

2012 JOINT ARMSS/POAMN CONVENTION & CONFERENCE

PARTNERING: A PASSION & A PURPOSE

OCTOBER 16-19, 2012

RED LION HOTEL ON THE RIVER - JANTZEN BEACH

909 N. HAYDEN ISLAND DRIVE, PORTLAND OREGON 97217

SCHEDULE - (subject to change)

Tuesday, October 16

2:00 - 5:00 PM Registration
4:00 - 5:00 PM Nuts & Bolts of OAM
6:00 PM Appetizer Reception
7:30 PM Opening Worship
8:30 PM ARMSS Ice Breakers /
POAMN Share Our Stuff

Wednesday, October 17

7:30 AM ARMSS Presbytery Reps meeting
8:30 AM Morning Worship
9:00 AM Plenary Session
10:30 AM Break
11:00 AM Workshops
Noon Lunch (on your own)
1:00 PM Workshops
2:00 PM Break
2:30 PM Menucha Retreat & Conference
Center Mission Tour & Dinner
(extra \$25 fee includes bus ride & meal)
7:30 PM Cuba Mission Presentation
8:30 PM Princeton Sem Ice Cream Social

Thursday, October 18

7:30 AM ARMSS Presbytery Reps meeting
8:30 AM Morning Worship
9:00 AM Plenary Session
10:30 AM Break
11:00 AM Workshops
Noon Lunch & Business Meetings
2:30 PM Workshops
3:30 PM Break
4:00 PM Workshops
6:30 PM Banquet

Friday, October 19

9:00 AM Closing Worship with Installation
of Officers & Communion
11:00 AM Close of Convention
2:00-6:00 PM OAM Certification
(optional, extra fees)

Saturday, October 20

8:00 AM-5:00 PM OAM Certification
(optional, extra fees)

KEYNOTE SPEAKER:



Leaders Who Last: Sustaining Ministry into the Future - Rev. Margaret Marcuson

How do we make our way into the future? Leaders can learn to focus on themselves and the resources they bring to their leadership rather than trying harder to fix or change others. This presentation will show how leaders can make a difference while sustaining themselves through the rapid change in church and society. It will help leaders become more thoughtful about the challenges they face and respond with more clarity, calm and creativity as they move forward together. When leaders know themselves, know their purpose and know their context, ministry can prosper. This presentation will enhance leaders' understanding in these three key areas, making their work of leadership easier and more effective.

SCHOLARSHIP INFORMATION

The Association of Retired Ministers, Their Spouses, or Survivors; and The Presbyterian Older Adult Ministries Network are pleased to announce the availability of partial scholarships to first time attendees of the ARMSS/POAMN Convention & Conference. A limited number of scholarships are available. To receive more information and an application for partial scholarship, contact Ginny Nyhuis at gnyhuis@frontier.com or (615) 426-1545. Deadline for completed scholarship applications is September 22, 2012

WORKSHOPS:

