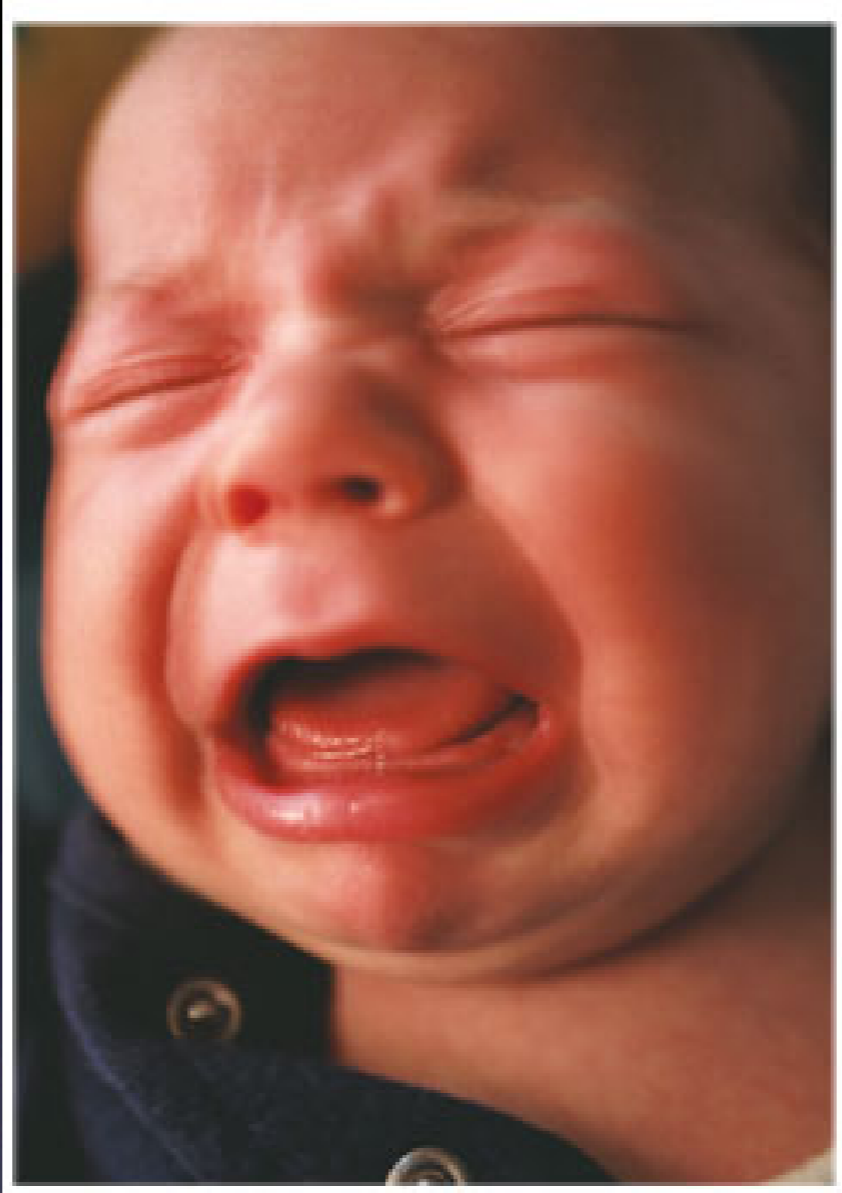


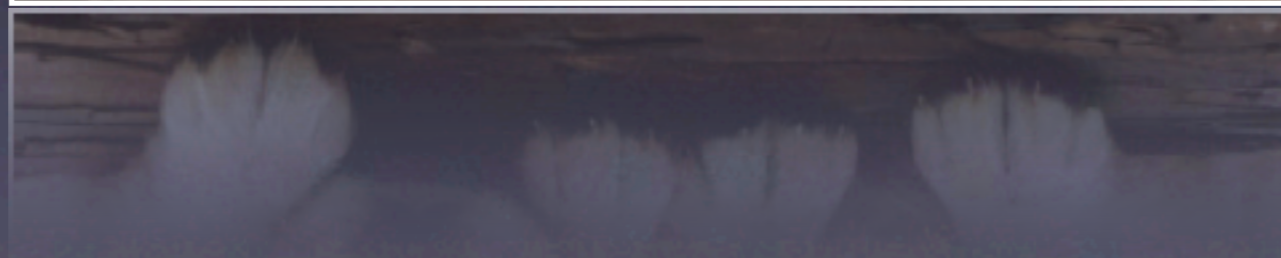
# The Psychology of Emotion

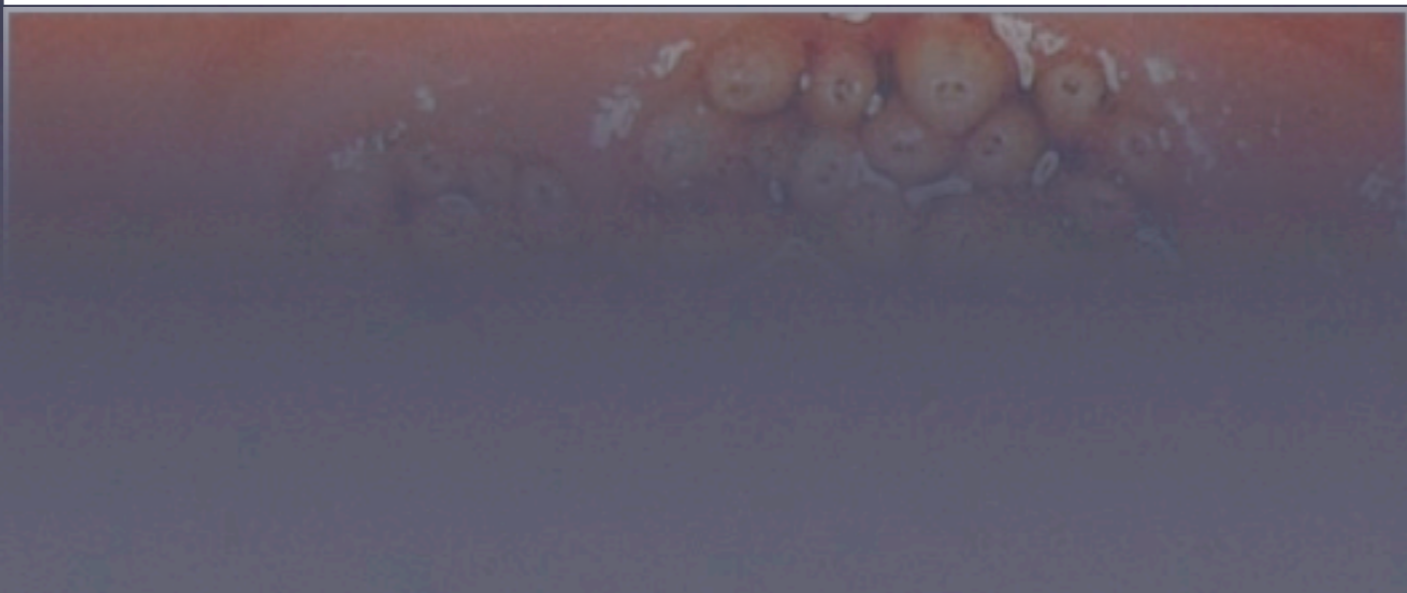
