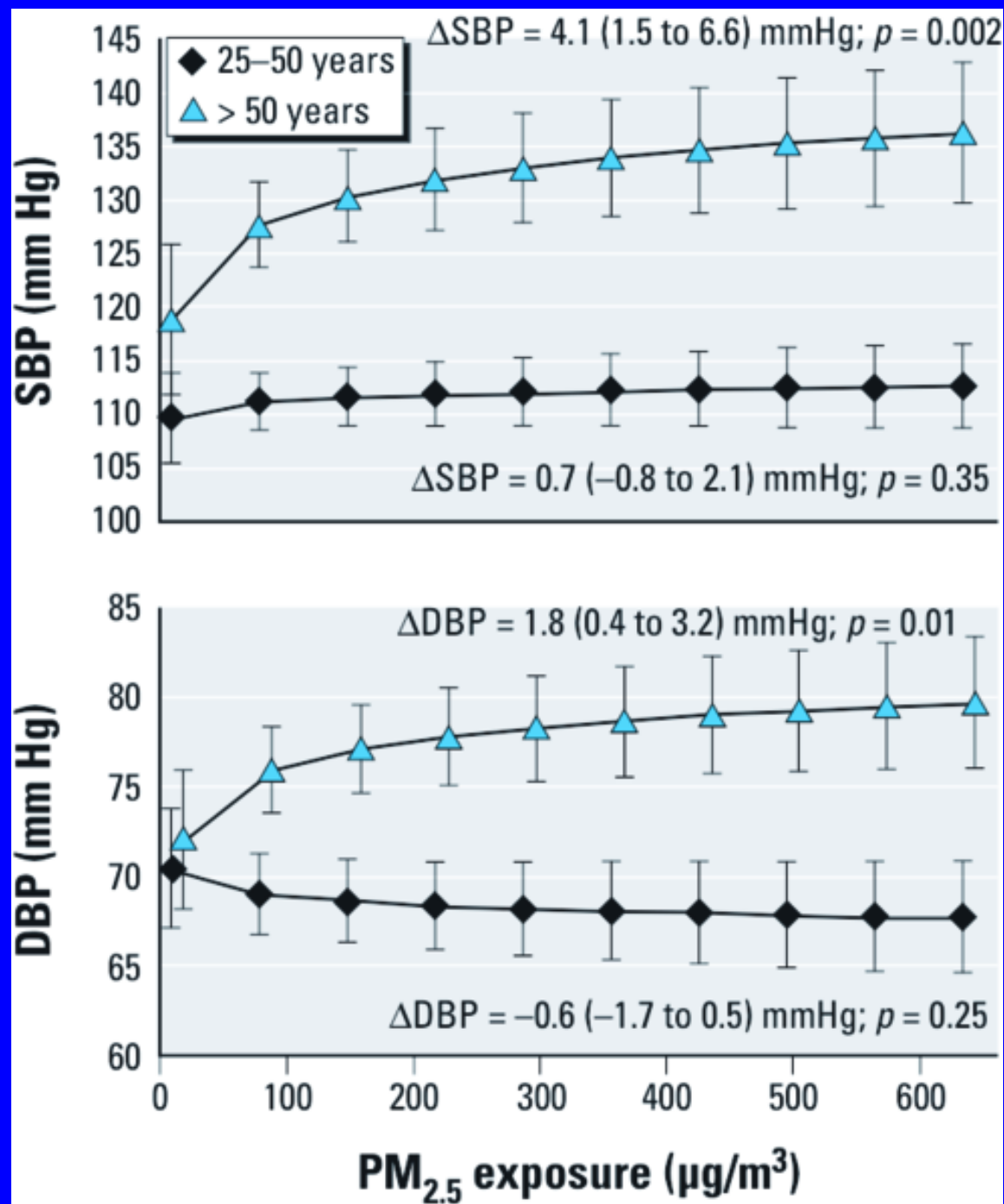
**Table 4.** Crude and adjusted within-subject differences in SBP and DBP (mm Hg) after the *plancha* echo-intervention compared with before.