- **Nuts And Bolts Of Older Adult Ministry:** Participants will learn a 10 step process in creating a ministry for and by Older Adults. Helpful ideas and handouts, that they can bring back to their Church, will enable them to start up, maintain or bring their current older adult ministry up a notch. Leader: Michele Shultz-Hendrix recently retired after serving 16 years as Director of Encore 50+ Adult Ministry at Grace Presbyterian Church in Houston, Texas, and has worked in the field of Older Adult Ministry for 25 years. She has worked closely with churches and organizations in the development of programs and resources related to Older Adult Ministry and Pastoral Care with Older Adults. Michele is currently serving POAMN Conference Chair.
- **ARMSS Presbytery Representatives:** PR's will meet both Wednesday and Thursday early morning. Each morning will bring new and different exploration of what it means to be a presbytery or synod ARMSS representative and to encourage you in sharing the message of ARMSS in your area. If you are currently an ARMSS PR or are interested in becoming a ARMSS PR, plan to attend these interactive times of sharing. Leader: Rev. Dick Wylie currently serves as the Chair of the ARMSS Governing Body Network. He is Honorably Retired living in Sacramento California, where he also serves as the ARMSS Presbytery Representative for Sacramento Presbytery.
- **Chaplain's Track:** The Chaplain's Track, will focus around the gifts that each of the chaplains bring to the work that we do. It will be an opportunity to share our work together and act as a support group to each other. Leader: Rev. Tom Tickner serves as Chaplain at Grace Presbyterian Home located in Dallas Texas. He is currently serving on the Executive Committee of POAMN as Vice President.
- **Storytelling Thrills:** From Genesis to Revelation, biblical stories enrich our faith. From awakening in the morning to going to sleep at night, stories add much to our daily lives. "Storytelling Thrills" reveals several allures and techniques of this art to benefit grandparents, teachers, church staff, pastors, and anyone else who loves a good story. Leader: Rev. Mike Fonfara, D.Min., serves God's cause as an honorably retired pastor in Tampa Bay Presbytery (Florida) providing spiritual direction, professional storytelling, Christian meditation training, and local studies into the Celtic and Native American cultures from which he comes. He is an experienced workshop leader and brings enthusiasm as well as vitality to the classroom. Mike heads-up POAMN's Executive Committee's fund raising efforts and also is a member of ARMSS.
- **Partnering with a Passion and a Purpose:** Great responsibility is being placed upon the shoulders of many individuals and families. Many of whom are trying to meet the challenges of raising children or grandchildren while caring for aging parents and navigating the aging process. The importance of partnering helps to take individuals outside of self and supplies a means of support and connection for individuals with their family, church, vocation or avocation, or outside organizations such as ARMSS and POAMN. This workshop will focus on partnering in these 3-5 areas. Leader: Rev. James Foster Reese is Minister for Specialized Interpretation for the Presbyterian Foundation. Jim is the immediate past president of ARMSS and currently serves on the nominating committee for the organization. He is supply pastor of Germantown Presbyterian Church, Philadelphia. Married to the former Neola Parrish, the Reeses are the parents of three children and six grandchildren and live in Cherry Hill, New Jersey.
- **Powerful Tools for Caregivers (PTC): An Informational Presentation:** Join us and learn about the PTC program and how it can support family caregivers in your community. PTC is a self-care education program in 32 states which has reached over 70,000 caregivers. This 6-week class has been shown to improve: self-care behaviors, management of challenging emotions, use of community resources and overall self-confidence in his or her role as a caregiver. The program utilizes a train-the-trainer method of dissemination and collaborates with numerous human services organizations to reach diverse caregivers throughout the country. Co-Leaders: Kathy Shannon, M.A., is Executive Director of Powerful Tools for Caregivers. She has over 30 years of experience managing health and human service organizations. For the past 20 years, her concentration has been in the areas of program development, training and quality improvement for programs serving the frail elderly and their families. Leslie Congleton, B.A., has been a professional in the field of aging/caregiving since 1985. She is Program Director of Powerful Tools for Caregivers (PTC) in Portland, Oregon.
- **The Gift of Years:** This workshop is based on the Book *A Gift of Years* by Joan Chittister. We will cover Meaning and Fear, Learning and Newness, Time and Wisdom, Solitude and Spirituality. *"The gift of years comes to many more than realize that these later years are gift, not burden. Not everyone who lives them understands them or welcomes them. This workshop is about the enterprise of embracing the blessings of this time and overcoming the burdens of it. That is the spiritual task of later life."* (Joan Chittister) Leader: Quentin Holmes is a Deacon at Central Presbyterian Church in Eugene, Oregon. As a young scientist he helped Project Apollo send American astronauts to the moon. His career was spent doing research on remote sensing and computer vision. Quentin and his wife, Jane, are now retired and live in a home in the woods on the Mohawk River above Marcola, Oregon. He currently serves as Chairman of the Older Adult Ministries Team for the Presbytery of the Cascades, and also is the editor of POAMN Network News.
- **It Pays to Meditate:** Practicing Christian meditation pays dividends in a stronger faith, better health, and daily mindfulness. These are not false boasts! For millennia, religious people testify this discipline's benefits. Please attend this workshop for a Christian meditation primer and decide for yourself! Leader: Rev. Mike Fonfara