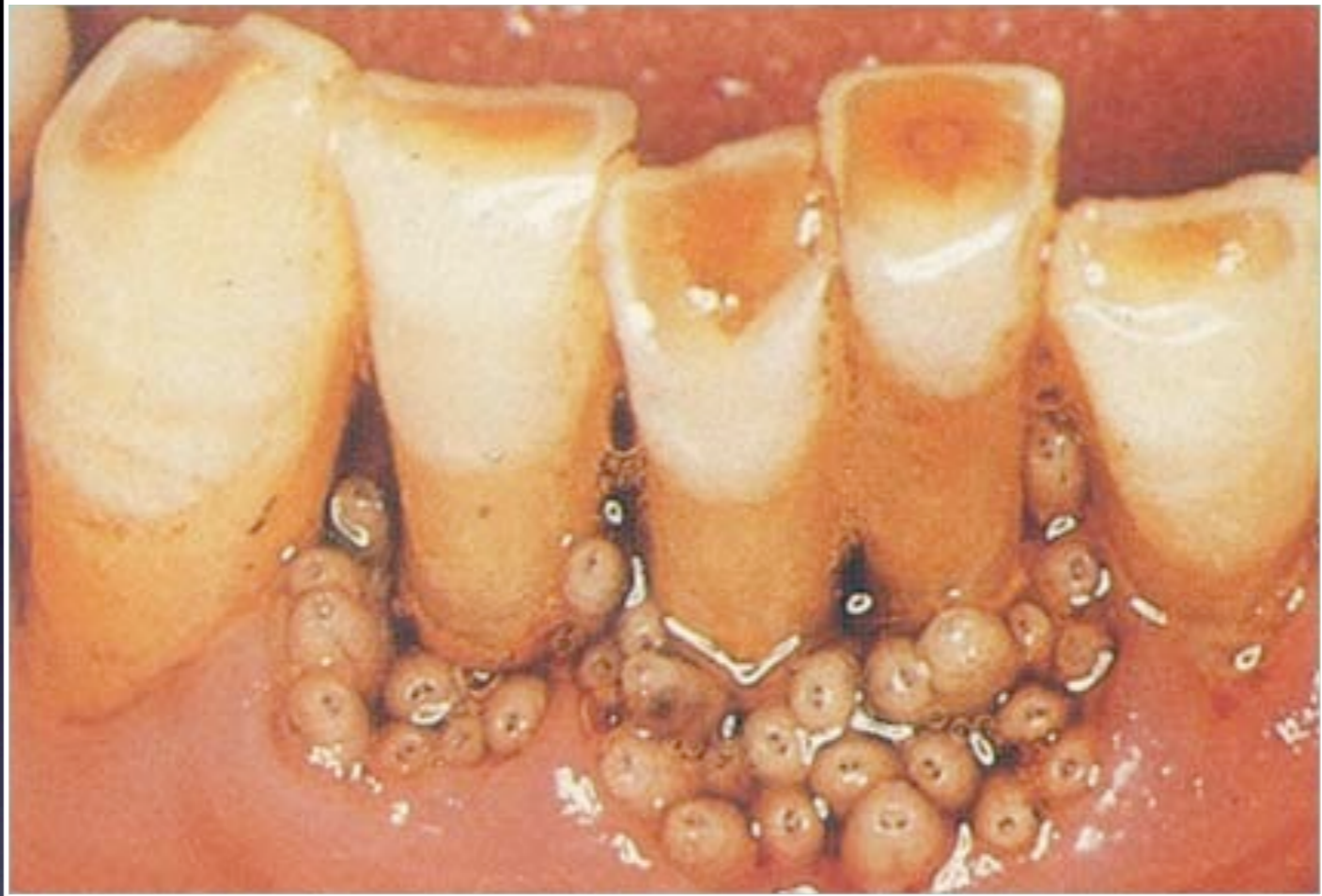


Prof. David Pizarro  
Day 1  
A Brief Introduction











# A Science of Emotions

- The scientific study of emotions is fairly new
- Reason was thought to be what made us particularly human
- Emotions were seen as disruptive
- But research has flourished in the past 30 (or so) years

