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# NEWSLETTER

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## Gifts of the Spirit

From the book "*Biblical Institute*", which Preface states: "In the following pages is given a synopsis of the lectures delivered at the Biblical Institute, held by Elders James White and Uriah Smith, in Oakland, California, April 1-17, 1877."



Paul in 2Cor. 3, calls this dispensation, in comparison with the former, the "ministration of the Spirit." From this it appears that this dispensation was to be characterized by the outpouring and influence of the Spirit of God. In the prophecy which brings it to view, Joel 2:28, quoted by Peter on the day of Pentecost, Acts 2:17, the Lord says: "And it shall come to pass in the last days, I will pour out of my Spirit upon all flesh." The last days here signify the whole gospel dispensation; and they are the last when taken in connection with the whole history of the world from the time of its creation, six thousand years ago.

The effect of this outpouring of the Spirit on all flesh was to be seen in the following results: "Your sons and your daughters shall prophesy, and your young

men shall see visions, and your old men shall dream dreams."

When we speak of the doctrine of the gifts of the Spirit, we simply mean the operation of the Spirit in the ways here indicated; and that the Spirit was designed to operate in this manner through this dispensation, much proof can be found in the New Testament. In his last commission to his disciples, Jesus said: "Lo, I am with you always, even unto the end of the world." Mark, in recording this, shows the manner in which he would be with them: "And these signs shall follow them that believe." Verse 17. And again, verse 20: "And they went forth and preached everywhere, the Lord working with them, and confirming the word with signs following".

This was the way in which our Lord continued with his disciples, by the influence and operations of the Holy Spirit; and that this was to continue to the end, is certain from his own promise: "Lo, I am with you always, even to the end of the world."

Peter, on the day of Pentecost, said to those who were convicted:

"Repent, and be baptized every one of you in the name of Jesus Christ for the remission of sins, and ye shall receive the gift of the Holy Ghost. For the promise is unto you, and to your children, and to all that are afar off, even as many as the Lord our God shall call." This shows again that the promise of the Holy Ghost covers the whole dispensation and was to continue to the end.

Paul, in 1Cor. 12, dwells upon this subject in full. He says:

"Now concerning spiritual gifts, brethren, I would not have you ignorant." Verse 1. In verse 4, he continues: "Now there are diversities of gifts, but the same Spirit." Verse 6: "And there are diversities of operations, but it is the same God which worketh all in all. But the manifestation of the Spirit is given to every man to profit withal. For to one is given by the Spirit the word of wisdom; to another the word of knowledge by

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the same Spirit; to another faith by the same Spirit; to another the gifts of healing by the same Spirit; to another the working of miracles; to another prophecy; to another discerning of spirits; to another divers kinds of tongues; to another the interpretation of tongues. But all these worketh that one and the self-same Spirit, dividing to every man severally as he will."

Here it is very clearly stated that all the operations are the work of the same Spirit; they are simply the different channels through which it manifests its presence. Paul proceeds to illustrate this by reference to the human body, speaking of its different members, and the particular offices which these members are to perform; and in making this application at the conclusion of the chapter, he says: "Now ye are the body of Christ, and members in particular. And God hath set some in the church, first apostles, secondarily prophets, thirdly teachers, after that miracles, then gifts of healings, helps, governments, diversities of tongues."

That these gifts were once in the church, all admit, for we are assured that God formally and officially set them in the church. And who has taken them out of church? If God has done this should it not be recorded in as explicit a manner as that he once established them therein?

In his letter to the Ephesians, Paul again takes up the subject. He says, Eph 4:11 : "And he gave some, apostles; and some, prophets; and some, evangelists; and some, pastors and teachers." These gifts are called in verse 8, gifts

which he gave unto men, "when he ascended up on high."

Now he states that the object of these gifts was for the perfecting of the saints, for the work of the ministry, for the edifying of the body of Christ.

He states how long they are to continue. "Till we all come into the unity of the faith, and of the knowledge of the Son of God unto a perfect man, unto the measure of the stature of the fullness of Christ."