WORKSHOPS CONTINUED:

- **Connections and Partnering:** Attendees will learn how to assess the strengths and weaknesses of their organization as well as how to develop strategies for growth and effectiveness. Leader: Rev. Trina Zelle currently serves as National Organizer and Executive Director of the Presbyterian Health, Education and Welfare Association (PHEWA), a ten-network grassroots advocacy initiative of the Presbyterian Church (U.S.A.).
- **In Balance and in Motion:** Moving mindfully improves quality of life and increases mind, body, spirit connections. Let us play with balance exercises for all ages. We will also talk about how to get our congregations moving and motivated with walking programs. Leader: Jan McGilliard is Executive Director of *ElderConnections*, which provides consulting services, leader development, educational workshops, keynote presentations, and retreats on issues of aging and spirituality. Jan holds the M.S. degree in Family and Child Development with emphasis on Adult Development and Aging, and the Certificate for Gerontology from Virginia Tech. She is a certified Intergenerational Specialist, and is an accredited Lay Preacher. Jan is currently serving as Acting Campus Minister for Cooper House Presbyterian Campus Ministry at Virginia Tech.
- **How To Plan Successful Retreats and Events for Older Adults:** Participants will learn how to meet the needs of older adults through retreats, trips and activities that are of interest to their age group. They'll receive tips on how to select the topic/theme, securing the right speakers/leaders, plan the agenda and finding the right mix of education & fellowship. Topics will cover a full range of older adult issues that include healthy living, grand parenting and end of life issues. Leader: TBA
- **Powerful Tools for Caregivers (PTC): An Experiential Workshop:** Experience a portion of one of the six-week PTC classes on Managing Caregiver Stress. This interactive workshop will cover tools to Manage Stress, Identify Signs and Sources of Stress, Take Action with Stress Reducers, Make an Action Plan, and Experience Guided Imagery. Leaders: Kathy Shannon & Leslie Congleton
- **"Blessed are Those Who Mourn, for They Will Be Comforted"** (Matthew 5:4): Grieving the death of a loved one is a multi-faceted process of moving from the first weeks of loss to reconciliation and new life after the death of a loved one. In this workshop participants will explore the value of participating in and forming grief support groups. Leader: Pastor Lynn Fonfara is a Lutheran (ELCA) solo pastor in central Florida. Her ministry has led her to work with many individuals and small groups as they grieve, as well as lead workshops in starting grief support groups.
- **Living and Working with a Passion and a Purpose:** We hear a lot about the "Purpose Driven Life" and the "Purpose Driven Church" The search for meaning in life is ongoing. We wonder: What does scripture say about the purposeful Christian? How do we use the passions we have for ministry and mission together in ways that build up and strengthen the call of God? How are we reflecting the Kingdom of God? Our Bible study leader will guide our discussion and thoughts based around scripture that reflect the purpose of God for the faithful Christian life.
- **Partnering with the Person with Dementia to Make Worship Meaningful:** Every person with dementia is a unique God created individual each experiencing different symptoms and needs. In this interactive workshop we will discuss signs and symptoms in different stages of the disease process, and explore techniques to adapt the worship experience to make it meaningful for these individuals. Leader: Ginny Nyhuis, MSW, has been providing education and resources to persons with dementia, their families and communities, over the last six years in her work with the Alzheimer's Association of Southeastern WI. She has also served as Support Staff to both ARMSS and POAMN for the last eight years.
- **Helping Your Congregation Form a Cuba Partnership:** There are now almost 80 PC(USA) congregations with mission partnerships with congregations of the Cuban Presbyterian Church. This workshop will provide information about what such partnerships mean and how to interest the congregation you attend in exploring and possibly forming such a partnership. Leader: Rev. Dean Lewis established the Presbyterian Church Connection in 1995, after serving thirty years on the staff of General Assembly agencies. Dean currently serves as its Executive Secretary. He is also the Co-convenor of the PC(USA) Cuba Partners Network and has organized and led the ARMSS visits to Cuba.
- **Getting Adults to Talk Well and Listen Well:** Leading engaging discussions and presenting content in an interesting and memorable way are two of the tried and true skills for teaching adults. But the former can result in awkward silence and the latter can be branded boring and long. Explore processes and strategies that work to engage learners, learn why they work, and practice some of them together. Then inspect an outline for an effective, stimulating lecture; experience a sample; and try your hand at "illustrating" one to invite transformational understanding. Leader: Rev. Joyce MacKichan Walker has been the Minister of Education at Nassau Presbyterian Church in Princeton, NJ, since her ordination in 2007, following eighteen years of serving as Director of Christian Education. A 1979 graduate of the Presbyterian School of Christian Education (now Union Presbyterian Seminary) and a Certified Christian Educator since 1983, she serves the larger church as a workshop leader and keynoter, and as a teacher for PCUSA Christian educator certification courses, and POAMN certification.
- **Older Adult Ministries Certification Course - (post convention/conference - additional charges apply): Teaching for Transformation with Older Adults,** will be held immediately following the conference. Course instructor Joyce MacKichan Walker. Certification begins Friday, October 19th at 2:00 PM and concludes Saturday, October 20th at 5:00 PM. For complete details and a course application contact Certification Coordinator, Jan McGilliard at (540) 449-1253 or janmcgilli@gmail.com.