# *A Science of Emotions?*

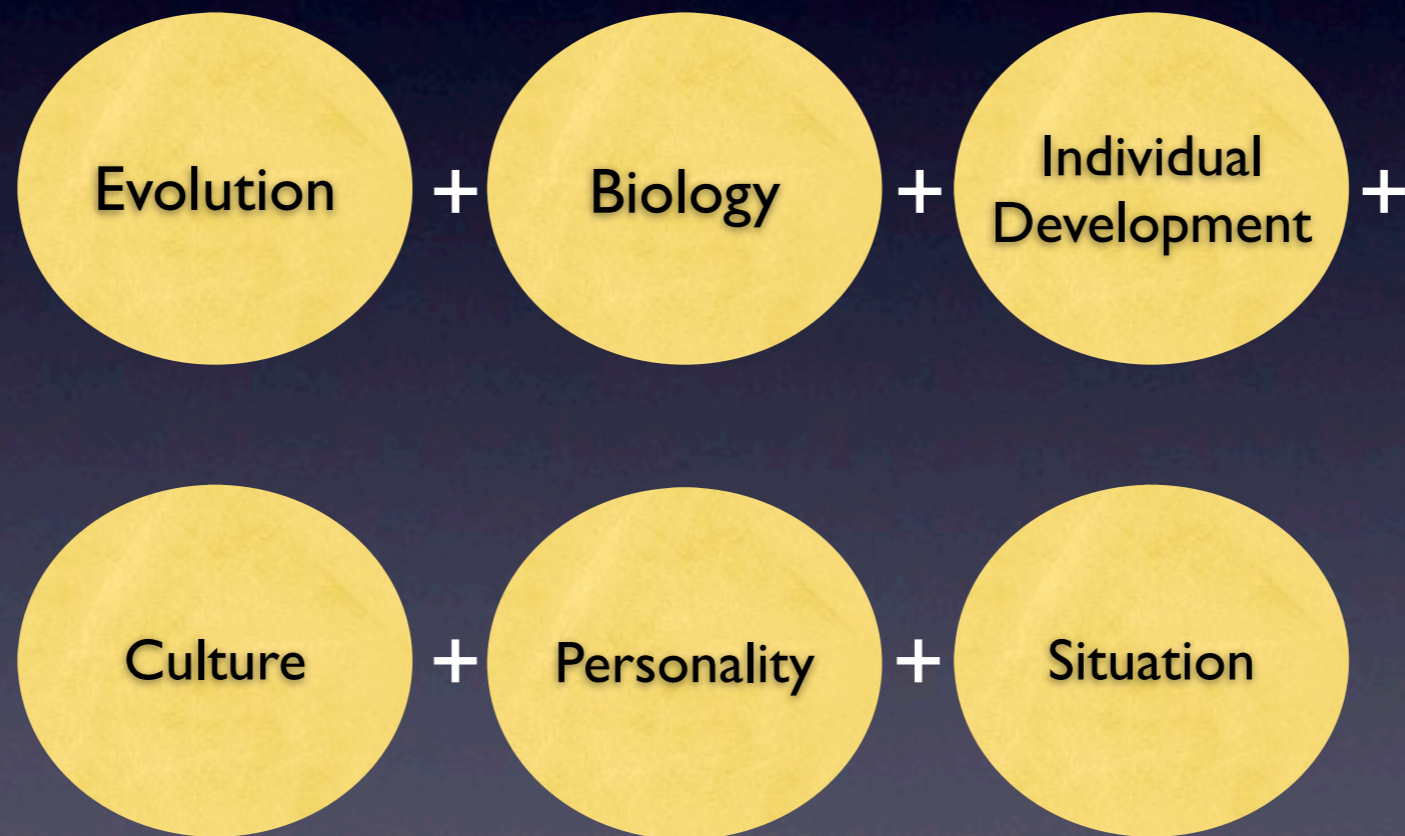
- Emotions are inherently SUBJECTIVE
- How can one go about objectively studying the subjective?
- Mistake to assume that there can be no objective criteria to subjective experience
  - Example: Color



# Not Just One Science

- Social Psychology
- Clinical Psychology
- Developmental Psychology
- Cognitive Psychology
- Neuroscience
- Evolutionary Biology
- Philosophy

