

LTASEX.INFO

STI SUMMARY SHEETS

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AIDS

ACQUIRED
IMMUNODEFICIENCY
SYNDROME



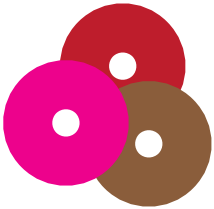
INCURABLE

AIDS is a treatable complication of advanced HIV infection.



PROBLEMS

When the T-cell level falls below 200 per unit, your body will not be able to fight off infections effectively. These “opportunistic infections” often lead to death.



SPREAD

Only affects those with HIV.



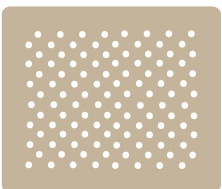
PREVENT

HIV is prevented by abstinence using barriers like condoms, gloves and dental dams. Keeping a healthy lifestyle and consistently taking anti-retroviral medications will help prevent it after infection.



SYMPTOMS

- Kaposi’s sarcoma
- Cervical cancer
- Night sweats
- Frequent diarrhea
- Pneumonia



TREATMENT

Treatment consists of antiretroviral drugs and treatments for opportunistic infections.



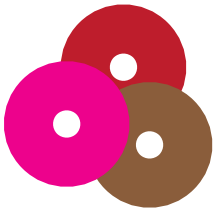
CURABLE

Bacterial vaginosis is a curable over growth of certain kinds of bacteria in the vagina.



PROBLEMS

Can cause smelly vaginal discharge.



SPREAD

Only affects those with female sex organs. It's not spread but developed. Douching and having multiple sex partners increases the risk.



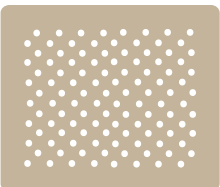
PREVENT

Prevention methods are unknown. But abstinence, barriers and reducing your number of sex partners is recommended.



SYMPTOMS

- Itching around vagina
- Unusual vaginal discharge



TREATMENT

Treated with antibiotics. Can be caught again.

CHLAMYDIA



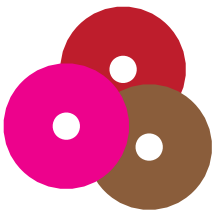
CURABLE

Chlamydia is a treatable bacterial infection.



PROBLEMS

It can cause PID, infertility and chronic pain. Increases risk of contracting other STIs. In pregnant women, it can cause stillbirths and premature deliveries.



SPREAD

Spread through sexual contact: oral, vaginal and anal. Can also be spread when giving birth. Can also infect the eye (trachoma).



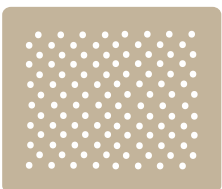
PREVENT

Prevented by abstinence and using barriers like condoms, gloves and dental dams.



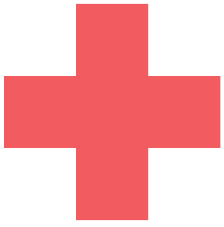
SYMPTOMS

- Unusual discharge from vagina or urethra
- Burning when urinating
- Pain or bleeding from rectum
- Itching around genitals
- Most people have no symptoms



TREATMENT

Treated with antibiotics. Can be caught again.



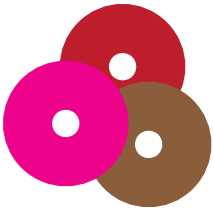
CURABLE

Gonorrhoea is a curable bacterial STI.



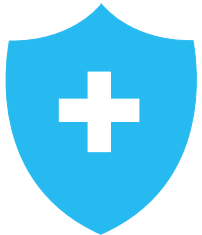
PROBLEMS

Causes chronic swelling and infection. Can cause sterility if left untreated.



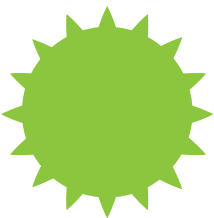
SPREAD

Spread through sexual contact: oral, vaginal and anal. Can be spread to fetus if pregnant.



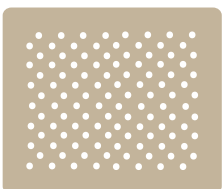
PREVENT

Prevented by abstinence and using barriers like condoms, gloves and dental dams.



