

# BEREAN SPIRIT

“... they received the word with all readiness of mind, and searched the scriptures daily, whether those things were so.”  
*(Acts 17:10-11)*

## Wenatchee Camp Meeting - May, 2012

Theme: “Is the Trinity Doctrine Biblical?”



*Howard, Ken , and David at the meetings*

Last month we had one of our best camp meetings in Wenatchee. The attendance overflowed our small meeting hall so we decided to rent a bigger facility for our next meeting which will be held in September.

This May camp meeting was not planned until early March this year. In September, 2011 we had some local interest arise through the Trinity question. These new people have never heard or really studied the issue about the Trinity/

Godhead. They were open to give the subject matter an honest review and take the time to research the issue.

Quick organization started and we invited David Clayton and Howard Williams of Restoration Ministries, from Jamaica to come by the end of March. We soon learned that they already had plans and were preparing to leave for Australia for about a month and a half. But we were able to find a weekend in early May that worked for all of us.

In the mean time we were sharing books, tracks, and a lot of DVDs with our new brethren in this area so they were able to get to know David and Howard. Many were excited about these meetings in May and looking forward to meet David and Howard and to receiving their powerful messages.

While the meetings were being organized, we were able to make contact with Ken Corklin. He was planning to come to our Bible seminar with his wife, Deni, her parents, and some of their friends from Port Angeles, WA. We asked Ken to share some messages during the meetings—which he agreed. The camp meeting started on Thursday afternoon (May 3rd), at the same place last year’s meetings

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**Coming Home Ministry**

Wenatchee area, Washington

**Berean Spirit** is dedicated to the promotion and restoration of all Bible truths and principles that God has given to His church, especially for the last days of this Earth's history.

Our purpose is to share articles and studies about Bible truths and health and to help and motivate the readers to be prepared for the coming of the Lord.

*Berean Spirit* is published quarterly, and sent free of cost to all who desire to receive it.

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were held. The interest was high and though the first two days of the meetings were work days, people attended, missing work and showing that God's truths are more important than temporal interest.

Many of the people in attendance were local but there were those who traveled from far places in Washington and other states. In beliefs we had a mixed group as well. Adventists and non-Adventists came together to learn about the truths concerning God.

One of the most wonderful things about this camp meeting was that though we had many people from different places and from varied

backgrounds, we felt the unity of everybody being open, willing to study, and wanting to find real Christianity and a close relationship with our Heavenly Father and His Son.

The messages covered the broad spectrum of our theme: "Is the Trinity doctrine Biblical?", dealing with the Trinity and the Biblical truth about God as well as the implications of believing in the Trinity. We studied together some of the Bible verses the Trinitarians use to prove their belief, and learned about the simplicity of the Gospel.

On Sabbath afternoon we had a testimony time, when we all enjoyed encouraging stories from many of the people present.



*David and Howard singing*

Everybody liked the meetings so much that on Sunday we stayed for an extra presentation. Instead of 2 lectures in the morning, we had 3—pushing lunch to a later time.

As always, we had communion service on Sunday afternoon which was real soul-strengthening for all of us who participated.

We were blessed and praised God for such a wonderful time we spent together studying His truths. A special thanks and appreciation to everyone

who came and shared the blessings with us, and to our speakers who brought such timely messages.



*Camp Meeting Flyers*

We are looking forward to the September camp meeting very much. Our goal is to uplift our Heavenly Father and His Son, to learn of and from Them, and become the people They want us to be. May God bless you all in the Truth.

(All presentations were recorded and are available at no charge. If you wish to receive a set or additional copies, please contact us. MP3 formats are also available.)

*✍*

*Steve and Saci Noyes*



**Coming Home Ministry will hold another camp meeting this year in September.**

To read more information of it, please turn to page 6.

# Conquering Candida and other fungus/yeast related problems

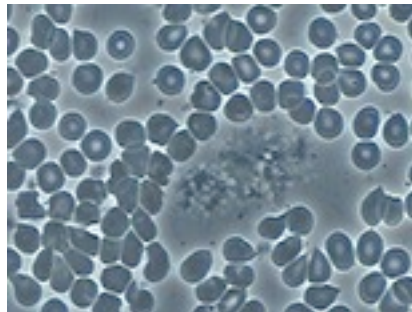
by Barbara O'Neill

## STARVE THE FUNGUS

The favourite food of fungus is sugar and yeast. In order to starve the fungus, these must be completely eliminated from the diet.

