



# Alice's Embrace



Alice's Embrace is devoted to providing hand-knit and hand-crocheted prayer shawls and lap blankets to those suffering from Alzheimer's Disease. We seek volunteers to knit and crochet the patterns that we have created. Through the loving hands of many generous and talented people, this endeavor will help ease the anxiety that is often present in those suffering from the disease.

## Homemade Noodles (Crochet) Prayer Shawl



**Skill Level:** 

**Size:** Approximately 20" x 60"

**Materials:** 1600 yards worsted weight yarn

**Hook:** US G-6 (4mm)

**Notions:** Right side marker, tapestry needle

**Gauge:** 15 stitches and 10 rows = 4" in pattern stitch

### Abbreviations:

BPdc = work dc inserting hook around the post of the dc in the row below, from the back.

Ch = Chain

Dc = Double crochet

FPdc = work dc inserting hook around the post of the dc in the row below, from the front.

St = Stitch

**Note:**

This stitch is truly reversible--it looks identical on both sides. Use the right side marker to designate a RS, as an aid to keeping track of rows.

**The Pattern:**

Ch 79

Set up row 1: Dc in 4th ch from hook, 1dc in each ch across.

Set up row 2: Ch2, \*1FPdc in each of next 3 sts, 1BPdc in each of next 3 sts, rep from \*, ending with 1FPdc in each of last 3 sts, 1dc in top of turning ch.

Rows 1 & 2: Ch2, \*1BPdc in each of next 3 sts, 1FPdc in each of next 3 sts, rep from \*, ending with 1BPdc in each of last 3 sts, 1dc in top of turning ch.

Rows 3 & 4: Ch2, \*1FPdc in each of next 3 sts, 1BPdc in each of next 3 sts, rep from \*, ending with 1FPdc in each of last 3 sts, 1dc in top of turning ch.

Repeat rows 1-4 until prayer shawl measures 60".  
Cut yarn. Finish off.

**Finishing:**

Weave in ends.