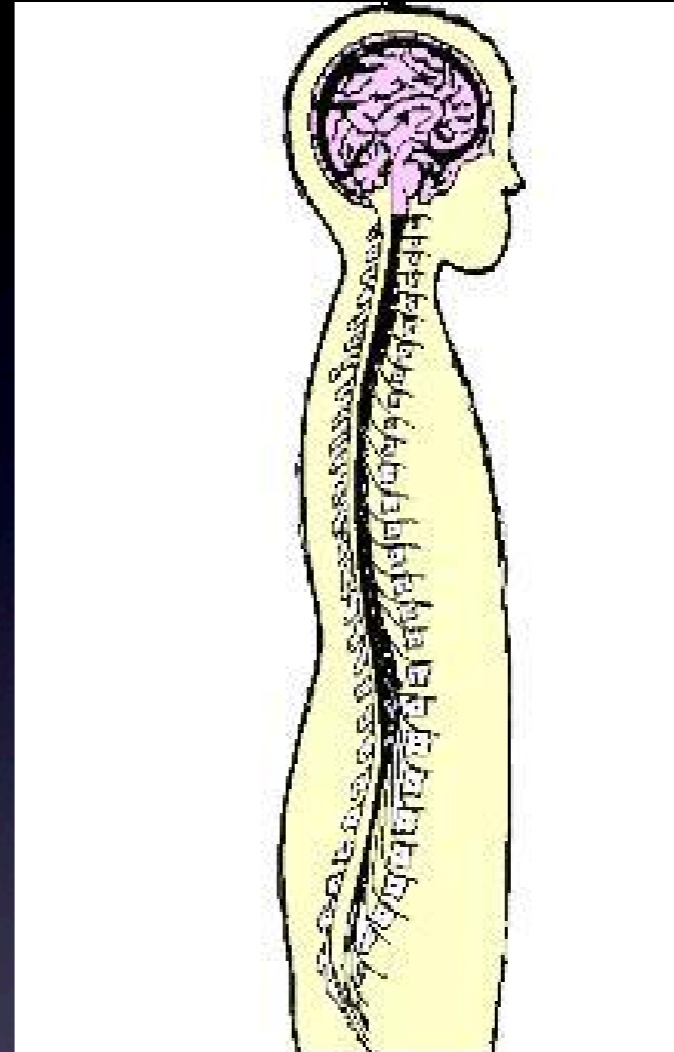
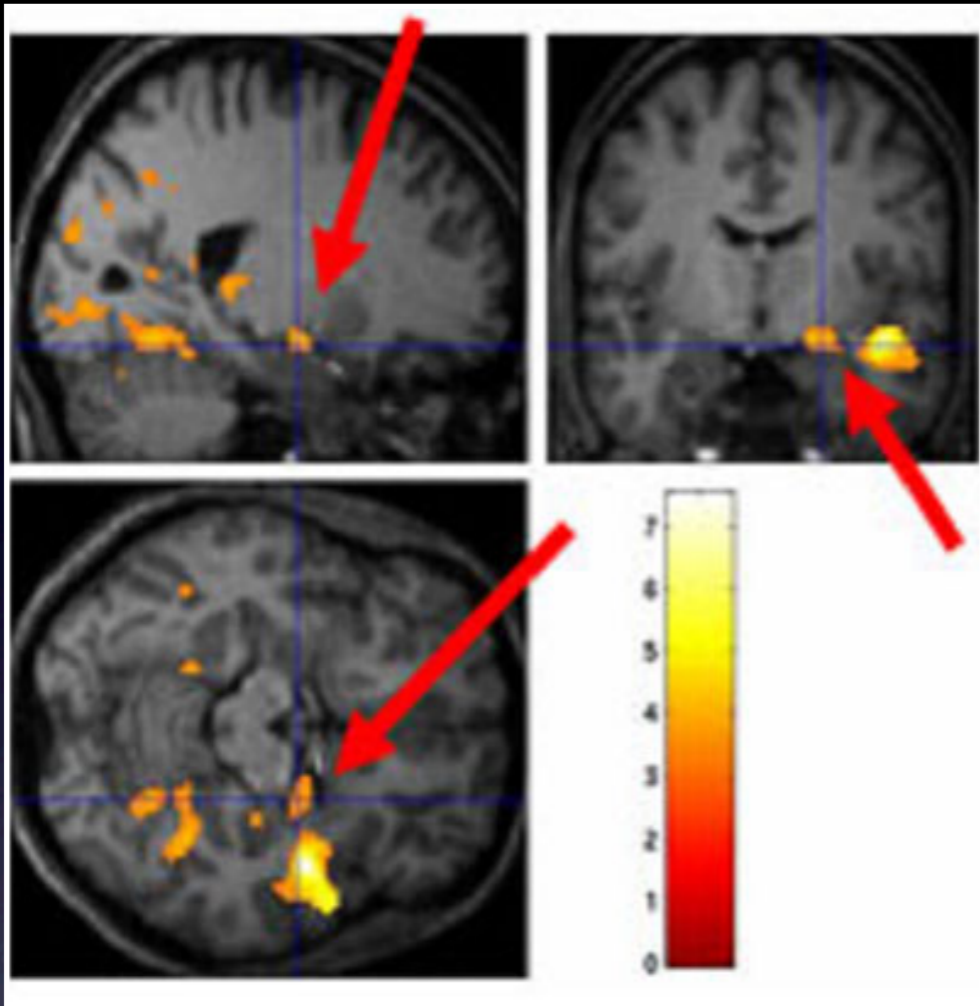
# “Causes” of Emotion: From Distal to Proximal...