From the end and object of these gifts, as here stated, it will be seen at once that they are just as much needed at one point in this dispensation as another; just as necessary in the closing up as in the beginning. Some say these gifts were needed when the gospel was first introduced, but the necessity having passed away, they are no longer demanded; but is not the unity of faith, the knowledge of the Son of God, and the attainment unto the measure of stature and the fullness of Christ, still desirable in the Christian dispensation?

But if we may judge from the practices of the whole Christian world, they believe in only a partial abolition of these gifts of the Spirit. Do they not have evangelists? Do they not ordain pastors? Do they not believe in teachers? On what ground? Because Christ commanded his disciples to go forth and teach all nations and to continue this work even to the end of the world. But the commission did not limit the work to these branches, but promised the gift of the Spirit as we have already shown in its diversities of operations to the end of the world. If we

take this ground, that the gifts have been taken from the church, that the operation of the Spirit in these special methods was designed to cease, and has ceased, then we must no longer plead for evangelists, pastors, teachers, nor sustain by any special means, the work of the ministry.

If these gifts were to continue through the Christian dispensation, it is asked, why we have not examples of their manifestations. We answer that there have been instances in every age of the operation of the Spirit in some of these marked and special ways. The reason of their being no more frequent is found in the occurrence of the great apostasy so plainly predicted in the Christian church. Men have departed from God. All Christendom has been sunk in the darkness of error and superstition with which the world has been flooded by the Romish church. The true children of God have been few and obscure.

For examples of the manifestations of these gifts in the Gospel age the reader is referred to books entitled "Miraculous Powers," and the "Spirit of God," published at the Review and Herald Office, Battle Creek, Mich. 37. What instructions are therefore given us?

It might be expected that so important an agency in the Christian church would be counterfeited by the powers of darkness; hence we have the injunction, "Try the spirits," and the warning that many false prophets have gone out into the world. We are called upon to discriminate carefully between the true and false. We are not to reject

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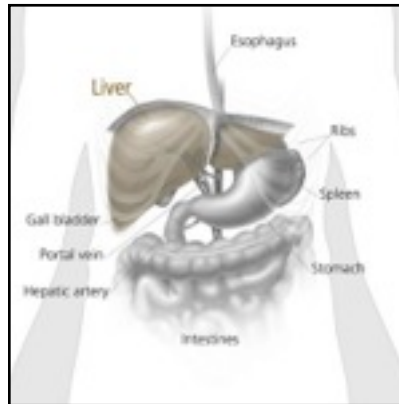
# Healthy Liver

## THE LIVER

The liver is the primary detoxifying organ in the human body and so it is essential that it always remains working to the best of its ability. Unfortunately the toxins that the liver helps to rid from the body also attack the liver, causing it to become congested and incapable of fully clearing large amounts of harmful toxins from the blood stream.

A liver cleanse, or a liver flush, helps to wash small stones and crystals out of the liver and the associated gall bladder so that they retain their invaluable ability to detoxify. It is always beneficial

to perform a colon-cleanse and a kidney cleanse before flushing the liver. This is because the colon stores rotting food matter which



releases self-produced toxins in to the body, thus this harmful food matter needs to be excreted before anything else is done. Also the

kidneys should be cleansed so that they don't in turn become congested when the waste from the liver passes through them.

It is imperative to cleanse the liver regularly, especially if you live on a diet of processed and fast foods (or you consume moderate amounts of alcohol). By leaving the liver in a congested state it means that it no longer has the capability to remove toxins from the blood. These toxins continue to circulate around the body until they settle in one spot and cause illness and disease, which can sometimes turn out to be quite serious.

*(Source material from L. Fong)*

## LIVER CLEANSE

The liver cleanse flushes the stones from the body and you will be able to see them. This process will cause you to empty your bowels frequently for part of a day. You will need easy access to a bathroom. So choose a day that will be convenient for this purpose. You will fast for two meals; start by skipping dinner one night and continue past breakfast the next day. By lunch time you can resume eating normally again.