- All sugars must be removed from the diet, all sweeteners, fruits and fruit juices.
- Granny Smith apples and grapefruit can be included as these have a lower sugar content and contain antifungal properties. The grapefruit seed contains phytochemicals that are potent fungus killers.
- All yeast must be removed from the diet. Yeasted bread (this does not include sourdough bread, which contains Lacto Bacillus bacteria) all alcoholic beverages, yeast spreads (Marmite, Vegemite and Promite) and Soy sauce.
- All cooked food over two days old. Any food that has a trace of mould on it must be discarded. All rice is particularly susceptible to fungal growth and must be eaten freshly cooked.
- Corn grain and wheat grain are extremely vulnerable to fungal growth when they are stored. These grains are best eliminated whilst overcoming a fungal problem in the body.

- Peanuts are notorious for fungal infestation and must be eliminated.
- Meat; animals are commonly fed moldy grains and this fungus is in the meat. Aged cheeses and most dairy products commonly show fungal infestation when tested.
- Check that there are no damp and dark areas in your house where mould can flourish. Mulch situated close to house can also be a source of mould.



*Candida Albicans Fungus*

## KILL THE FUNGUS

Use the following herbs and foods to Kill Candida.

- Garlic has powerful antifungal properties. When taking garlic to treat Candida, you may experience an adverse, albeit healthy, reaction. This is what is generally referred to as the 'Herxheimer' or 'Die-off' effect. While living in the body, most of the offending microbes somehow manage to evade the body's im-

mune system. However, when exposed to powerful eradicators, large numbers of pathological microbes will die. Soon after, their cell-wall proteins (which are essentially toxins), are absorbed through the weakened mucous membrane. The body then begins its natural processes to get rid of these toxins; however, toxins exist in numbers too large for the eliminative system to handle, you may experience exhaustion and flu-like symptoms. The severity will depend on the extent of your condition, the state of your immune and eliminatory systems, and how much garlic you have consumed. Bring your dose of garlic back to a manageable amount. Garlic in both raw or a supplement form is effect.

- Olive Leaf Extract, rich in Oleuropein, very anti-fungal.
- South American herb Pau D'Arco,
- New Zealand herb Horopito in the form of Kolorex Capsules,
- Coconut in all forms is rich in Lauric Acid, highly anti-fungal.
- Grape fruit seed extract – alkalinizing and also antifungal
- All legumes, particularly soy contain antifungal properties.

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# The Nature of Sin

by David Clayton

(This study was published by *Restoration Ministries* as a little booklet. We are reprinting just a portion of it but encourage everybody to read the entire study to see and understand the whole subject. You can request a copy from *Restoration Ministries*. For more information, please visit their Website at [www.restorationministry.com](http://www.restorationministry.com).)



## WHAT IS SIN?

One of the key reasons why people disagree about the way to salvation is that they have differing understandings as to what constitutes sin. The understanding of the true nature of humanity's problem differs from religion to religion, from denomination to denomination and even from person to person. Naturally there is also a difference in the way people understand righteousness. However, the Bible makes it clear that Righteousness is not a collection of deeds, righteousness is not a prescription for behavior, righteousness is not a code of moral

conduct. No, righteousness in essence is a Person. Essentially that is what righteousness is.

*And he said unto him, Why callest thou me good? there is none good but one, that is, God ... (Mat 19:17)*

God alone is good and outside of Him there is no righteousness. There may be discussions about righteousness, there may be descriptions of righteousness, there may be searches for righteousness but there can be no experience of righteousness outside of God, and this is the first great important point that we need to understand.

The next important point centers around the question, what is sin? Ask this question and many Christians will take you immediately to 1 John 3:4 and they will feel that this verse comprehensively and finally answers this question. The verse says.

