

# Organic Dimension

Backgrounds with loads of depth and luscious visual texture

**Instructor Paulette Insall**

[www.pauletteinsall.com](http://www.pauletteinsall.com)

Copyright © 2008

## Supply List

- 2 or 3 stretched canvases 3/4" thick pre-primed
- white gesso
- at least 2 colors of tube acrylic paints
- fluid acrylic paints in titanium white and at least 1-2 other colors
- at least 3-4 different colored acrylic craft
- a few small synthetic paint brushes
- a small 1/8" stencil brush
- a large paintbrush
- 2 foam brushes - one small size and one large size
- soft gel gloss medium or matte medium
- a few decorative stencils
- a few rubber or acrylic stamps
- a couple of big foam stamps
- found objects to use as stamps or stencils
- watersoluble graphite pencil
- small set of water based
- fine sandpaper or fine sandpaper pad/sponge
- spray bottle filled with water
- wax paper
- freezer paper or something to use as a paint palette to mix your paints on
- rubber roller/brayer
- various collage papers
- your favorite images on paper to use as focal elements in your paintings
- scissors
- regular cotton swabs
- lint free paper towels
- spray workable fixative

### *Nice to have, but not required*

- spray finish or spray varnish for acrylic paintings
- hair dryer or heat gun for drying paint (optional)