If you choose Friday as the day to be near to the bathroom, you will start the cleansing process on Thursday, the day before. After lunch Thursday eat and drink nothing else, except water. Do not take any vitamins, dietary sup-

plements, or medications that you can do without. No beverages of any sort. On Thursday for breakfast and lunch eat only non-fat foods. Eat nothing that contains any fat or oil—no butter, oil-based salad dressing, (cheese, meat), etc. Eat absolutely nothing past 2:00 p.m. If you do, you may feel ill later. You want to avoid fat on this day because fat stimulates the excretion of bile. Avoiding fat will allow bile to build up so that it will create a more complete evacuation when you start to cleanse the liver and gallbladder Thursday night.

At 6:00 p.m. Thursday, mix 1 tablespoon of **Epson salt** with 3/4 cup of water. Drink this mixture. Epson salt has an unpleasant taste. You may use a straw and/or add a

little vitamin C powder to mask the taste somewhat. Drink the entire thing quickly. You may wash residue of the solution down your throat with a few swallows of pure water afterwards.

At 8:00 p.m. Thursday, drink another mixture of 1 tablespoon of Epson salt with 3/4 cup of water. For best results, you should adhere strictly to this time schedule.

Just before 10:00 p.m. and before going to bed, you will prepare a mixture of **olive oil** and **grapefruit** juice. Measure out 1/2 cup of olive oil into a glass. Squeeze the juice out of the grapefruit, making 2/3 to 1 cup full. Remove and discard pulp. Add the juice to the olive oil. Mix the two together

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## Gifts of the Spirit

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all gifts because some of them are counterfeited. We do not throw away money, or refuse its use, because there are counterfeits in the land. Everything valuable we must expect to be counterfeited. We guard ourselves by learning how to test the false by the true.

On the subject of the gifts our Lord gives us an infallible rule: "By their fruits ye shall know them." See Deut 13:1;18:21. If that which is predicted by the prophet comes not to pass, it is proof that he is not sent of God; but even if it does come to pass, if its tendency is to lead away from God, it is to be rejected as false. The spiritualists of these modern times, and the Mormons, furnish remarkable instances under both these heads.

We have referred to a prophecy which speaks of this dispensation in general, and proves the existence of the gifts throughout the Gospel age. We have seen why they have been so little manifested; it is because of the great

apostasy. Now as the Church comes out from the wilderness and the errors of the dark ages by true and genuine reformation, we naturally conclude that the gifts will be restored and that this dispensation will close, as it commenced, with remarkable manifestations of the work of the Spirit of God.

In accordance with this we have prophecies which plainly point to the revival of the gifts in the closing days of this dispensation. See Rev12:17 "And the dragon was wroth with the woman, and went to make war with the remnant of her seed, which keep the commandments of God, and have the testimony of Jesus Christ." By the woman we are to understand the church; by her seed, the members of the church throughout this dispensation. Therefore the remnant of her seed can refer to only one body of people, the last generation of Christians upon the earth. These are characterized by keeping the commandments of God, and having the testimony of Jesus Christ. In Rev19:10, we have the definition of what is here called the "testimony of Jesus Christ." Said the angel to John, "The testimony of

Jesus is the spirit of prophecy." This the reader will at once recognize as one of the gifts set in the church.

1Cor. 1:6,7, shows that the church that are waiting for the coming of Christ are to come behind in no gift. The 5th chapter of 1 Thess is evidently addressed to the church when the day of the Lord is about to come. In that chapter we have this instruction from the apostle: "Despise not prophesyings;" showing that these will then appear in the church. And we may reasonably infer that the prophecy of Joel 2:1,28,31 quoted by Peter in Acts 2, being given in reference to the coming of the great day of the Lord would be fulfilled in as remarkable a manner as we draw near to that day, as it had been in any part of the Gospel dispensation. That the gift of prophecy is manifested according to the Scriptures in connection with the third angel's message we refer the reader to works published at the /Review and Herald// Office, entitled the "Spirit of Prophecy," and the "Testimony to the Church."