REGISTRATION FORM

October 16-19, 2012

Red Lion Hotel on the River, 909 N. Hayden Island Drive, Portland Oregon

Please complete one registration form per attendee

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Phone: _____ Presbytery: _____

_____ First time attending an ARMSS or POAMN conference

_____ Please include my contact information in the conference directory for conference attendees.

Name as you wish it to appear on your name badge: _____

Conference Fee:

- _____ Menucha Retreat Center Mission Tour & Dinner (covers transportation & meal) - - - - - \$ 25
- _____ ARMSS Member Early Registration Fee (must be retired clergy, spouse or survivor) - - - - - \$125
- _____ ARMSS Non-Member Early Registration Fee (must be retired clergy, spouse or survivor) - - - - - \$145
- _____ ARMSS Member Registration after Sept. 22 (must be retired clergy, spouse or survivor) - - - - - \$175
- _____ ARMSS Non-Member Registration after Sept. 22 (must be retired clergy, spouse or survivor) - - - - - \$195
- _____ POAMN Member Early Registration Fee - - - - - \$200
- _____ POAMN Non-Member Early Registration Fee - - - - - \$250
- _____ POAMN Member Registration after September 22 - - - - - \$250
- _____ POAMN Non-Member Registration after Sept. 22 - - - - - \$300

Local attendees may participate in the convention/conference on a per day basis.

Meals are included as listed below. Please indicate your choice of day(s):

- _____ Tuesday, October 16 (includes opening reception) - - - - - \$ 30
- _____ Wednesday, October 17 - - - - - \$100
- _____ Thursday, October 18 (includes business lunch) - - - - - \$100
- _____ Friday, October 19 - included in registration of another day
- _____ Extra Meal Package for non-registered spouses or friends - - - - - \$ 75
(includes Tues opening reception, Thurs lunch & banquet)

Check Number: _____ Date: _____ Amount: _____

Please mail checks payable to ARMSS / POAMN to:

**ARMSS / POAMN, c/o Ginny Nyhuis
P.O. Box 700311, Oostburg WI 53070**

For credit card payment, log on to www.poamn.org
to use our online registration and PayPal payment option (there is a small fee to pay online)

**MAKE YOUR HOTEL RESERVATIONS BY CALLING THE RED LION HOTEL ON THE RIVER: 800-733-5466.
MENTION ARMSS/POAMN TO RECEIVE THE SPECIAL CONFERENCE RATE OF \$103 PER NIGHT (PLUS TAX).
HOTEL ADDRESS: 909 N. HAYDEN ISLAND DRIVE, PORTLAND OREGON 97217.
HOTEL RATE INCLUDES FREE AIRPORT SHUTTLE AND PARKING.
HOTEL RESERVATIONS MUST BE MADE BY SEPTEMBER 22, 2012 TO SECURE DISCOUNTED RATE.**