

Sustainable Food Literacy Post-assessment

1) Name two vegetables and two fruits that grow during this time of year?

Vegetables

- _____
- _____

Fruits

- _____
- _____



2) What is the difference between fruits and vegetables?

3) What does N, P and K stand for?

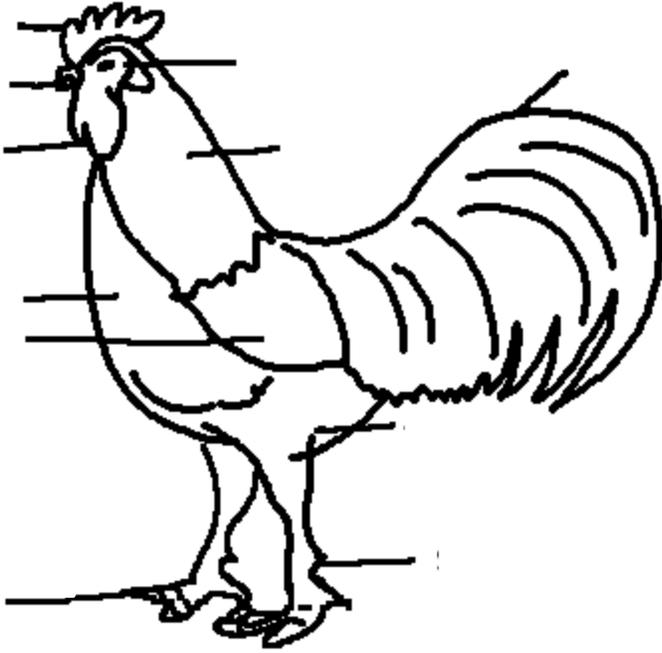
- N- _____
- P- _____
- K- _____

4) Name the five parts of a plant.

- _____
- _____
- _____
- _____
- _____

5) Label as many parts of the chicken as you can using the word bank.

Tail	Wattles	Toes with claws
Thigh	Hackles	Spur
Beak	Wing	Face
Comb	Breast	



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6) Name the four things a plant needs to grow?

- _____
- _____
- _____
- _____

7) What is composting? (Choose one answer.)

- a) Digging in the soil
- b) Breaking down organic material into smaller parts
- c) Recycling food, plastic and metal
- d) Reducing the amount of nutrients in the soil

8) Circle three things that chickens provide for the farm.

Manure

Insects

Eggs

Pest control

Feathers for pillows

Security

Worms

9) What are the main benefits of composting?

a) Makes our diets healthier and makes food grow bigger

b) Puts nutrients back into soil and reduces waste

c) We can recycle food, plastic and metals on the farm

d) Composting can get rid of unwanted insects.

10) Why is the greenhouse called the greenhouse?

a) because green plants grow in it

b) it traps heat causing the greenhouse effect

c) because it has green walls and ceiling

d) because the farmer's favorite color is green

11) Fruits and vegetables are most nutritious when they are eaten...

a) fresh

c) boiled

b) steamed

d) fried

12) What came first, the chicken or the egg? Explain your answer.

Comments about Good Food Day

Below, write down anything you want about your *Good Food Day* experience. You can write about how the information you learned will help you in the future, your favorite part of the field trip, or anything else you would like to say about *Good Food Day*.