*Whosoever committeth sin transgresseth also the law: for sin is the transgression of the law. (1 John 3:4)*

There it says clearly that sin is the transgression of the law. According to this definition, in order for a person to commit sin what does he have to do? He has to break the law; he has to transgress the law! Of course there is no denying that this verse gives us a true description of sin. Accepting this enables us to have an understanding of the kind of behavior which is unac-

ceptable to God. However, let us also realize that this is not all that the Bible says concerning sin. This is not the only understanding of sin which we find in the word of God. If we were to accept this verse as being a comprehensive definition of sin we would have to conclude right away that the existence of sin depends only upon what we do, we would have to believe that sin is limited to our behavior, but there are many places in the Bible which teach us that this is not so.

## SIN IS NOT ONLY WRONG ACTIONS

A careful examination of what the Bible teaches about sin leads us to the conclusion that the problem of sin goes much deeper than simply the things which we do. It is true that there are some Christians who insist that a person cannot sin unless he breaks the law, therefore a person cannot be a sinner unless he breaks the law. They seem to believe that in order to solve the problem of sin, a person simply needs to start keeping the law. But those who are honest know that this way does not work!

In Mark 7:18-23 Jesus made an interesting statement:

*And he saith unto them, Are ye so without understanding also? Do ye not perceive, that whatsoever thing from without entereth into the man,*

*it cannot defile him; (19) Because it entereth not into his heart, but into the belly, and goeth out into the draught, purging all meats? (20) And he said, That which cometh out of the man, that defileth the man. (21) For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders, (22) Thefts, covetousness, wickedness, deceit, lasciviousness, an evil eye, blasphemy, pride, foolishness: (23) All these evil things come from within, and defile the man. (Mark 7:18-23)*

Verses 21 to 22 are especially interesting. Here Jesus tells us that actions come from somewhere. Before you can perform an action you first have to think about it. Of course we have what are called "reflex actions," which we don't consciously think about, but the command still comes from the brain and is based on the kinds of instincts which exist in our bodies. But the point is, if you actually find your hands committing sin will it help if you cut off your hand? Of course not, because you will still have the thought in your mind. So our actions are not the problem, the problem is the thoughts that produce the actions. But another question arises: What is it that produces the thoughts?

### OUR NATURE IS THE PROBLEM

If I could train myself, discipline my mind like the eastern religions recommend, through yoga, meditation, martial arts etc., will I then be enabled to overcome sin? Look

at what Jesus said in verse 21, "Out of the **HEARTS** of men proceed evil thoughts." It is true that the actions come from the thoughts, but the thoughts themselves come from somewhere, they proceed from the heart.

Now the heart of course refers to the mind, not the conscious mind but the subconscious mind which we sometimes refer to as the nature. When we consider this it becomes clear that the root of sin is not what we do, it is not what we think, it is the kind of heart or nature that we have. That is our real problem. If Christians don't understand this, the end result will be that we will find ourselves holding to the hope of salvation, fervently embracing all the rules and yet find ourselves at the end, a million miles away from the mark.



Both Jesus and Paul tried to make us know that our problem goes deep into our nature. The emphasis is unmistakable. In John 8:31-34, Jesus said:

*Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed; (32) And ye shall know the truth, and the truth shall make you free. (33) They answered him, We be Abraham's seed, and were never in*

*bondage to any man: how sayest thou, Ye shall be made free? (34) Jesus answered them, Verily, verily, I say unto you, Whosoever committeth sin is the servant of sin. (John 8:31-34)*

### SIN IS A RULING POWER - A SLAVE MASTER

Jesus said that if you commit sin you are the servant of sin. If this is so, then who is your master? Jesus said that SIN is your master. You are the servant of sin. The Jews of course, thought He was talking about physical bondage. They said, "we are Abraham's children and we were never slaves to anybody." But Jesus said that if you commit sin, somebody is your master and He referred to that person as "sin." Here we see that in this passage, the word "sin" is not referring to transgression of the law. Jesus describes sin as **a king**, a ruling master who demands obedience. Now the word "servant" actually comes from the Greek word "**doulos**" which literally means "slave." Jesus says the one who commits sin is a slave of sin and a slave has no choice about what he does. Somebody else dictates how he is to behave and in this case, Jesus says that the master's name is "sin."

