



## A QUICK TRICK FOR HOOKERS E BOOK: 5 Thick 'n Quick patterns

Saranya Cowl

Saranya means Refuge in Sanskrit. This cowl makes you feel safe, warm & happy

### MATERIALS:

1 Skein Super Bulky Yarn\*

P Hook\* or even larger to get gauge

30 minutes

**GAUGE:** 4 sc to 4" (doesn't really matter)

### STITCHES:

Chain: CH ∞

Slip stitch: slst ●

Single Crochet: SC +

Single crochet back loop only: SCBLO ±

Double Crochet : DC †

Half Double Crochet Back Loop Only: HDCBLO ⊥ (For Variation stitch)

## Let's get hooking

You will be working in the round. Mark the beginning SC stitch of each round in SC rounds and the top of the chain 3 (counts as first DC stitch) in DC rounds (great tutorial for a [chainless starting chain](#).) SC rounds always chain 1. Remember the slip stitch and chain 1 do not count as stitches!

Foundation Chain: Loosely chain approximately 26"

Join with a slip stitch being careful not to twist your stitches. The chain determines the final width of the cowl to fit over your head/neck. I wanted this cowl to keep me warm, cozy & snug. My gauge is exactly 1 stitch = 1" so my foundation chain is 26. Be sure to check your foundation circle size i.e. your foundation chain or your cowl might end up too tight or too loose. Remember every stitch will make the cowl approximately 1" wider.



Write down your foundation number \_\_\_\_\_ (remember to count after every row)

Row 1 Chain 1 SC in first stitch under the back bump repeat around for a total of stitches. Join with a slst into first sc (sl st is under both loops)



Top of stitch



Bottom bump

Row 2 Chain 1 SCBLO in first stitch and every stitch around. Join with a sl st into first sc (slst is under both loops)



Single Crochet Back Loop Only (SCBLO)

Row 3– 4 repeat row 2 and remember to count your stitches ☺

Row 5 Chain 3 (this counts as your first DC use a stitch marker on top of the stitch) DC in next stitch and every stitch around. Join with a slst to top of chain 3

Row 6 – 8 repeat row 5

Row 9 – 11 Repeat row 2

Row 12 Repeat row 1 and bind off (you can keep going but I found this to be the perfect snugly height)



Variation: For a more compact cowl use the same pattern for Rows 1- 4 & 9 - 12 and for rows 5 – 8 switch to: Chain 2 (this counts as first stitch) HDCBLO around. Joins with slst to top of chain 2.



\* I adore my size P [Willette hook](#) in curly maple

\* Pictured [Rasta](#) by Malabrigo

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