



Seizures, Epilepsy, Attention Deficit, Tourette's and other Neurological Disorders

1. True or False: All of these conditions may have in common, as their cause, infections?

ANSWER: True – Viruses, bacteria, fungi and various parasites may be implicated as a potential cause of all of these conditions. Testing can help figure this out

2. True or False: Tourette's may be caused in many children by streptococci infection specifically?

ANSWER: True – Strep may grow constantly in the nasal passages and produce Tourette's symptoms seasonally and then go away. The strep cause an immune reaction that produces antibodies that attack the brain causing symptoms.

3. True or False: Hormonal problems may be involved in seizure activity?

ANSWER: Yes – Deficiency of testosterone, when associated with seizures, may actually lower (improve) seizure threshold.

4. True or False: Urine testing of amino acids and neurotransmitters, and the recommendation of appropriate nutrition based on these tests, is all that is needed to manage seizures, epilepsy, Attention Deficit and Tourette's?

ANSWER: False. Although potentially helpful, urine testing is far from perfect. Also, many other nutrients may help these conditions that are determined upon other types of testing. Lastly, many scientific studies have been done that provide valuable information regarding potential causes and nutritional strategies for these issues; in many cases eliminating the need for further testing.

5. True or False: Seizures of unknown origin in children and adults may be caused by genetic problems (in-born errors of metabolism) that often go untested and untreated.

ANSWER: True

6. Which of the following nutrients may help Seizures, Epilepsy, Attention Deficit Disorder and Tourette's?

- a. Omega 3 fatty acids
- b. Pyridoxine (B6)
- c. Magnesium orotate
- d. Amino acids
- e. All of the above

ANSWER: All of the above may, more or less, help these conditions. Only symptoms and signs, considered along with precise lab work, can determine the best combination of nutrition.

Listen to Dr. Michael Wald's audio show, Blood Detective for more information about this topic.

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