

GRIT TEST

1. I have achieved a goal that took years of work.
 - Very Much Like Me
 - Mostly Like Me
 - Somewhat Like Me
 - A Little Like Me
 - Not Like Me At All

2. Other people often tell me that I do not perform to my potential.
 - Very Much Like Me
 - Mostly Like Me
 - Somewhat Like Me
 - A Little Like Me
 - Not Like Me At All

3. I have overcome setbacks to conquer an important challenge.
 - Very Much Like Me
 - Mostly Like Me
 - Somewhat Like Me
 - A Little Like Me
 - Not Like Me At All

4. I often set a goal but later choose to pursue a different one.
 - Very Much Like Me
 - Mostly Like Me
 - Somewhat Like Me
 - A Little Like Me
 - Not Like Me At All

5. I have the perseverance to finish whatever I begin.
 - Very Much Like Me
 - Mostly Like Me
 - Somewhat Like Me
 - A Little Like Me
 - Not Like Me At All

6. Setbacks don't discourage me.
- Very Much Like Me
 - Mostly Like Me
 - Somewhat Like Me
 - A Little Like Me
 - Not Like Me At All
7. I am a hard worker.
- Very Much Like Me
 - Mostly Like Me
 - Somewhat Like Me
 - A Little Like Me
 - Not Like Me At All
8. I become interested in new pursuits every few months.
- Very Much Like Me
 - Mostly Like Me
 - Somewhat Like Me
 - A Little Like Me
 - Not Like Me At All
9. New Ideas and new projects sometimes distract me from previous ones.
- Very Much Like Me
 - Mostly Like Me
 - Somewhat Like Me
 - A Little Like Me
 - Not Like Me At All
10. Circumstances beyond my control have prevented me from realizing my full potential.
- Very Much Like Me
 - Mostly Like Me
 - Somewhat Like Me
 - A Little Like Me
 - Not Like Me At All

11. I am diligent.

- Very Much Like Me
- Mostly Like Me
- Somewhat Like Me
- A Little Like Me
- Not Like Me At All

12. I am now working on a project that will take years to finish.

- Very Much Like Me
- Mostly Like Me
- Somewhat Like Me
- A Little Like Me
- Not Like Me At All

13. My vision of where my life is heading has not changed much in the past year.

- Very Much Like Me
- Mostly Like Me
- Somewhat Like Me
- A Little Like Me
- Not Like Me At All

14. Life is more of a marathon than a sprint.

- Very Much Like Me
- Mostly Like Me
- Somewhat Like Me
- A Little Like Me
- Not Like Me At All

15. My interests change from year to year.

- Very Much Like Me
- Mostly Like Me
- Somewhat Like Me
- A Little Like Me
- Not Like Me At All

16. I have been obsessed with a certain idea or project for a short time but later lost interest.
- Very Much Like Me
 - Mostly Like Me
 - Somewhat Like Me
 - A Little Like Me
 - Not Like Me At All
17. I discipline myself by practicing a sport, musical interest, or other skill daily.
- Very Much Like Me
 - Mostly Like Me
 - Somewhat Like Me
 - A Little Like Me
 - Not Like Me At All
18. I am ambitious.
- Very Much Like Me
 - Mostly Like Me
 - Somewhat Like Me
 - A Little Like Me
 - Not Like Me At All
19. I have difficulty maintaining my focus on projects that take more than a few months to complete.
- Very Much Like Me
 - Mostly Like Me
 - Somewhat Like Me
 - A Little Like Me
 - Not Like Me At All
20. I am very good at keeping New Year's resolutions.
- Very Much Like Me
 - Mostly Like Me
 - Somewhat Like Me
 - A Little Like Me
 - Not Like Me At All