## Healthy Liver

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vigorously and drink it. Take 4 **L-ornithine capsules** at the same time. (Do not leave out the capsules or you may have a long sleepless night.) Drink all the solution within a couple of minutes. Go *immediately* in bed.

You need to lie down as soon as you drink this mixture. Lie flat on

your back for at least 20 minutes and go to sleep. As you rest, you may feel the liver and gallbladder working and the stones traveling through the bile ducts. If you follow these directions, you should not feel pain or discomfort.

In the morning after you awake and sometime after about 6:00 a.m., take a drink of 1 tablespoon of Epson salt with 3/4 c. of water.

Wait two hours (no earlier that

8:00 a.m.) and take one final Epson salt (1TBS) and water (3/4 cup).

Wait another two hours. You can now resume eating.

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If you have lots of stones, a single cleanse will not remove them all. This cleanse can be repeated again in a week or two. It is also recommended that after the liver cleanse, you clean any remaining stones and toxins from the colon

with an enema or colonic. There are several excellent herbs that help to detoxify and stimulate healing of the liver. *Milk thistle* and *Picrorhiza kurroa* are perhaps the best of them all.

***In brief, the liver-cleansing process consists 6 steps:***

- (1) Stop eating after 2:00 p.m.
- (2) At 6:00 p.m. drink a dose of

Epson salt and water (1 TBS Epson salt + 3/4 cup water).

- (3) At 8:00 p.m. drink another dose of Epson salt and water.
- (4) At 10:00 p.m. drink mixture of 1/2 cup olive oil and juice of 1 grapefruit along with 4 L-ornithine capsules. Go immediately in bed.
- (5) After 6:00 a.m. the next morn

ing, drink a dose of Epson salt and water.

- (6) 2 hours later drink a dose of Epson salt and water again. Wait another 2 hours before resuming eating.

*(Source material: The Detox Book)*

*If you have any questions about this cleanse, we strongly encourage you to talk to your doctor or health care provider.*

## Tasty Vegan Recipe



### YELLOW CURRY

*SERVES 6-8 - 40 min, 15 min prep*

- 1/4 c peanut oil
- 4 TBS yellow curry paste or 1-2 TBS green curry paste (for medium-hot dish)
- 2 cloves garlic, finely chopped
- 2 (14 ounce) cans coconut milk
- 1 cup vegetable broth
- 2 ts salt
- 2 ts curry powder
- 2 large potatoes, peeled and cubed
- 1 large onion, coarsely chopped
- 2 cups carrots, cut in thick slices
- 1 box of firm or extra firm tofu
- 1 inch fresh ginger, cut in thick slices (optional)
- 1 red and 1 green bell pepper, seeded and cut in strips (optional)
- 1 cup mushroom, sliced (optional)
- 4 TBS soy sauce

- 2 TBS honey
- dash of cayenne pepper
- 1/4 cup cilantro, chopped (optional)
- 4 cups white or brown rice, steamed

In a deep frying pan or a wok, heat oil over medium heat until hot.

Add curry paste and garlic and cook, stirring for about 30 seconds.

Slowly stir in coconut milk, vegetable broth, salt and curry powder.

Reduce heat to simmer; add potatoes and cook for 10 to 15 minutes.

Add carrots, onion, tofu and ginger, peppers (if you are using); cook until tender, about 7-10 minutes.

Add mushrooms (if you are using), soy sauce, honey and cayenne pepper.

When heated through, serve over individual plates of hot rice. Garnish with cilantro (if you desire).

*Enjoy!*

*If you have articles or recipes that you want to share, please send them to our address or e-mail address. We appreciate your help sharing truths with others. May God bless you!*

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**Coming Home Ministry**  
Wenatchee area, Washington State

This **Newsletter** is dedicated to the promotion and restoration of all Bible truths and principles that God has given to His church, especially for the last days of this Earth's history.

Our purpose is to share articles and studies about Bible truths and health and to help and motivate the readers to be prepared for the coming of the Lord.

This Newsletter is published quarterly, and sent free of cost to all who desire to receive it.

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