	No. of subjects (measures)		Crude mean difference			Adjusted mean difference <sup>a</sup>		
	Trial period	Echo-intervention						
			Estimate	95% CI	p-Value	Estimate	95% CI	p-Value
SBP	55 (88)	55 (65)	-3.7	-6.0 to -1.4	0.002	-3.1	-5.3 to -0.8	0.01
DBP	55 (88)	55 (65)	-2.3	-3.8 to 0.9	0.003	-1.9	-3.5 to -0.4	0.01

Before and  
after  
analysis

Household  
Air  
Pollution  
and  
Blood Pressure  
  
In Yunnan, China

Baumgartner et al.  
EHP 2011



# Intervention to Lower Household Wood Smoke Exposure in Guatemala Reduces ST-Segment Depression on Electrocardiograms

*John McCracken,<sup>1,2</sup> Kirk R. Smith,<sup>2</sup> Peter Stone,<sup>3</sup> Anaité Díaz,<sup>4</sup> Byron Arana,<sup>4</sup> and Joel Schwartz<sup>1</sup>*

<sup>1</sup>Department of Environmental Health, Harvard School of Public Health, Boston, Massachusetts, USA; <sup>2</sup>Environmental Sciences Division, University of California, Berkeley, California, USA; <sup>3</sup>Brigham and Women's Hospital, Boston, Massachusetts, USA; <sup>4</sup>Center for Health Studies, Universidad del Valle, Guatemala City, Guatemala

**EHP Nov, 2011**

**Table 3.** Odds ratios (ORs) for nonspecific ST-segment depression (30-min average  $\leq -1$  mm, regardless of slope) associated with chimney-stove intervention compared with open fire from two study designs: between-groups and before-and-after analyses.

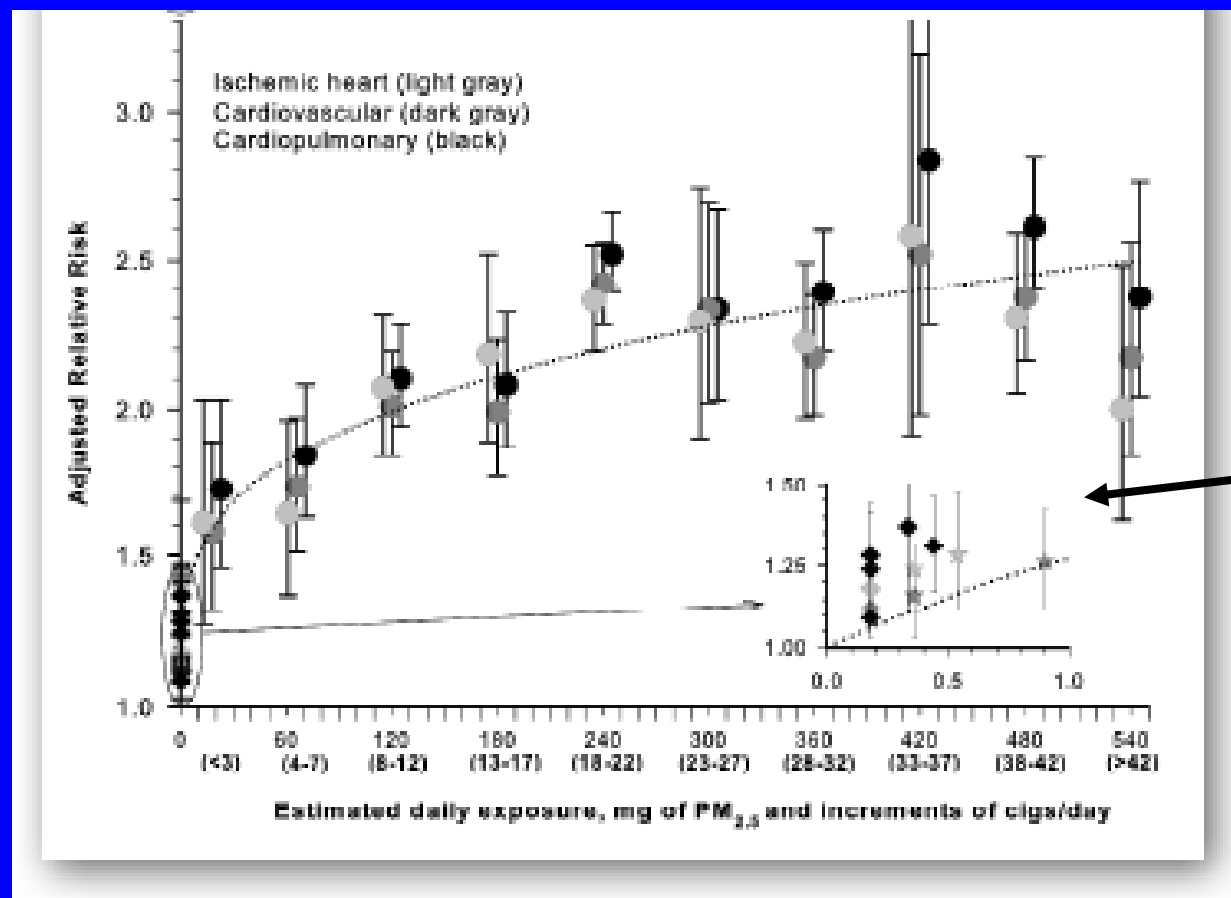
Comparison	Crude		Adjusted	
	OR (95% CI)	p-Value	OR (95% CI)	p-Value
Between-groups	0.34 (0.15, 0.81)	0.015	0.26 (0.08, 0.90) <sup>a</sup>	0.033
Before-and-after (only control group)	0.41 (0.24, 0.70)	0.001	0.28 (0.12, 0.63) <sup>b</sup>	0.002

