

Renée Farnie  
Pilates

Policies & Procedures

*"In 10 lessons you will feel a difference... In 20 lessons you will see a difference...  
In 30 lessons you will have a whole new body."*

~ Joseph Pilates~

**PAYMENT**

Payment is pre-paid by cash or check. Packages for private lessons are sold in single sessions, 6 packs and 8 packs. Classes are sold per class, you may prepay for a group of classes. Please refer to the rate cards for prices.

**SCHEDULING FOR PRIVATE SESSIONS OR CLASSES**

For private lessons I suggest that you schedule your lessons 1 month at a time to ensure availability and to meet your needs.

Classes must be pre-registered due to space availability. Again, I suggest that you register for monthly in order to accommodate your needs. Class sizes are limited to 4 people.

You can schedule lessons and register for classes in person at the studio, by contacting Renee at 410-507-1390. Leave a message with the type of class or session, date and time you would like to register for and I will call you back to confirm.

**CANCELLATION POLICY**

A 24 HOUR CANCELLATION IS REQUIRED FOR ALL LESSONS AND CLASSES. Please contact Renee at 410-507-1390 to cancel.

**WHAT DO I WEAR?**

Wear comfortable workout attire. Shoes are not worn and socks are optional. Loose shorts are not recommended.

**DIRECTIONS/PARKING**

Coming from downtown Annapolis, you will cross over the Naval Academy Bridge and get onto Ritchie Hwy. (450/Rte. 2), turn Right at Severn Ridge Road, turn Left at Baltimore Annapolis Blvd. Follow B. & A. Blvd. until you see Deacon Way on the Left, I am the next Left with no street sign.

Coming from Hwy. 50, exit the Naval Academy Exit (South 450), turn Left onto Ritchie Hwy. (450), and take your first Left street which is Severn Ridge Road, turn Left at Baltimore Annapolis Blvd. Follow B & A Blvd. until you see Deacon Way on the Left, I am the next Left with no street sign.

~ Please park in front of the house, on the street.

~ Please turn off all cell phones and refrain from using them when you are in the studio.

~ Towels and water are available in the studio.

If you have any other questions, please contact Renee at 410-507-1390 or email me at [rfarnie@comcast.net](mailto:rfarnie@comcast.net)

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Name

Date

Signature

*"Not Mind or Body, but Mind and Body." ~ Joseph H. Pilates*