

Class Schedule
Woodbury Yoga Center

Monday	9:30 am, 5:30 pm
Tuesday	9:30 am, 11:15am, 6:00 pm
Wednesday	9:30 am, 6:00 pm, 7:45 pm
Thursday	9:30 am, 4:00 pm
Friday	9:30 am
Saturday	10:00 am
Sunday	5:00 pm



Woodbury Yoga Center
122 West Side Road, Woodbury
203-263-2254
wyogac@gmail.com

An Invitation for One
Free Yoga Class

Traditional Hatha Yoga
Join us for a class of your choice

30 Years of Experience and Dedication

Visit us at

www.woodburyyogacenter.org
Present coupon at the time of your class

Name

Address

Phone

Email