



Q&A

18 Signs You Can See On Your Body Of **POTENTIAL DISEASE**

MORE FROM THE BLOOD DETECTIVE, DR. MICHAEL WALD

1. Cracked lips can be a sign of diabetes because blood sugar grows candida in thin-skinned areas.
2. Creamy white patches on the tongue and gums can be thrush (yeast).
3. Loss of hair at the outer part of your eyebrows can mean a thyroid problems.
4. Acne on the chin and upper lip linked to hormone imbalance; you might have PCOS.
5. Unexplained nosebleeds can mean your blood is not clotting properly because of lack of vitamin K, protein and prothrombin.
6. Pale lower eyelids can mean you are lacking iron. Droopy eyelid can indicate a muscular and nerve problem or even stroke.
7. A yellow tinge to the whites of your eyes can be a sign of liver problems.
8. A white ring under the iris (colored part of the eye) can be a sign of high cholesterol.
9. Institute of Cancer says men whose index fingers are longer than their ring finger are less likely to get prostate cancer.
10. Men whose index fingers are shorter than the ring finger may have longer penises.
11. Bad breath may be an indicator of heart disease, tonsillitis, GI disease or cancer.
12. Skin tags may mean you have diabetes.
13. Loss of sense of smell may mean that you are predisposed to Alzheimer's and Parkinson's disease.
14. Small calves may mean you have hidden cardiovascular risk.
15. A diagonal earlobe crease means you may have hidden cardiovascular risk.
16. Bulging neck, hair falling out and fatigue may mean you have low thyroid.
17. Adult acne is associated with an increased risk of prostate cancer.
18. A 5 o'clock shadow equals more testosterone and lower heart disease risk.

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