What *are* emotions?

Why do we have them?

How do our bodies and  
brains make emotions?



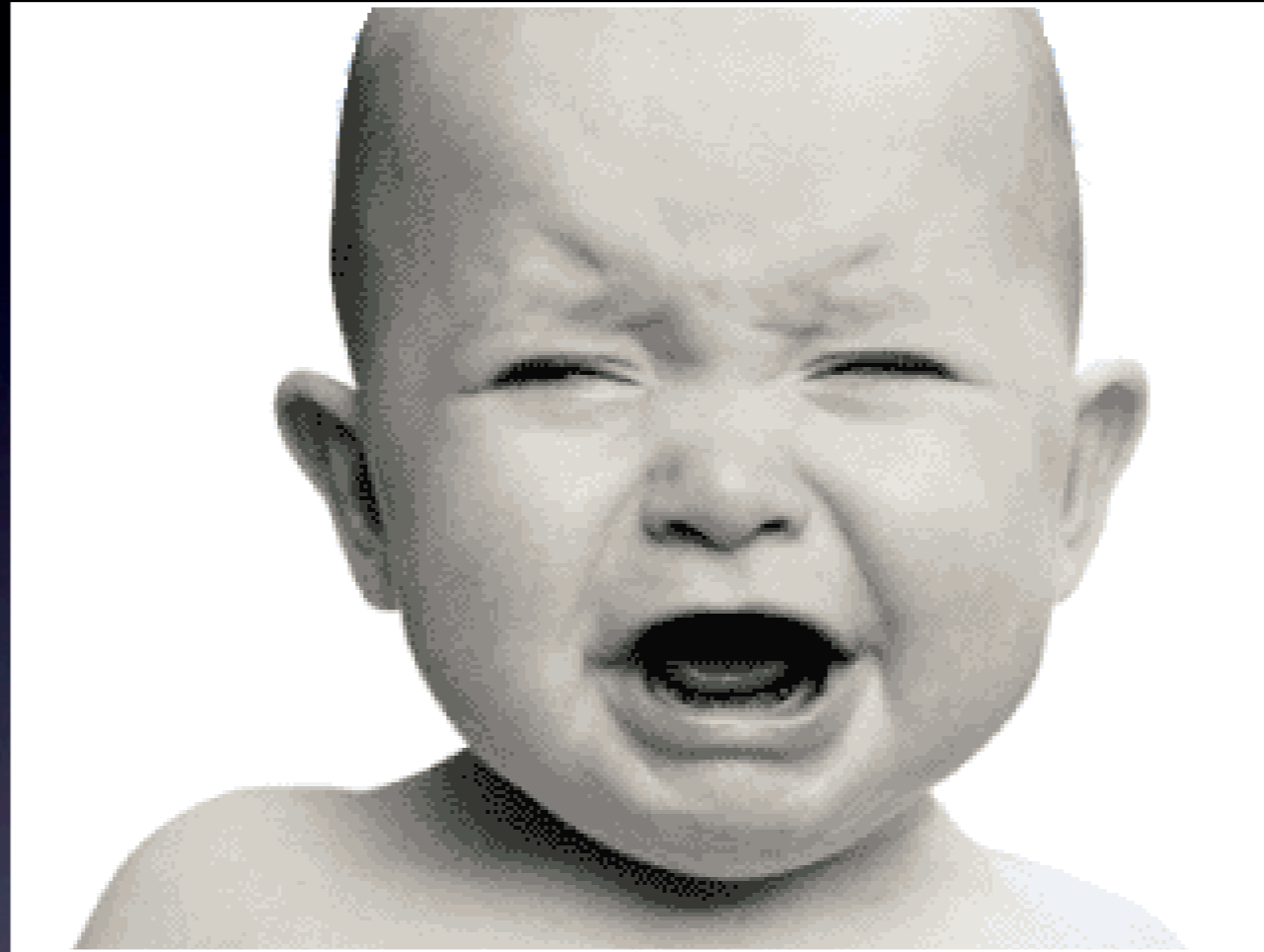
How universal are  
emotions?