When we go to Romans chapter 7 we find that Paul is in full agreement with Jesus. In verses 14-17 we read:

*For we know that the law is spiritual: but I am carnal, sold under sin. (15) For that which I do I allow*

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## Conquering Candida

*Continued from page 3*

- All raw nuts and seeds contain antifungal properties ( except peanuts and pistachio nuts, which are particularly susceptible to fungal growth)

### RESTORE THE BALANCE

Candida Albicans is a yeast that normally exists in the intestines of humans and children. Lacto Bacillus, often called the friendly bacteria, is one type of bacterial agent that helps keep Candida Albicans under control. Drugs, antibiotics, alcohol, refined sugar, stress and an unhealthy lifestyle weakens the body and allows Candida to multiply out of balance. Part of bringing the correct balance back is to encourage the growth of Lacto Bacillus. Cultured foods contain Lacto Bacillus – sourdough bread, sauerkraut, Miso, tofu, tempeh and yoghurt. A pro-biotic supplement, obtained from health food shops, is a must to speed up repopulating the body with good bacteria.

*(Source Material:  
<http://www.barbhealth.com>)*



## CAMP MEETING IN WENATCHEE, WA

**September 2012**

In 2012 we are planning one more camp meeting in early Fall. We announced the dates for our 2nd camp meeting in the March Issue of the *Berean Spirit* which has been changed. Please correct the dates in your calendar, as the new dates are a week later. Also, a half a day has been added to our planned 4 days. We will start on the 19th of September which is a Wednesday.

We apologize for the inconveniences of the date-change.

#### **When:**

**September 19 - 23, 2012**

From Wednesday afternoon through Sunday evening

#### **Where:**

Social Hall—Wenatchee

Community Center

504 S Chelan Ave.

Wenatchee WA 98801

(the same place as last year's but another room)

#### **Speakers:**

- David Clayton and Howard Williams form Restoration Ministries, Jamaica

- Nader Mansour and Imad Awde from Australia
- Ken Corklin

#### **Theme:**

The Gospel of The Kingdom

The meetings will start at 3:00 PM on Wednesday, September 19th. The other days, we will begin at 10:00 AM.

There is a kitchen available for us. We will be preparing some food for the people but because we don't know how many will come, it is possible we won't have enough for everybody. We are planning to have potlucks for lunch and something light for supper. Please bring some vegan vegetarian dish if you can. All help will be well appreciated.

On Sabbath evening we will have a testimony sharing time.

On Sunday afternoon a communion service will be held at Eldon's home for those who desire to be a part.

*We hope to see you then and to share the blessings of this camp meeting with you.*

## The Nature of Sin

*Continued from page 5*

*not; for what I would, that do I not; but what I hate, that do I. (16) If then I do that which I would not, I consent unto the law that it is good. (17) Now then it is no more I that do it, but sin that dwelleth in me. (Rom 7:14-17)*



*We all know what the life of a slave is like. In the mornings when they awake somebody tells them what kind of clothes to wear, what kind of food to eat, where they are to work that day, how long they will work. Somebody else even decides who they will marry and where they will live. They have no choice about what they will do. Somebody else makes those decisions. This is how it is in the life of a slave. A slave has no power to choose for himself.*

Now Paul says, "I am sold under sin." What kind of person is sold? A slave of course! Paul is speaking about the person without Christ. If such a person is a slave does he have a choice about what he will do? No! Paul says such a person is a slave to sin. His masters' name is "sin." Everyday he gets up his master says, "you must work for me today. You

must steal, lie, rape, kill ..." or maybe if you are a more respectable kind of slave - maybe a church member - he says, "be angry with your wife, shout at your children, harbour malice in your heart." He gives us the more respectable sins to perform. They do not seem as bad as the actions of some other people, but the truth is, the root is the same, We are all still slaves of sin, obeying the same master.

In verse 16 Paul said, "I agree that the law is good," but in verse 17 he speaks of his enslavement and says, "now it is no more I who am doing it, but sin that is living in me!" Did He want to do what was right? Of course he did! Was he trying? Of course he was! With all his might he tried.

