

Patient Name:

MRN:

Date:

Metropolitan NeuroEar Group and Physicians Audiology Center, LLC

Tinnitus Handicap Inventory

Instructions: Answer Yes, No, or Sometimes for each question.

1. Because of your tinnitus is it difficult for you to concentrate?	Yes No Sometimes
2. Does the loudness of your tinnitus make it difficult for you to hear people?	Yes No Sometimes
3. Does your tinnitus make you angry?	Yes No Sometimes
4. Does your tinnitus make you confused?	Yes No Sometimes
5. Because of your tinnitus are you desperate?	Yes No Sometimes
6. Do you complain a great deal about your tinnitus?	Yes No Sometimes
7. Because of your tinnitus do you have trouble falling asleep at night?	Yes No Sometimes
8. Do you feel as though you cannot escape from your tinnitus?	Yes No Sometimes
9. Does your tinnitus interfere with your ability to enjoy social activities (such as going out to dinner, or to the movies)?	Yes No Sometimes
10. Because of your tinnitus do you feel frustrated?	Yes No Sometimes
11. Because of your tinnitus do you feel that you have a terrible disease?	Yes No Sometimes
12. Does your tinnitus make it difficult to enjoy life?	Yes No Sometimes

References:

Newman CW, Jacobson GP, Spitzer JB: Development of the Tinnitus Handicap Inventory. Arch Otolaryngol Head Neck Surg 1996 Feb;122(2):143-8.

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13. Does your tinnitus interfere with your job or household responsibilities?	Yes No Sometimes
14. Because of your tinnitus do you find that you are often irritable?	Yes No Sometimes
15. Because of your tinnitus is it difficult for you to read?	Yes No Sometimes
16. Does your tinnitus make you upset?	Yes No Sometimes
17. Do you feel that your tinnitus has placed stress on your relationships with members of your family or friends?	Yes No Sometimes
18. Do you find it difficult to focus your attention away from you tinnitus and go onto other things?	Yes No Sometimes
19. Do you feel that you have no control over your tinnitus?	Yes No Sometimes
20. Because of your tinnitus do you often feel tired?	Yes No Sometimes
21. Because of your tinnitus do you feel depressed?	Yes No Sometimes
22. Does your tinnitus make you feel anxious?	Yes No Sometimes
23. So you feel you can no longer cope with your tinnitus?	Yes No Sometimes
24. Does your tinnitus get worse when you are under stress?	Yes No Sometimes
25. Does your tinnitus make you feel insecure?	Yes No Sometimes

The Tinnitus Handicap Inventory (THI) is a 25-item self-assessment scale. A “yes” response to an item is awarded 4 points, a “sometimes” 2 points, and a “no”, 0 points. Possible scores on the THI range from 0 (suggesting no handicap) to 100, indicating significant perceived handicap (Newman, Jacobson, and Spitzer, 1996).

References:

Newman CW, Jacobson GP, Spitzer JB: Development of the Tinnitus Handicap Inventory. Arch Otolaryngol Head Neck Surg 1996 Feb;122(2):143-8.