FIELD TRIP
GORgeous GETAWAY CLOTHES

Trial By Media
This Month
Henkeeping & Butchery

Polly Devlin's
BEAUTIFUL TRAIN JOURNEY

THE GLOSSIEST SPOTS
HOLIDAYS IN IRELAND
PERSON
Aoibhinn Mac Namara runs the Ad Bia & Nimmo restaurant near the Spanish Arch in Galway. She initially studied art history and has worked in art galleries around the world. She says, however, that her “real education” began in the UK when she spent time working at the private members’ clubs Soho House and Rivington House.

PLACE
“Jogging on the promenade at Salthill and dining at Blackrock is truly magical. So healthy and social. I love to sit and watch the sea with my son, Oonduar, on The Long Walk, when I live and work.”

THING
“My favourite café is Kai on Sea Road. It’s not just about the food and drink; there’s always the expectation of who you might meet there. It’s a social adventure. My favourite shop is O’Malley’s Shop Street, which sells all things Arab as well as other types of knick-knack and tweed. I have everything they do in Amrum – from cards to ponchos. In July, I’ll be at the Film Fleadh: the international film world descends on Galway and the atmosphere at the screenings at the rowing club is electric.”

OUR TOP TERRACES

Make a good meal more memorable with a spectacular view.

TANKARDSTOWN HOUSE, Slane, Co Meath; www.tankardstown.ie
There’s a seamless transition from indoor to outdoor on the covered terrace of this luxurious restaurant. Gorgeous gardens. DOLPHIN BEACH HOUSE, Clifden, Co Galway; www.dolphinbeachhouse.com
Unparalled views and simple, delicious seafood make the Boyle family’s restaurant on the Sky Road a summer favourite. THE WINE BAR, Gordon Ramsay at Powerscourt, Ritz Carlton, Enniskerry, Co Wicklow; www.ritzcarlton.com
Walled in spectacular views, drink wines by the glass and graze on plates of cheese, charcuterie or chocolate on a sophisticated terrace.

CLIFF HOUSE HOTEL, Adare, Co Waterford; www.thecliffhousehotel.com
Possibly the best located terrace in the country (picked above). And Martijn Kooler’s food isn’t bad either.

GLEBE GARDENS & CAFE, Baltimore, Co Cork; www.glebegardens.com
A sunny terrace, an amphitheatre, home-grown organic fruit and vegetables from beautiful gardens. Summer perfection.

FISHY, FISHY, Kinsale, Co Cork; www.fishyfishy.ie
Glamorous outdoor terrace shaded by huge umbrellas with great atmosphere – it’s near Kinsale Woodsman Martin Shanahan, THE WATERFRONT, Rosses Point, Co Sligo; www.waterfrontrestaurant.ie
Views of Oyster Island and Sligo Bay sharpen the appetite for some seriously good local seafood. Try the Lissadell mussels.

OUR TOP CAMPITES

Pitch up at one of these sites and you’ll discover why camping is so cool.

DROMQUINNA MANOR, Kenmare, Co Kerry; www.dromquinnamanor.com
John and Gwen Brennan’s new waterfront property is a total triumph, with twelve superbly equipped tents – big comfy beds, fresh white bedlinen, hot water bottles, towels supplied, your own deck – nestled on a wooded slope, overlooking the bay. An excellent B&B, smart little kitchen, a laundry and a barbecue area are all on site – and a lovely children’s playground. Fresh croissants are delivered every morning to the little shop. Wake to birdsong and fall asleep to the sound of rain on the canvas – you’ll be sung as a bug inside.

FEATHERDOWN FARM at Ash Park, Dungiven, Co Derry; www.featherdown.co.uk
Laying hens, a wood-fired pizza oven and a farm shop stock exquisite meat and artisan products. Designer camping at its best. RIVER VALLEY CARAVAN PARK, Redcross, Co Wicklow; www.rivervalleypark.com
Family-friendly, with a separate quiet area for couples. And a new glamping option in Kukun huts.

TEAPOT LANE, Tawley, Co Laois; www.teapottelerecreationsite.com
Sleep in a king-size bed in a luxury yurt in the shadow of Benbulben, work on your surfing technique in nearby Bundoran and relax with holistic treatments. Who knew that mere Laois could be like this?

CASTLE NGOMHEGAN, Co Westmeath; www.boutiquecamping.ie
Eco-chic yurts with wood-burning stoves and communal cooking facilities. The Green Village music and arts festival takes over on September 29.

OUR TOP OUTDOOR SWIMS

Avoid the waves, and the crowds, at the beach and take a dip inland.

RIVER BARROW, Graignamamanagh, Co Kilkenny.
Weave between the bays as you swim in this pretty town. Reward yourself with lunch afterwards at the Step House in nearby Borris.

LISNAVAGH HOUSE, Rathvaal, Co Carlow; www.lisnavagh.com
A romantic hideaway, this pool is in its own secret walled garden.

ROUGH HYNE, West Cork.
This saltwater lake is home to rare plants and fish as well as being a breathtakingly beautiful swimming spot.

OUR TOP WEAR


WITH
Sunglasses, Tom Ford, €388, at Arnotts.

CYCLE