The Spink Walk PLEDGE FORM

Saturday, 12 October 2013 www.spinkwalk.org

Henrietta and Michael Spink are the parents of two profoundly and differently disabled children, Henry and Freddie. While their situation is unusual, their experiences as a family are not. Years of broken sleep, medical emergencies and endless domestic drudgery have caused severe emotional and financial strain. Funds are needed both for general living expenses (there is never enough) and for travel to the US in connection with research in which the boys are fortunate to be participants. **Please support those walking either 7 or 15 miles for the Spink Family.** You can help in one of three ways:

- Pledge your support for this walker now! Walkers can bring their pledge money to the walk on the day.
- Donate online through the Spink Walk website, www.spinkwalk.org/donate-now/
- Send cheques made out to "The Trustees of the Spink Family Trust" to The Spink Walk, c/o Bilton Grove Farm, Bilton in Ainsty, York YO26 7NN

WALKER'S NAME: _____

Name	Amount Pledged	Amount Received	Notes

Companies often match the donations of employees. Find out whether your company has a matching scheme.