



SoulScape Counseling
Integrating body, mind and spirit

9575 Katy Freeway, Suite 294, Houston, TX 77024

713.464.8104 | deborah@soulscapecounseling.com

Deborah Lindeen, MA, LPC/S, ATR-BC

Discover your life's purpose through SoulScaping™ — a creative collage process

Do you question your life's purpose or feel that there is more to life than you are experiencing? Do you enjoy artistic expression? If so, you'll love SoulScaping™. Blending Jungian psychology, Ignatian spirituality, and the work of Seena Frost, SoulScaping™ is a process for self-exploration in which you will make collaged cards representing the many aspects of your Self. Images are chosen based on your intuitive attraction to them and their meaning to you. The integrative process touches deeply personal aspects of your ancestry, location, community, spirituality, and personality.

A new SoulScaping™ group is forming now in the Memorial area. The 6-session group will meet the 2nd and 4th Saturdays in August, September and October from 9:30 till 11:30. It is led by Deborah Lindeen, a psychotherapist, art therapist, and spiritual director with a passion for helping people discover their life calling.

The cost of \$300 covers all high-quality materials. No previous experience with art or collage is necessary. Group size is limited, so contact Deborah now to reserve your space. Create the powerful life changes you desire with SoulScaping™!