

▷▶ most Mozambicans might eat once a day, if they are fortunate, but if they have a piece of bread, they will share it with you, even if it's all they have to eat for the day.◀

Maputo is the capital with 1.6 million people.▶◀

▽▲ Moz is slightly less than 2 times the size of California.

▲△▲ if you smile and wave at a Mozambican they will stop whatever they are doing and smile and wave back...usually with both hands.

Mozambique's first president, Samora Machel, instituted a Communist government.△▽

◀▶ Portuguese explorers reached Mozambique in 1498, Arab trading settlements had existed along the coast and outlying islands for several centuries. Mozambique gained independence in 1975.

▼△▼ They fought a civil war from 1977-1992 (16 years)!

▲▼ Among adults, it is estimated that AIDS now accounts for almost 25% of all deaths recorded.

◀▶ When the Portuguese left they took their knowledge, equipment, and capital with them. This left Mozambique with unskilled people who were never given the education or know how to run their own country.