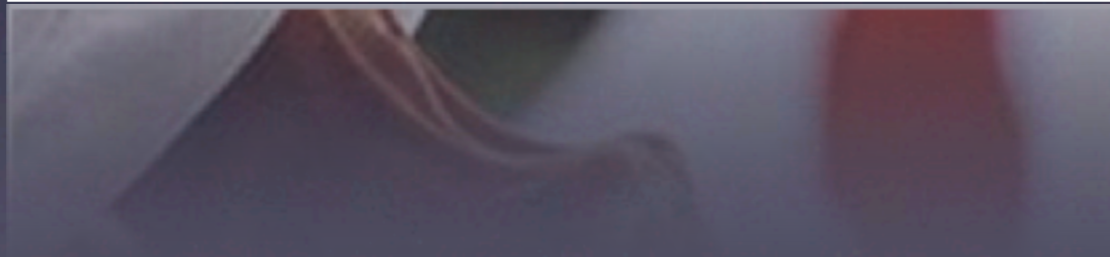
Do all cultures  
experience the same  
emotions?





How do emotions  
develop?





Can we get better at  
regulating our  
emotions?

How do emotions  
influence the way we  
think, reason, and make  
judgments and  
decisions?

What methods (good and bad) do scientists use to study emotions?

Now to the boring  
details...



- Syllabus will be put up on web
- Required Text: Oatley, Keltner & Jenkins (2006) Understanding Emotions.
- Additional readings to be provided on the website.
- 2 non-cumulative in-class exams, 1 non-cumulative final (Short-answer and MC; 25% each).
  - NO MAKE-UP EXAMS! Please note dates.
- 1 paper (topic to be discussed in class). (25%)

# Your TAs

- Ayse Candan (ac885)
- Jessica Gaby (jmg525)
- Emily Rosenzweig (elr72)
  - Office hours TBA
  - When emailing, please put “Psych 3850” in subject line

# Other things

- Course website will always be the most up-to-date source of information about the schedule
- I will make lecture notes available after class as downloadable PDF documents on the course website
- PLEASE note exam dates!
- Extra credit (up to 7 points) will be made available for participating in psych experiments (instructions for how on the

# Looking to Add?

- Course is currently full, but keep trying!