<sup>a</sup>Adjusted for age (quadratic), BMI (quadratic), asset index category, ever smoking, SHS, owning a wood-fired sauna, recent use of wood-fired sauna, and time of day (natural spline with 5 degrees of freedom). <sup>b</sup>Adjusted for age (quadratic), day of week, season (wet/dry), daily average temperature and relative humidity, daily rainfall, interactions of weather variables with season, recent use of wood-fired sauna, and time of day (natural spline with 5 degrees of freedom).

Table 2. Adjusted relative risk estimates<sup>a</sup> for various increments of exposure from cigarette smoking (versus never smokers), second hand cigarette smoke, and ambient air pollution from the present analysis and selected comparison studies.

Source of risk estimate	Increments of Exposure	Adjusted RR (95% CI)				Estimated Daily Dose PM <sub>2.5</sub> (mg) <sup>b</sup>
		Lung Cancer	IHD	CVD	CPD	
ACS- present analysis	≤3 (1.5) cigs/day	10.44 (7.30-14.94)	1.61 (1.27-2.03)	1.58 (1.32-1.89)	1.72 (1.46-2.03)	18
ACS- present analysis	4-7 (5.5) cigs/day	8.03 (5.89-10.96)	1.64 (1.37-1.96)	1.73 (1.51-1.97)	1.84 (1.63-2.08)	66
ACS- present analysis	8-12 (10) cigs/day	11.63 (9.51-14.24)	2.07 (1.84-2.31)	2.01 (1.84-2.19)	2.10 (1.94-2.28)	120
ACS- present analysis	13-17 (15) cigs/day	13.93 (11.04-17.58)	2.18 (1.89-2.52)	1.99 (1.77-2.23)	2.08 (1.87-2.32)	180
ACS- present analysis	18-22 (20) cigs/day	19.88 (17.14-23.06)	2.36 (2.19-2.55)	2.42 (2.28-2.56)	2.52 (2.39-2.66)	240
ACS- present analysis	23-27 (25) cigs/day	23.82 (18.80-30.18)	2.29 (1.91-2.75)	2.33 (2.02-2.69)	2.33 (2.03-2.67)	300
ACS- present analysis	28-32 (30) cigs/day	26.82 (22.54-31.91)	2.22 (1.97-2.49)	2.17 (1.98-2.38)	2.39 (2.19-2.60)	360
ACS- present analysis	33-37 (35) cigs/day	26.72 (18.58-38.44)	2.58 (1.91-3.47)	2.52 (1.98-3.19)	2.83 (2.28-3.52)	420
ACS- present analysis	38-42 (40) cigs/day	30.63 (25.79-36.38)	2.30 (2.05-2.59)	2.37 (2.16-2.59)	2.61 (2.40-2.84)	480
ACS- present analysis	43+ (45) cigs/day	39.16 (31.13-49.26)	2.00 (1.62-2.48)	2.17 (1.84-2.56)	2.37 (2.04-2.76)	540
ACS-air pol. original	24.5 µg/m <sup>3</sup> ambient PM <sub>2.5</sub>	-----	-----	-----	1.31(1.17-1.46)	0.44
ACS-air pol. extend.	10 µg/m <sup>3</sup> ambient PM <sub>2.5</sub>	1.14(1.04-1.23)	1.18(1.14-1.23)	1.12(1.08-1.15)	1.09(1.03-1.16)	0.18
HSC-air pol. original	18.6 µg/m <sup>3</sup> ambient PM <sub>2.5</sub>	-----	-----	-----	1.37(1.11-1.68)	0.33
HSC-air pol. extend.	10 µg/m <sup>3</sup> ambient PM <sub>2.5</sub>	1.21(0.92-1.69)	-----	1.28(1.13-1.44)	-----	0.18
WHI-air pol.	10 µg/m <sup>3</sup> ambient PM <sub>2.5</sub>	-----	-----	1.24(1.09-1.41) <sup>c</sup>	-----	0.18
SGR-SHS	Low- moderate SHS exp.	-----	-----	1.16(1.03-1.32)	-----	0.36
SGR-SHS	Moderate-high SHS exp.	-----	-----	1.26(1.12-1.42)	-----	0.90
SGR-SHS	Live with smoking spouse	1.21(1.13-1.30)	-----	-----	-----	0.54
SGR-SHS	Work with SHS exposure	1.22(1.13-1.33)	-----	-----	-----	0.72
INTERHEART	1-7 hrs/wk SHS exp.	-----	1.24(1.17-1.32) <sup>d</sup>	-----	-----	0.36
INTERHEART	Live with smoking spouse	-----	1.28(1.12-1.47) <sup>d</sup>	-----	-----	0.54

