



**SoulScape Counseling**  
Integrating body, mind and spirit

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Deborah Lindeen, MA, LPC/S, ATR-BC

## Discover your life's purpose through **SoulScaping™** — a creative collage process

*Do you question your life's purpose or feel that there is more to life than you are experiencing? Do you enjoy artistic expression? If so, you'll love SoulScaping™.*

*Blending the thought of Carl Jung, spiritual direction, and Seena Frost, SoulScaping™ is a process for self-exploration in which you will make collaged cards representing the many aspects of your Self. Images are chosen based on your intuitive attraction to them and their meaning to you. The integrative process touches deeply personal aspects of your ancestry, community, spirituality, and personality, and will help you to clarify your life purpose and goals. Besides all this, it's just plain fun!*

*Led by Deborah Lindeen, a psychotherapist, art therapist, and spiritual director with a passion for helping people discover their life calling, SoulScaping™ is both gentle and powerful. A new group is forming now. The cost of \$250 per 6-session series covers all high-quality art materials and handouts. No previous experience with art or collage is necessary. Group size is limited, so contact Deborah now to reserve your space. Create the powerful life changes you desire with SoulScaping™!*

**Begins April 14 | 2nd and 4th Saturdays of April, May, June**  
10:00—12 noon | \$250



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