Paul was, by nature, a stronger man than most Christians. Paul was a fighter, he struggled and fought, but still he said, "I could not!" This was not only true of Paul, but it is also true of every man and woman upon this planet. Those who are more educated and who live in the upper classes of society may put on fine clothes and conceal the more open sins. They may outwardly resist these sins and in a self-righteous way may condemn the murderers, the prostitutes and the thieves. They feel good that they are not sinners like other people, but which is really a greater sin, is it murder or hypocrisy? The fact is, the root is the same, the cause of both is the same. It is the fact that the nature is a slave to sin!

### NATURE MUST CHANGE

Now this gives us a different understanding of sin. When we understand this we will stop trying to deal with the problem of sin by trying to change our actions. We will recognize that we have to go beyond the actions, we have got to get to the thoughts. But we have to go even further than that, we have got to go to the nature. What we need is to find somebody who knows how to deal with the nature, somebody who understands how to deal with that aspect of humanity. We need help, because we have no idea of how to deal with it We have to find somebody who is capable of dealing with these things. This is our only hope.

So we have this testimony from both Jesus and Paul that man's problem is deeper than his actions. They both make us understand that what we need is a change of nature. What Jesus says in John 3:6 is very interesting. That which is born of the flesh is flesh; and that which is born of the Spirit is spirit. (John 3:6)

What does that mean? It seems so obvious, flesh is flesh, why bother to say it? What Jesus was saying is, "if you are flesh then there is only one way in which you can behave and that is like flesh! Flesh cannot behave like spirit, and when he says, "flesh," He does not mean our physical flesh and blood bodies. He means our carnal natures, or our naturally depraved minds. (...)

*(To read the entire study, please contact Restoration Ministries for an original booklet.)*

# Feeding Our Souls

*(From "The Nature of Sin" by David Clayton)*

There are many people who think of a righteous life, only in terms of the ten commandments. A man becomes a Christian and thinks, "now that I am a Christian I must start attending Church. I must stop smoking, stop drinking, stop telling lies, stop committing adultery or fornication as the case may be." But in everything else in his life - in terms of how he spends his money - he is, "El numero uno." It's "my money, my car, my house, these things are mine. I am keeping the commandments, God is getting His part." This is what

righteousness means to many people, but this is a wrong concept.

Righteousness cannot be limited to the performance of good deeds. In the righteous life, It is not only the actions which are significant, but rather, it is the entire change that embraces the entire life of the entire being, so that not just with respect to how we understand the law, but with respect to everything which is involved in our lives we become the property of God.

When we are truly righteous, we live entirely, unto God. As it says of Christ, in Romans 6:10 "For in

that he died, he died unto sin once: but in that he liveth, he liveth unto God." The life we live is the resurrected life of Christ and that life embraces far more than commandment-keeping as it is commonly understood. It takes in everything, the food I eat, the hairstyle I wear, the way I treat my friends, the discussions I have behind closed doors - it takes in everything, because my life is the life of Christ. (...)

That is what it means to have the righteousness of Christ. And that is what God wants to give us.

# Tasty Vegan Recipes



- 1/2 c green onions

1. Saute garlic and bell pepper in olive oil, over medium heat until veggies are tender (2-3 minutes).
2. Add beans, salsa, cumin, salt, and green onions. Simmer until thickened (7-8 minutes).
3. Serve it with chips or rice, or use it in any enchilada dish.

### Ingredients

- 1 (14.5 oz) can whole peeled tomatoes, drained (or you can use fresh)
- 1/4 c red onion, chopped
- 1/4 c onion, chopped
- 1 jalapeno pepper, seeded
- 1 tbsp apple cider vinegar
- 1 tbsp fresh cilantro, minced
- 1 clove garlic, peeled
- 1 tsp ground cumin
- 1/4 tsp salt

## ENCHILADA BEANS

### Ingredients

- 1tbsp olive oil
- 2 cloves garlic, crushed
- 1 16 oz. can beans, drained
- 1/2 c salsa (see other recipe)
- 1 large red bell pepper, chopped
- 1 tsp cumin
- 1/4 tsp salt



## HOMEMADE SALSA

In a food processor, combine all ingredients; cover and process until chunky. Transfer to a small bowl, serve it with chips or use it in your favorite recipe.

*Enjoy!*