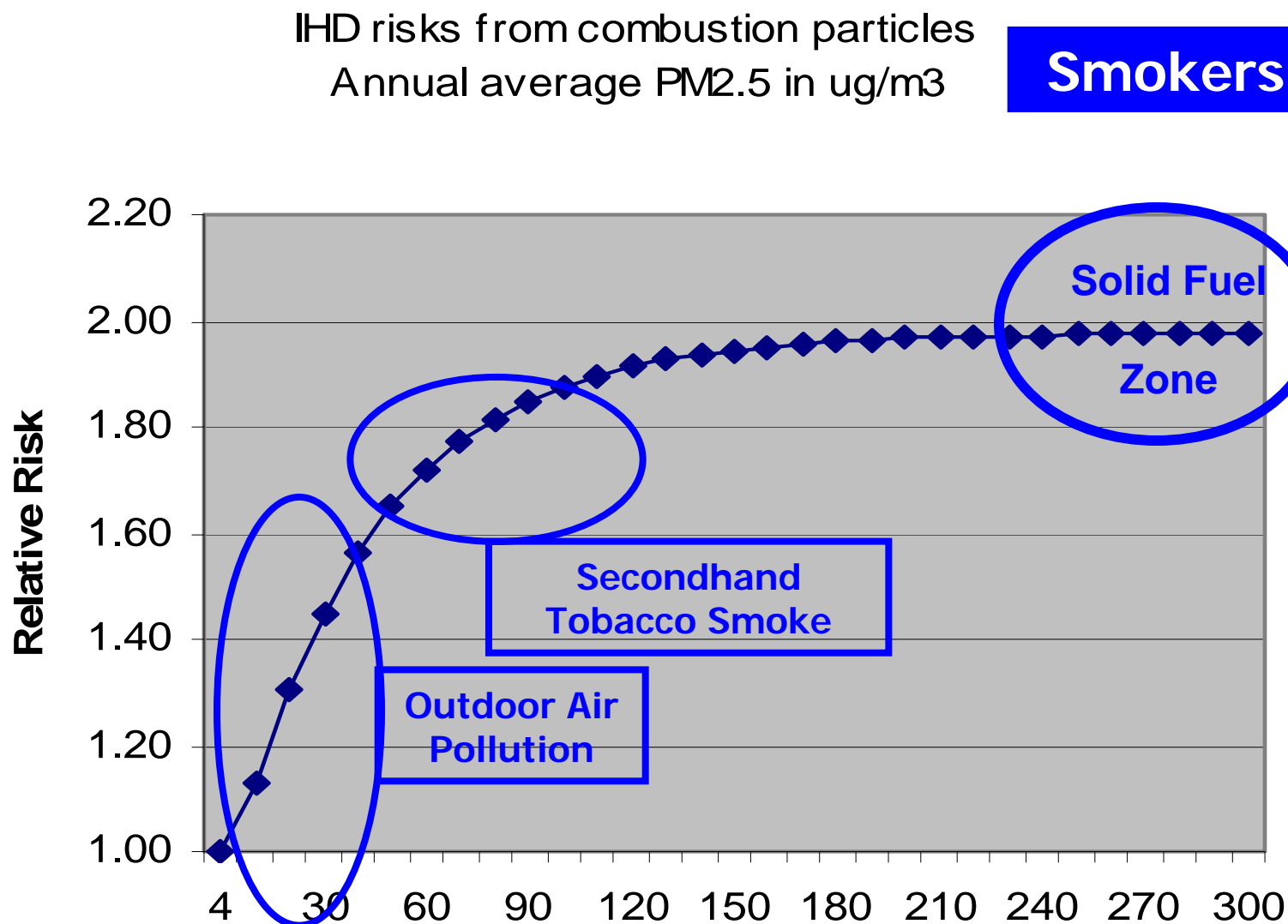
Pope et al.  
Environmental Health  
Perspectives  
 2011, in press



CVD

Pope et al.  
Environmental  
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# Generalized Exposure-Response: Outdoor Air, SHS, and Smoking and Heart Disease



CRA,  
2011

Disease	Sex	Age	RR	Evidence
<i>ALRI</i>	M/F	<60 mo	2.71	SR/MA, RCT, IER
<i>Cataracts</i>	F	>25 y	2.47	SR/MA
<i>COPD</i>	F	>25 y	??	??
<i>COPD</i>	M	>25 y	??	??
<i>Lung Cancer</i>	F	>25 y	1.99	SR/MA, IER
<i>Lung Cancer</i>	M	>25 y	1.60	SR/MA, IER
<i>IHD</i>	F	25-80+ y	2.83-1.31	IER
<i>IHD</i>	M	25-80+ y	2.53-1.27	IER
<i>Cerebro</i>	F	25-80+ y	4.50-1.57	IER
<i>Cerebro</i>	M	25-80+ y	3.71-1.54	IER

## **Preliminary estimates suggest the HAP burden is considerably higher than in the CRA-2000**

- Because evidence now supports
  - 1) impacts on men as well as women,
  - 2) inclusion of additional diseases (CVD, LC from biomass, and cataract);
  - 3) a portion of OAP burden is now included
  - 4) a lower counterfactual level is applied, equivalent to cooking with gas
- In spite of smaller COPD RRs and a smaller global background rate of ALRI

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HAP CRA Website: <http://ehs.sph.berkeley.edu/krsmith/page.asp?id=25>