



## THE MANY FACES OF Malabsorption/Malnutrition (M/M)

If you can answer even half of the questions below, you might consider yourself an expert in malnutrition/malabsorption, abbreviated MM issues.

**TRUE OR FALSE:** Testing for MM disorders are routinely done by most doctors?

**ANSWER:** False. In fact, most gastroenterologist do not routinely perform tests for MM. When they do, our experience is that testing is woefully incomplete.

**TRUE OR FALSE:** MM problems may mimic other health problems such as multiple sclerosis, nerve problems, headaches, osteoporosis, infections and various intestinal disorders to name a few?

**ANSWER:** True. Deficiencies of nutrients may result in breakdown of many cellular, tissue and organ systems.

**TRUE OR FALSE:** MM is a term used to refer only to Celiac Disease (CD)?

**ANSWER:** False. CD is a malabsorption disorder caused by an autoimmune reaction to dietary gluten found in barley, rye, oats and wheat. However, there are several other forms of MM including, but not limited to, non-celiac gluten intolerance, atrophic gastritis, increased indicant, parasite disorders, cows' milk intolerance, soy milk intolerance, fructose malabsorption, Lactase deficiency inducing lactose intolerance (constitutional, secondary or rarely congenital), sucrose intolerance, Intestinal disaccharidase deficiency, Intestinal enteropeptidase deficiency, cystic fibrosis, chronic pancreatitis, carcinoma of pancreas, Zollinger-Ellison syndrome, Bile salt malabsorption, terminal ileal disease, obstructive jaundice, bacterial overgrowth.

**TRUE OR FALSE:** Most gastroenterologists routinely test for various forms of MM?

**ANSWER:** False. Unfortunately, many of our patients have needlessly suffered for many months and even years from various health problems resulting from nutritional and metabolic problems from MM syndromes.

**Which signs and symptoms below are sometimes caused by MM syndromes?**

- Diarrhea, floating stool, bloating, gas
- Weight loss and growth retardation
- Swelling or edema of the face, hands, lets and other body regions
- Fatigue and weakness
- Muscle cramps, osteopenia and osteoporosis
- Easy bruising and bleeding problems

**ANSWER:** All of the above are true.

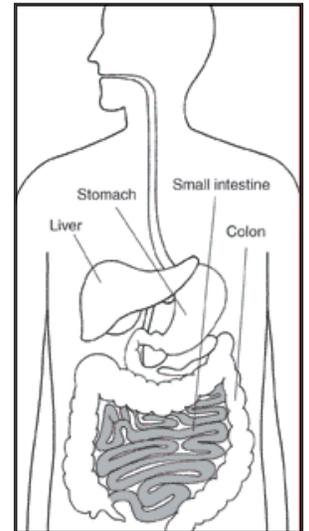
**TRUE OR FALSE:** Many MM disorders will respond only to high doses of oral supplements, intramuscular vitamin shots and/or intravenous nutrition drips?

**ANSWER:** True

**WHAT YOU SHOULD KNOW** – Our office is has succeeded where others have failed to uncover MM disorders. Please visit our website or call us for more information.

**Listen to Dr. Michael Wald's audio show, Blood Detective for more information about this topic.**

Call and ask for a free copy of Blood Detective Radio Shows. Thirteen hours of natural health care secrets.



**QUESTIONS ABOUT YOUR HEALTH?**

Call Integrated Medicine & Nutrition at 914-242-8844 or visit [www.intmedny.com](http://www.intmedny.com)