SYMPTOMS

- Vaginal or urethral discharge
- Pain or burning when urinating
- Spotting: vaginal bleeding between periods
- Painful or swollen testicles



TREATMENT

Treatment is usually penicillin or other antibiotics. It can be caught again.

GONORRHEA

HERPES

HERPES
SIMPLEX
VIRUS



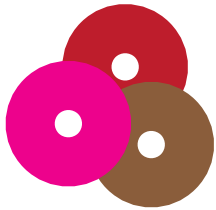
INCURABLE

Herpes is an incurable viral infection.



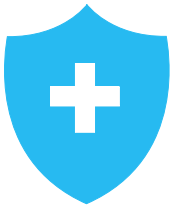
PROBLEMS

Can cause outbreaks of warts, sores and blisters. Also makes it easier to contract HIV.



SPREAD

Spread through sexual contact: oral, vaginal and anal. Can also be spread when giving birth.



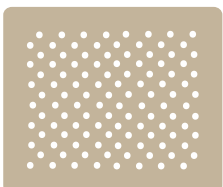
PREVENT

Prevented by abstinence and using barriers like condoms, gloves and dental dams.



SYMPTOMS

- HSV1 - This shows up as the common cold sore
- HSV2 - Shows up as genital herpes. It is highly contagious
- Most people only show symptoms during an outbreak



TREATMENT

Treated by anti-viral medication. Needs long-term treatment and suppression.

HIV

HUMAN
IMMUNODEFICIENCY
VIRUS



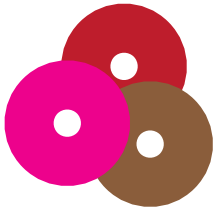
INCURABLE

HIV is an incurable viral STI but can be treated.



PROBLEMS

Attacks the immune system by infecting white blood cells and turning them into HIV factories.



SPREAD

Spread through sexual contact: oral, vaginal and anal. Also through bodily fluids: blood, semen, vaginal secretions, anal mucus, pre-ejaculate, breast milk and fecal matter. Cannot be spread through saliva or tears. Can be spread to fetus if pregnant. Can contract multiple strains of HIV.



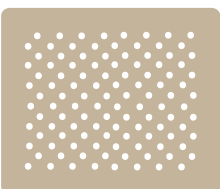
PREVENT

Prevented by abstinence and using barriers like condoms, gloves and dental dams.



SYMPTOMS

- Flu or mononucleosis-like symptoms
- Swelling of the lymph nodes
- Rapid weight loss
- Frequent illness



TREATMENT

Treatment consists of antiretroviral drugs that work to suppress the replication of the virus.

HPV

HUMAN
PAPILLOMAVIRUS



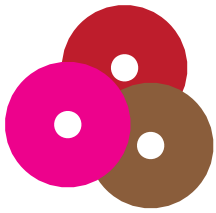
INCURABLE

Human papillomavirus is an incurable viral STI.



PROBLEMS

Can cause throat cancer, cervical cancer, rectal cancer and genital warts.



SPREAD

Spread through sexual contact: oral, vaginal and anal. Can also be spread through skin-to-skin contact.



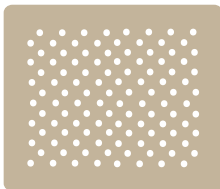
PREVENT

Prevented by abstinence and using barriers like condoms, gloves and dental dams.



SYMPTOMS

- Warts on the vulva (outer female genitalia), in the vagina or on the cervix
- Cancer
- Most women have few noticeable symptoms. Men usually have no symptoms at all



TREATMENT

There are no treatments. It is recommended that all girls get a vaccine for HPV between the ages of 11 and 12. Some doctors are encouraging boys to get vaccinated as well.



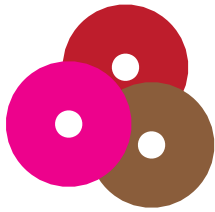
CURABLE

Mono is a treatable viral infection.



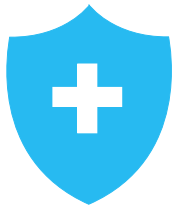
PROBLEMS

Can cause rupture of the spleen, hemolytic anemia and jaundice (yellowing of the skin).



