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CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LITTLE TIGERS MON-FRI All Belt Levels	1:30-2:00PM	3:30-4:00PM	1:30-2:00PM	1:30-2:00PM	1:30-2:00PM	WHT, WHT/GREEN, WHT/BLUE, WHT/RED 10:00AM-10:30AM NO, WHT/ORG, YEL, YEL/BLK 11:10AM-11:40AM
	4:10-4:40PM	4:00-4:30PM	3:30-4:00PM	3:30-4:00PM	3:30-4:00PM	
	6:00-6:30PM	5:50-6:20PM	6:00-6:30PM	6:00-6:30PM	6:00-6:30PM	
JUNIOR TIGERS 40 min Session	NO, WHT, YEL 3:30-4:10PM	ORG, GRN, BLUE 4:30-5:10PM	NO, WHT, YEL 4:00-4:40PM	ORG, GRN, BLUE 4:00-4:40PM	NO, WHT, YEL 4:00-4:40PM	NO, WHT, YEL 10:30-11:10AM
	ORG, GRN, BLUE 4:40-5:20PM	NO, WHT, YEL 5:10-5:50PM	PURPLE & UP 4:40-5:20PM	PURPLE & UP 4:40-5:20PM	ORG, GRN, BLUE 4:40-5:20PM	ORG, GRN, BLUE 11:40AM-12:20PM
	PURPLE & UP 5:20PM-6:00PM	PURPLE & UP 6:20-7:00PM	ORG, GRN, BLUE 5:20-6:00PM	NO, WHT, YEL 5:20-6:00PM	ALL BELTS 6:00-6:40PM	PURPLE & UP 12:20PM-1:00PM
	ALL BELTS 6:30-7:10	ALL BELTS 7:00-7:40PM	ALL BELTS 6:30-7:10PM	ALL BELTS 6:30-7:10PM		
TEEN & ADULTS	ALL BELTS 7:10PM-8:10PM	ALL BELTS 7:40-8:40PM	*SPARRING* + ALL BELTS 7:10-8:10PM			ALL BELTS + FAMILY 9:00AM-10:00AM
JUNIOR SPARRING					*YELLOW & UP* 5:20-6:00PM	
SWAT					*6:40-8:00PM*	* INDICATES REGISTRATION *
SPARRING CLASSES	Yellow belts and up can participate in sparring class. sparring classes are offered free with equipment purchase. Please ask our staff to participate. *APEX TIGERS SPARRING EQUIPMENT ONLY*					BOOK YOUR SPECIAL BIRTHDAY PARTY @APEX TIGERS 1:30PM-3:00PM
SPECIAL CLASSES	PRIVATE LESSONS AVAILABLE Monday ~ Saturday					
DOJANG BASIC RULES				DOJANG ETIQUETTE		
<ul style="list-style-type: none"> * Students Must Arrive On Time For Class. * Make-up & Extension Sessions are valid only with prior written notice. * Students should kneel down by classroom entrance to ask permission to enter if they are late for a class. * Students must attend two classes a week. * Students must bring sparring gear on sparring week (ATMA gear only) * All Black Belts & Jr. Black Belts must bring sparring class to every class. * If nursing an injury, please notify instructors before class begins. We can often work around certain injuries, but we need to know about them. * Masters/instructors/schedules may change without notice. * Belt certification fees are extra. 				<ol style="list-style-type: none"> 1. It is NEVER appropriate to pull your child out or yell into class to coach them. This disrupts the class, embarrasses your child, and shows a total lack of respect for Masters & instructors. It's rather best to encourage them. 2. If your child is not in a class, parents need to make sure they are not disrupting other classes. Courtesy is one of the TKD tenets. We expect all parents to enforce this. 3. If you need to pull your child out of class, please talk to our staff to help you. 4. Do not bring your child to class if they are running a fever or are contagious. These guidelines are in place to make sure that TKD remains a safe and positive experience for all members and families. 5. Students may not be accepted to class if late more than 10 minutes. 		