

## Suggestions for Furnishing a Workplace Lactation Area

<b><u>Basic Model</u></b>	<b><u>Even Better Model</u></b>	<b><u>State of the Art Model</u></b>
Room that locks from inside	Same as “Basic” model	Same as “Basic” model
Electrical outlet (standard 110V)	Same as “Basic” model	Same as “Basic” model
Comfortable chair	Comfortable chair and footstool	Same as “Even Better” model
Small table or flat surface to hold breast pump	Same as “Basic” model	Same as “Basic” model
Room located near sink with hot running water	Room has sink with hot running water in it	Same as “Even Better” model
Disinfectant wipes	Same as “Basic” model	Same as “Basic” model
Paper towels and soap dispenser by sink with the hot running water	Paper towel and soap dispenser in room	Same as “Even Better” model
Employee rents or owns her breast pump	Employer pays for rental of hospital grade multi-user electric pump	Employer provides for a personal electric pump or hospital-grade multi-user electric pump. <u>Note:</u> Consider including an electric personal breast pump in your employee health benefit package.
Employee provides her own pump attachment kit	Employer subsidizes pump attachment kit	Employer provides pump attachment kit
Employee stores breast milk in employee refrigerator or personal cooler.	Employer provides personal coolers for storing breast milk	Employer provides small refrigerator in lactation room for storing breast milk
Wastebasket	Same as “Basic” model	Same as “Basic” model
Room is clean	Same as “Basic” model	Same as “Basic” model
	Wall clock	Clock, mirror, wall hangings
	Bulletin Board for educational materials or communications	Same as “Even Better” model
	Educational resources available	Same as “Even Better” model
	Telephone available	Same as “Even Better” model
		Internet access

Adapted from:

- Easy Steps to Supporting Breastfeeding Employees, published in 2008 by the US Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau.
- Lactation & Worksite Support Employer’s Guide, published by Polk County Breastfeeding Coalition.