SPREAD

Spread through saliva and mucus from the nose and throat. Can be spread through kissing and sharing eating utensils or cups.



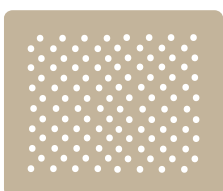
PREVENT

Avoid kissing or sharing eating utensils with persons who are infected. More than 90% of adults will be infected with the Epstein-Barr virus – the underlying cause of mono – in their lifetime.



SYMPTOMS

- High fever
- Swollen tonsils
- Pain in the upper left abdomen
- Most people with symptoms are between the ages of 15-24



TREATMENT

Treated with over-the-counter treatment for the symptoms and opportunistic infections. Bed rest is very important. Most people fight off the virus on their own. After exposure, your body is immune to further infection.

MONO

MONONUCLEOSIS

PID

PELVIC
INFLAMMATORY
DISEASE



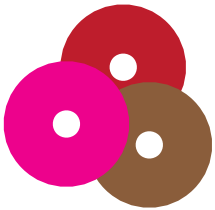
CURABLE

Pelvic inflammatory disease (PID) is a curable complication that occurs when STIs chlamydia or gonorrhea are left untreated.



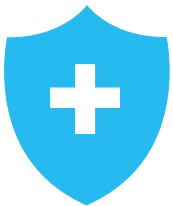
PROBLEMS

Infections of the uterus (womb), ovaries and fallopian tubes. Can effect anyone with a female reproductive system.



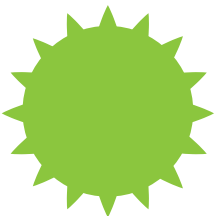
SPREAD

Caused by untreated chlamydia and gonorrhea infections.



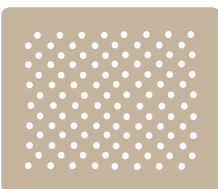
PREVENT

Prevented by abstinence and using barriers like condoms, gloves and dental dams. Regular gynecological exams will help detect infections sooner.



SYMPTOMS

- Pain in the lower abdomen/pelvis
- Fever
- Vaginal discharge, foul smell
- Spotting: vaginal bleeding between periods
- Pain during intercourse



TREATMENT

Normally treated with one round of antibiotics. Can be caught again.

SYPHILIS



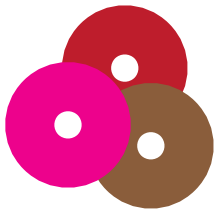
CURABLE

Syphilis is a curable bacterial STI. However, there is one strain that is currently incurable.



PROBLEMS

Can cause infertility, bone deterioration, brain damage and death.



SPREAD

Spread through sexual contact: oral, vaginal and anal. Can also be spread when giving birth.



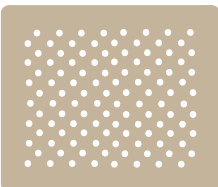
PREVENT

Prevented by abstinence and using barriers like condoms, gloves and dental dams.



SYMPTOMS

- Primary Syphilis - Hard painless sores soon after contact
- Secondary Syphilis - A rash that does not itch; it is highly contagious at this stage
- Tertiary - Too late to treat, you would have bone deterioration
- Can imitate many different diseases



TREATMENT

Normally treated with one round of antibiotics. Can be caught again.



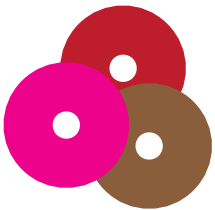
CURABLE

Trichomoniasis is a curable parasitic infection.



PROBLEMS

Can cause low birth weight. Chronic inflammation causes increased risk of catching and spreading other STIs.



SPREAD

Usually spread through penis in vagina sex. Can also be spread vagina to vagina. Not commonly spread to mouth, hands or anus.



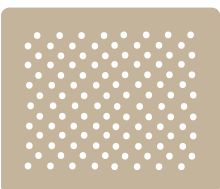
PREVENT

Prevented by abstinence and using barriers like condoms, gloves and dental dams.



SYMPTOMS

- Itching in or around penis
- Burning, redness or soreness around the labia
- 70% of people infected do not have symptoms. Most with symptoms are women



TREATMENT

Usually curable with one antibiotic treatment. Can be caught again.

TRICHOMONIASIS